

Curriculum Vitae – Dariush Mozaffarian, MD, DrPH
Jean Mayer Professor of Nutrition, Friedman School of Nutrition Science and Policy
Professor of Medicine, Tufts University School of Medicine
Attending Physician, Division of Cardiology, Tufts Medical Center
150 Harrison Avenue, Boston, MA 02111

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EDUCATION

- 2006 DrPH (Epidemiology), Harvard School of Public Health
Distinguished Performance, doctoral exam
- 2003 MPH, University of Washington School of Public Health.
Distinguished Master's Student Award
- 1995 MD, Columbia University College of Physicians & Surgeons
Alpha Omega Alpha
- 1991 BS (Biologic Sciences), Stanford University
With Distinction, with Honors, Phi Beta Kappa

CLINICAL TRAINING

- 2000-2003 Fellowship, Health Services, Puget Sound Veterans Affairs Health Care System
- 1998-2002 Fellowship, Cardiovascular Medicine, University of Washington
- 1996-1998 Residency, Internal Medicine, Stanford University
- 1995-1996 Internship, Internal Medicine, Stanford University

FACULTY ACADEMIC APPOINTMENTS

- 2023- (anticipated) Dean, Friedman School of Nutrition Science & Policy, Tufts University
- 2022- Member, Clinical and Translational Science graduate program, Graduate School of Biomedical Sciences, Tufts University
- 2022-2023 Special Advisor to the Provost, Dean for Policy, Friedman School of Nutrition Science & Policy, Tufts University. One-year university leadership role to work with the White House, Congress, federal agencies, and national non-profit and private sector stakeholders to help advance a national strategy to address hunger, nutrition, and diet-related chronic diseases in the United States
- 2016- Professor of Medicine, Division of Cardiology, Department of Medicine, Tufts University School of Medicine
- 2015- Jean Mayer Professor, Friedman School of Nutrition Science & Policy, Tufts University
- 2014- Adjunct Scientist, Nutritional Epidemiology Laboratory, Jean Mayer USDA Human Nutrition Center on Aging at Tufts University
- 2014- Professor of Nutrition, Friedman School of Nutrition Science & Policy, Tufts University
- 2014-2022 Dean, Friedman School of Nutrition Science & Policy, Tufts University
- 2010-2014 Associate Professor, Department of Epidemiology, Harvard School of Public Health
- 2010-2014 Associate Professor, Division of Cardiovascular Medicine, Department of Internal Medicine, Harvard Medical School
- 2007-2010 Assistant Professor, Department of Epidemiology, Harvard School of Public Health
- 2006-2010 Assistant Professor, Division of Cardiovascular Medicine, Department of Internal Medicine, Harvard Medical School
- 2006-2007 Instructor, Department of Epidemiology, Harvard School of Public Health
- 2004-2007 Adjunct Instructor, Department of Public Health and Family Medicine, Tufts School of Medicine

2003-2006 Instructor, Channing Laboratory, Department of Internal Medicine, Harvard Medical School

HONORS AND AWARDS

- 2023 Nominated to the President's Council on Sports, Fitness, and Nutrition (PCSFN)
- 2023 Black Belt, Fourth Degree, International Taekwondo Federation, Jae Hun Kim Tae Kwon Do Institute, International Taekwondo Federation. For achievement in martial arts.
- 2023 Top cited author (JAHA 2021;10:e019259).
- 2022 75th Anniversary Distinguished Speaker, University of North Carolina Department of Nutrition.
- 2022 Bishop Keynote Lecturer, 71st Annual Scientific Session of the American College of Cardiology, Washington, D.C.
- 2021 Nature Communications Top 25 Most Read Articles in Health Sciences of the Year (Nat Commun 2021;12:2329).
- 2021 McHenry Lecture, Krannert Institute of Cardiology, Indiana University School of Medicine.
- 2019 Kevin Graham Lecture, Minneapolis Heart Institute, Minneapolis, MN.
- 2019 Michael G. Wohl Memorial Lecture, Temple University, Philadelphia, PA.
- 2018 The Walker Prize, Museum of Science, Boston. For achievement in meritorious published scientific investigation, discovery, and superb science communication in any scientific field.
- 2018 Black Belt, Third Degree, International Taekwondo Federation, Jae Hun Kim Tae Kwon Do Institute, International Taekwondo Federation. For achievement in martial arts.
- 2018 Presidential Symposium Speaker, American Society of Nutrition 2018, Boston, MA.
- 2017 JAMA Top 3 Most Talked About Articles of the Year (JAMA 2017;317:912-924).
- 2017 Chanchlani Global Health Award, McMaster University, Canada. For scholarly contributions to global health.
- 2017 National Institutes of Health Research Highlights, Promising Medical Advances (JAMA 2017;317:912-924).
- 2016 World's Most Influential Scientific Minds, Thomson Reuters. Ranked among the top 1% most cited researchers in clinical medicine.
- 2016 The Lancet Lecture, The Lancet: At the Limits, Royal College of Physicians, London, UK.
- 2016 The Bradford Hill Lecture, University of Cambridge, UK.
- 2016 Pathfinder Award, Mercer Island School District. For alumni achievement and impact.
- 2015 Jean Mayer Chair, Tufts University. For academic excellence; endowed Professorship honoring past Tufts President Jean Mayer.
- 2015 The Rank Lecture, The Nutrition Society Conference, UK, The Rank Prize Funds, The Nutrition Society Conference, UK. For excellence, innovation, and dedication and outstanding contribution in human nutrition.
- 2015 Top Ten Paper of 2014, American Heart Association Lifestyle and Cardiometabolic Health Council (N Engl J Med. 2014; 371: 624-34).
- 2014-present Highly Cited Researchers, Clarivate. Researchers whose citation records position them in the top 1% by citations for their field and year.
- 2014 Black Belt, Second Degree, International Taekwondo Federation, Jae Hun Kim Tae Kwon Do Institute, International Taekwondo Federation. For achievement in martial arts.

- 2014 Highly Cited Researcher, Thomson Reuters. Ranked among the top 1% most cited researchers in clinical medicine.
- 2013 Outstanding Mentor Award Nomination, Harvard School of Public Health. For excellence in mentoring.
- 2013 Top (#1) rated favorite session by attendees at EB 2013 (14,680 total attendees), Experimental Biology (EB) 2013, Invited plenary speaker at the top-rated session of the meeting: Obesity, Metabolic Complications and Type 2 Diabetes: Beyond Body Fat.
- 2013 The Nutrition Society Paper of the Month, The Nutrition Society, UK (Public Health Nutrition 2013;16:2255-64.).
- 2012 Black Belt, First Degree, International Taekwondo Federation, Jae Hun Kim Tae Kwon Do Institute, International Taekwondo Federation. For achievement in martial arts.
- 2011 PLOS Medicine Top 20 Research Articles Published in 2010 (PLOS Medicine 2010; 7:e1000252).
- 2010 Outstanding Mentor Award Nomination, Harvard School of Public Health. For excellence in mentoring.
- 2009 Best Paper among All Open Access Journals in the Past Five Years, PLOS Medicine Editorial Board (PLOS Medicine 2009;6:e1000058).
- 2008-2014 Commendation for excellence in teaching, received every year, Committee on Educational Policy, HSPH. High overall rating by students for teaching, Cardiovascular Epidemiology II course.
- 2008 Black Belt, First Degree, World Taekwondo Federation, Ik Jo Kang Tae Kwon Do and Hapkido School, World Taekwondo Federation. For achievement in martial arts.
- 2007-2014 Commendation for excellence in teaching, received every year, Committee on Educational Policy, HSPH. High overall rating by students for teaching, Cardiovascular Epidemiology course.
- 2007 Searle Scholar Award, The Searle Funds at The Chicago Community Trust. For research excellence.
- 2005 Distinguished performance, doctoral written exam, Harvard School of Public Health. For academic excellence in the Epidemiology Doctoral Examination.
- 2003 Distinguished Master's Degree Student Award, University of Washington School of Public Health. For academic and research excellence.
- 2002 Fellow, American Heart Association. For achievement in heart research.
- 2002 Nutrition Advisory Panel New Investigator Award, American Heart Association. Award for excellence in original research.
- 2001 Finalist, Jeremiah Stamler Award for New Investigators, American Heart Association. Award for excellence in original research.
- 1998-2005 Recipient, Clinical Loan Repayment Program Award, National Institutes of Health. Award to retain highly qualified clinical investigators.
- 1998 Fellow, American College of Cardiology. For achievement in cardiology.
- 1995 Marie Necessian Memorial Award, Columbia U. College of Physicians & Surgeons. Top graduating medical student showing exceptional care and empathy for patients.
- 1995 Alpha Omega Alpha, Columbia U. College of Physicians & Surgeons. For academic excellence.
- 1992 Rhodes Scholar Finalist, State of Washington, Rhodes Scholar Program. For academic excellence.
- 1991 Phi Beta Kappa, Stanford University. For academic excellence.
- 1987 Valedictorian, Mercer Island High School. Graduated first in class of ~400 students.

CLINICAL APPOINTMENTS

- 2021- Provider, Division of Cardiology, Internal Medicine, Tufts Medical Center
- 2016- Professor of Medicine, Division of Cardiology, Department of Medicine, Tufts Medical Center and Tufts University School of Medicine
- 2010-2014 Physician, Internal Medicine, Cardiovascular Medicine, Brigham and Women's Hospital
- 2007-2010 Associate Physician, Internal Medicine, Cardiovascular Medicine, Brigham and Women's Hospital
- 2006-2007 Research Associate Physician, Internal Medicine, Brigham and Women's Hospital
- 2004-2009 Staff Physician, Internal Medicine, Cardiology, West Roxbury VA Medical Center

PRIOR ACADEMIC LEADERSHIP

- 2013-2014 Member, Steering Committee, Flagship Initiative on Comparative Effectiveness Research (CER), Harvard School of Public Health
- 2013-2014 Course Co-Founder and Co-Director, Global Cardiovascular and Metabolic Health: Critical Issues in Policy and Translation, Nut 214, Harvard School of Public Health
- 2012-2014 Member, Harvard Faculty Campaign Planning Committee, Harvard School of Public Health
- 2012-2014 US Director, D43 Fogarty International Research Training Program, Promoting Capacity Building in Chronic Diseases Research in South America, Harvard School of Public Health
- 2011-2014 Director, Bunge Research Fellowship in Nutrition and Health, Harvard School of Public Health
- 2010-2014 Member, Steering Committee, Bernard Lown Cardiovascular Scholars Program, Harvard School of Public Health
- 2009-2014 Co-Founder and Co-Director, NHLBI T32 National Research Service Award (NRSA) CVD Epi Training Program in Behavior, the Environment, and Global Health⁷, Harvard School of Public Health
- 2008-2014 Course Founder and Director, Cardiovascular Epidemiology II, EPI 245, Harvard School of Public Health
- 2008-2014 Member, Admissions Review Committee, Cardiovascular Epidemiology, Department of Epidemiology, Harvard School of Public Health
- 2007-2014 Co-Founder and Co-Director, Harvard Program in Cardiovascular Epidemiology, Harvard School of Public Health

ADVISORY AND SERVICE

National Advisory Roles and Service

- 2023-present United States President's Council on Sports, Fitness, and Nutrition (PCSFN)
- 2023-present Nutrition and Lifestyle Work Group, American College of Cardiology
- 2022-present Sugar Summit Steering Committee, Center for Science in the Public Interest
- 2022-present Advisory Board, Instacart
- 2022 Co-chair, Task Force on Hunger, Nutrition and Health, convened to inform the September 2022 White House Conference on Hunger, Nutrition, and Health
- 2021-2022 True Cost of Food Advisory Council, Rockefeller Foundation and McKinsey & Company
- 2021-2023 Food and Nutrition Security Task Force, Bipartisan Policy Center

2021-present Perfect Day Sustainability & Health Advisory Council

2021-2022 Scientific Advisory Board, Season Health

2020-present Chair, Data and Safety Monitoring Board, Vitamin D for COVID-19 (VIVID) Trial

2020-present Scientific Advisory Board, Beren Therapeutics

2020-present Scientific Advisory Board, January Inc.

2020-present Scientific Advisory Board, Calibrate

2020-2022 Scientific Advisory Board, DiscernDx Inc. (formerly Foodome)

2020-present Scientific Advisory Board, Tiny Organics

2020-present Advisory Board, HumanCo

2019-present National Produce Prescription Collaborative, Wholesome Wave

2019-present Scientific Advisory Board, Filtricine

2019-present Scientific Advisory Board, Brightseed

2018-present Independent Advisory Committee, CVD Epidemiology Training Program, Wake Forest University

2018-2020 Scientific Advisory Board, DayTwo

2017-2019 Scientific Advisory Board, Omada Health

2015-present Scientific Advisory Board, Elysium Health

2015-2021 Steering Committee, Inosine phase 3 trial for early Parkinson's disease, Randomized controlled trial, National Institute of Neurologic Disorders and Stroke (NINDS)

2014-present Scientific Advisory Board, Ingredients for Education, the nonprofit creator of KickenNutrition.TV

2013 NHLBI-ODS Working Group on Designing Clinical Studies to Evaluate the Role of Nutrition and Diet in Heart Failure Management, National Heart, Lung, and Blood Institute and NIH Office of Dietary Supplements

2013 Reviewer, Dietary Guidelines, American Diabetes Association

2012-2014 Scientific Advisory Board, Unilever North America

2011-2012 Healthy Agriculture & Non-Communicable Disease Advisory Group, The Chicago Council on Global Affairs

2010-present Scientific Advisory Committee, Oldways Mediterranean Foods Alliance

2010-2012 PINNACLE Registry Research & Publications Subcommittee, American College of Cardiology

2009-2012 Catfish Risk Assessment Review Group, U.S. Department of Agriculture

2008-2014 Biosample Research Advisory Group, The Reasons for Geographic and Racial Differences in Stroke (REGARDS) Study

2008-2014 Diabetes Working Group, The Cardiovascular Health Study (CHS)

2008-2012 U.S. Department of Agriculture Seafood Education Project Advisory Group, Seafood Education Project Advisory Group, U.S. Department of Agriculture

2008-2009 Methylmercury Risk Assessment, Review Group, U.S. Food and Drug Administration / Center for Food Safety and Applied Nutrition

American Heart Association (AHA) Advisory Roles and Service

2017-2020 AHA 2030 Goal Setting Metrics Task Force

2017-2018 AHA 2020 Goals Metrics Committee

2015-2018 AHA Mission Metrics Science Subcommittee

2015-2017 AHA Healthier Diet Business Management Committee

2013-2017 AHA Mission Metrics Task Force

2013-2017 Committee for Scientific Sessions Planning (CSSP)

2013-2015 Leadership Cabinet, AHA Council on Epidemiology and Prevention

2013-2015 Leadership Committee, Council on Epidemiology and Prevention

2013-2015 Chair, AHA Statistics Committee

2012-2015 AHA Sodium Reduction Advisory Task Force

2011-2013 Vice-Chair, AHA Statistics Committee

2010-2014 AHA Behavior Committee

2010-2013 Fall Program Committee, AHA Council on Epidemiology and Prevention

2009-2010 Leadership Cabinet, AHA Council on Epidemiology and Prevention

2008-2013 Abstract Selection Committee, AHA Council on Nutrition, Physical Activity, and Metabolism

2008-2010 AHA Nutrition Committee

2008-2010 Chair, Budget and Fund Raising Committee, AHA Council on Epidemiology and Prevention

2008-2009 AHA 2020 Strategic Impact Goals Task Force

2007-2011 AHA Statistics Committee

2007-2009 Clinical Affairs Committee, AHA Council on Nutrition, Physical Activity, and Metabolism

2006-2010 Leadership Committee, AHA Council on Epidemiology and Prevention

2006-2010 AHA Trans Fat Initiative Committee

2006-2010 Abstract Selection Committee, AHA Council on Epidemiology and Prevention

2006-2008 Budget and Fund Raising Committee, AHA Council on Epidemiology and Prevention

2005-2008 Spring Program Committee, AHA Council on Epidemiology and Prevention

International Advisory Roles and Service

2023-present Fortified Whole Grain Alliance Advisory Board, an initiative of The Rockefeller Foundation, World Food Programme, DSM, and Boston Consulting Group

2022-present Member, Periodic Table of Food Initiative (PTFI) Scientific Advisory Committee, American Heart Association (AHA), and the Alliance of Bioversity International and CIAT

2022-present Healthy Diets 4 Healthier Lives (HD4HL) Project Advisory Committee, University of Ghana, Ghana Ministry of Health (MOH), Ghana Food and Drugs Authority (FDA), Ghana National Development Planning Commission (NDPC), and the Coalition of Actors for Public Health Advocacy (CAPHA)

2021-present Extended Member, Independent Expert Group, Global Nutrition Report

2017-2020 Principal Investigator, international CaPre Phase 3 Trilogy 1 and 2 trials, Acasti Pharma

2016-2017 Scientific Advisor, PERSIAN Cohort, Iran

- 2015-present Chair, Fatty Acids & Outcomes Research (FORCE) Consortium
- 2014-2015 Expert Consultation on Nutrient Profiling in the Americas, Pan American Health Organization (PAHO), World Health Organization
- 2013-2021 Executive Committee, international STRENGTH trial, Statin Residual Risk Reduction with Epanova in High Cardiovascular Patients with Hypertriglyceridemia (STRENGTH) randomized trial, Astra Zeneca
- 2013-2018 Scientific Advisory Board, Mexican Teachers' Cohort (ESMaestras), the largest prospective cohort study in Latin-America (>100,00 women)
- 2013-2014 Mission Advisory Panel on Sugar, Heart and Stroke Foundation, Canada
- 2010-2015 Co-Chair, Fatty Acid Working Group, International CHARGE Genome-Wide Association Consortium
- 2010-2012 Nutrition Guidance Expert Advisory Group, World Health Organization
- 2010-2012 Expert Consultation on Risks and Benefits of Fish Consumption, Food and Agriculture Organization of the United Nations / World Health Organization
- 2009-2014 Co-Chair, Steering Committee, international OPERA trial, Omega-3 Fatty Acids for Prevention of Post-Operative Atrial Fibrillation (OPERA) randomized trial
- 2009-2014 Nutrition Working Group, International CHARGE Genome-Wide Association Consortium
- 2008-2010 Expert Consultation on Fats and Fatty Acids in Human Nutrition, Food and Agriculture Organization of the United Nations
- 2007-2014 Expert Advisory Committee, Canadian Health Measures Survey (Canada's NHANES)
- 2007-2013 Chair, Nutrition and Chronic Diseases Expert Group, Global Burden of Diseases, Injuries, and Risk Factors (GBD) Study
- 2007-2009 Task Force on Trans Fat Free Americas, Pan American Health Organization (PAHO), World Health Organization

GRANT REVIEW

- 2017 Reviewer, 2017 Laura and John Arnold Foundation grant applications
- 2015 Reviewer, 2015/08 ZHL1 CCT-K (C1) 1, NHLBI Loan Repayment Program, National Heart, Lung, and Blood Institute, National Institutes of Health
- 2013 Reviewer, 2013/10 ZAG1 ZIJ-8 (02) – Heart Failure and Obesity Program Project Applications, National Institute on Aging, National Institutes of Health
- 2013 Reviewer, American Diabetes Association Position Paper on Nutrition Recommendations for the Management of Diabetes, American Diabetes Association
- 2013 Reviewer, Strategic initiatives at the Institute of Marine Research and National Institute of Nutrition and Seafood Research, Research Council of Norway
- 2013 Reviewer, Endowed Chair Peer-Review Committee, Heart and Stroke Foundation of Ontario, Canada
- 2013 Reviewer, PA 12-265 Ancillary Studies to Major Ongoing Clinical Research Studies (R01), National Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health
- 2013 Reviewer, Collaborative Research & Innovation Opportunities Program, Programs of Alberta Innovates Health Solutions (AIHS), Canada
- 2012 Reviewer, Effective Health Care reports, Evidence-based Practice Center (EPC) Program, Agency

for Healthcare Research and Quality (AHRQ)

- 2012 Reviewer, Diabetes Research Center (DRC) Pilot and Feasibility Grant, Washington University, St. Louis, MO
- 2012 Reviewer, Superfund Basic Research Program (P42) Scientific Review Group, National Institute of Environmental Health Sciences, National Institutes of Health
- 2010 Reviewer, NIH Director's Opportunity for Research (RC4) Special Emphasis Panel, Stage 1 Scientific Review Group, National Institutes of Health
- 2009 Reviewer, Challenge Grant (ARRA) Special Emphasis Panel, Stage 1 Scientific Review Group, National Heart, Lung, and Blood Institute, National Institutes of Health
- 2008 Reviewer, Endowed Chair Peer-Review Committee, Heart and Stroke Foundation of Ontario, Canada

EDITORIAL ACTIVITIES

- 2018- Editorial Board, BMC Medicine
- 2018- Editorial Board, Global Heart, the Journal of the World Heart Federation
- 2015- Editor-in-Chief, Tufts Health & Nutrition Letter
- 2013-2015 Chair, AHA Statistical Update - Heart Disease and Stroke Statistics
- 2011-2013 Vice-Chair, AHA Statistical Update - Heart Disease and Stroke Statistics

Ad hoc reviewer (selected):

The New England Journal of Medicine
JAMA
The Lancet
BMJ
Circulation
Arteriosclerosis, Thrombosis and Vascular Biology
Journal of the American College of Cardiology
Annals of Internal Medicine
JAMA Internal Medicine
PLOS Medicine
PLOS One
American Journal of Clinical Nutrition
American Journal of Epidemiology
American Journal of Preventive Medicine
BMC Medicine
European Journal of Clinical Nutrition
British Journal of Nutrition
Hypertension
Lipids

RESEARCH FUNDING

CURRENT

Public Policy, White House Conference, and Food is Medicine Initiative

2022-2025 PI Bia-Echo Foundation, Hand Foundation, Seeding the Future Foundation, World Central Kitchen, Yun Family Foundation, and Anonymous \$6,700,000

The overall project goals are to disseminate scientific evidence and information to policy makers in the U.S. to achieve meaningful actions and efforts for a national strategy to strengthen nutrition science, improve food and nutrition security, reduce diet related diseases, and advance health equity.

Impact of Medically Tailored Meals on Obesity, Other Health Outcomes, and Healthcare Utilization under Medicaid Flexible Services

2022-2024 PI NIH (R01DK134452) \$2,063,994

The project will evaluate the impact of the Massachusetts Medicaid section 1115 waiver, through provision of medically tailored meals across multiple large Accountable Care Organizations (ACOs), on food security and nutrition security; health outcomes including blood glucose control, body mass index, and blood pressure; and healthcare utilization including emergency department visits, inpatient admissions, and total healthcare costs.

Accelerating Food is Medicine

2022-2024 PI Kaiser Permanente National Community Benefit Fund at The East Bay Community Foundation \$500,000

The aims of project are to (1) increase awareness of and advocate for Food is Medicine FIM interventions among healthcare systems, the media, and policy makers; (2) collaborate with Kaiser Permanente on design, implementation, and evaluation of a randomized controlled trial of produce prescriptions to improve nutrition security and health among low-income adults with diet-sensitive chronic conditions, including those from traditionally marginalized racial/ethnic backgrounds; and (3) develop and implement national and California-specific polling to evaluate and report on public understanding and support of FIM interventions in healthcare.

Advancing “Food is Medicine” through Education, Advocacy, Coalitions, and True Cost Accounting

2022-2023 PI The Rockefeller Foundation (2020 FOD 036) \$495,000

The long-term vision of this project is to further advance the scientific case and advocacy strategy for Food is Medicine (FIM) initiatives with a focus on Produce Rx and MTMs, supported by a new true cost accounting case study and related national policy maker and agency education and advocacy.

Cost-Effectiveness of Health System and State-Level Strategies to Improve Diet and Reduce Cardiometabolic Diseases

2020-2024 PI NIH (R01HL115189) \$3,021,608

Major aims are 1) to estimate the health impacts, costs, cost-effectiveness, and effects on disparities of specific health system strategies to improve diet and reduce CMD in the US, 2) to estimate the health impacts, costs, cost-effectiveness, and effects on disparities of specific state-level policies to improve diet and reduce CMD in the US, 3) to assess the administrative and legal challenges and feasibility of specific health system and state strategies to improve diet and reduce CMD in the US, and 4) to disseminate our top findings from the prior period, related grants, and this new work to relevant stakeholders in key legislative, agency, and advocacy positions.

PAST

ESG+H and Food Compass Research

2021-2022 PI Vail Innovative Global Research \$363,604

This project aims to further assess and refine inputs and scoring principles of the Food Compass algorithm to improve its scientific rigor and practicality while gaining consensus in the broader research community; validate the Food Compass Score against health outcomes in the nationally representative National Health and Nutrition Survey (NHANES) database; and, develop specific ESG+H technical domains that incorporate the Food Compass.

Advancing Federal Nutrition Coordination and Research and “Food is Medicine” through Strategic Communications, Coalitions, and Advocacy

2020-2022 PI The Rockefeller Foundation (2020 FOD 036) \$351,362

Activities will include: developing compelling messaging around specific Food is Medicine actions; interactions with stakeholders to identify and crystalize specific priorities and communications interests around federal food and nutrition coordination and research and Food is Medicine initiatives; leveraging, coordinating with, and growing the Federal Nutrition Research Coalition and Tufts Food and Nutrition Innovation Council; identifying and implementing synergies with the Food is Medicine Coalition and National Produce Prescription

Collaborative; implementing corresponding convenings, communications materials, 1:1 meetings, and Capitol Hill educational briefings; and identifying key policy levers and engaging champions for advancing the identified priorities.

TMAO and Initiation, Extent, and Clinical Onset of Atherosclerotic CVD

2017-2021 PI NIH/NHLBI (1R01 HL135920) \$4,651,887

Major aims are to investigate the independent relationships of serial measures of plasma TMAO with longitudinal onset and progression of subclinical CVD, with incident CVD events, and with total mortality.

Global Dietary Database 2.0

2017-2021 PI Bill & Melinda Gates Foundation \$2,864,327

Major aims are to systematically update, expand, and improve data harmonization on global dietary intakes database; broadly disseminate the findings through a new online platform, research collaborations, and strategic partnerships; and perform new analyses of maternal and child diet diversity/quality in relation to key health outcomes.

Trilogy 1 and 2: Phase 3 Study of CaPre in Lowering Very High Triglycerides

2017-2020 PI Acasti Pharma Inc.

Major aims are to evaluate the efficacy of CaPre, an investigational drug containing a naturally-derived krill oil mixture of omega-3 as both free fatty acids and bound to phospholipids, in two parallel clinical trials. The TRILOGY (Phase 3 Study of CaPre in Lowering Very High Triglycerides) Phase III program was designed to compare the efficacy and safety of CaPre 4 g daily vs. placebo in lowering fasting triglyceride levels and other lipid parameters in patients with severe hypertriglyceridemia (fasting triglycerides 500-1,500 mg/dl).

Planning Grant on the Implications of a New Coordinated Federal Nutrition Research Effort and Authority

2019-2020 PI The Rockefeller Foundation (2019 FOD 011) \$351,361

This is a one-year planning grant to lay crucial groundwork for the Friedman School of Nutrition Science and Policy to review and bring together actionable science, policy knowledge, political strategy, education, and evidence on creating a new coordinated federal nutrition research effort and authority.

Economic Analyses of Policy Strategies to Improve Diet and Reduce CVD

2016-2020 Co-I NHLBI (R01 HL130735; PI-Micha)

Major aims are to evaluate the (1) cost, (2) cost-effectiveness and effects on disparities, and (3) political and legal feasibility of implementing specific evidence-based policy strategies to improve diet and reduce cardiovascular disease in the US.

Comparative and Cost Effectiveness of Population Strategies to Improve Diet and Reduce Cancer

2016-2020 Co-I NIH (5R01MD011501; PI-Zhang)

The proposed study will evaluate the cost and effectiveness of implementing population-based preventative strategies to improve diet and reduce cancer in the US population. Results will directly inform evidence-based priorities for policies, planning prevention strategies, and large implementation trials to reduce cancer burden in the US population.

Resolve to Save Lives Cardiovascular Health Initiative

2018-2019 Subcontract PI (PI-Appel) \$59,826

Supported by Tom Frieden's Resolve to Save Lives project, major aims are to quantify the benefits and potential harms of a nationwide salt substitute intervention to reduce mortality and morbidity from blood-pressure related diseases in China, including effects on CVD mortality and morbidity (incidence, disability-adjusted life-years) and on hyperkalemia-related mortality and morbidity.

Plasma Sphingolipids and Risk of Cardiovascular Disease

2016-2019 Subcontract PI (5R01 HL128575; PI-Lemaitre) \$78,092

The aim of this study is to determine the associations of new modifiable lipids ("sphingolipids") with the risks of heart failure, atrial fibrillation, sudden cardiac death and total mortality. The study will inform future novel prevention efforts to fight heart failure and arrhythmias, diseases with increasing prevalence and high burdens of morbidity and mortality in aging populations.

Feeding America's Bravest: Mediterranean Diet-Based Interventions to Change Firefighters' Eating Habits and Improve Cardiovascular Risk Profiles

2015-2018 Co-I FEMA (PI-Kales)

Major aims are to develop and test the effectiveness and cost-effectiveness of a Mediterranean Diet Nutritional Intervention (MDNI) on eating habits, weight change, and cardiovascular risk profiles in a cluster-randomized controlled trial among US firefighters.

Circulating Dietary & Metabolic Fatty Acids, Major CVD, & Healthy Aging (Diversity Supplement)

2015-2018 PI NIH/NHLBI (1R01 HL085710) \$372,928

Research Supplement to Promote Diversity in Health-related Research. Major aims are to support novel additional analyses in fatty acids and health and the career development of a diverse junior investigator, Dr. Marcia Otto, Assistant Professor, UT Southwestern.

Circulating Dietary & Metabolic Fatty Acids, Major CVD Outcomes, & Healthy Aging

2013-2018 PI NIH/NHLBI (2R01 HL085710) \$2,390,364

Major aims are to investigate associations of serial levels, and changes, of key circulating fatty acid biomarkers with incident CVD, total mortality, and healthy aging late in life.

CVD Epidemiology Training Program in Behavior, the Environment and Global Health

2014-2019 co-Founder, co-PI NIH/NHLBI (2 T32 HL098048) \$2,982,137

Ruth L. Kirschstein National Research Service Award (NRSA) Institutional Research Training Grants (T32). Major aims are to train pre-doctoral students and post-doctoral fellows to create a new generation of highly skilled investigators to study the impact of behavioral and environmental risk factors and policy on cardiometabolic diseases globally. Grant transferred to Eric Rimm in 2014, following my move to Tufts.

Comparative-Effectiveness of Population Strategies to Improve Diet and Reduce CVD (Administrative Supplement)

2016-2017 PI NIH/NHLBI (3R01 HL115189-05S1) \$77,286

Research Supplement to Promote Diversity in Health-related Research. The aims of the grant are to evaluate the comparative-effectiveness of evidenced-based interventions to improve diet, including among high-risk subgroups and to focus on the evaluation of the comparative-effectiveness of population diet interventions to reduce CVD, other chronic diseases, mortality, and DALYs in the US, including impact on disparities.

Comparative-Effectiveness of Population Strategies to Improve Diet and Reduce CVD

2013-2017 PI NIH/NHLBI (1R01 HL115189) \$2,887,770

Major aims are to evaluate the comparative-effectiveness of evidence-based population interventions to improve diet globally, and their projected impact on CVD, other chronic diseases, mortality, and DALYs in the US.

Comparative-Effectiveness of Population Strategies to Improve Diet

2013-2014 PI The Sackler Institute for Nutrition Science, NYAS \$50,000

Major aims are to quantify the comparative-effectiveness of food regulation, food pricing, and schools and workplace programs to improve dietary habits.

Global Dietary Database: Global Dietary Intakes, Diseases, and Policies in Children, Women, and Men

2013-2016 PI Bill & Melinda Gates Foundation \$2,589,401

Major aims are to systematically update and expand data on global dietary intakes in adults, youth (from infancy to adolescence) and pregnancy/nursing, including by rural/urban and income status; to evaluate and quantify the

health impact of specific dietary factors throughout the lifespan; and to characterize and compare cost-effectiveness of specific diet policy interventions to reduce the identified burdens.

Quantifying human vulnerability to changes in crop nutrients resulting from rising concentrations of atmospheric carbon dioxide

2013-2015 Co-I Bill & Melinda Gates Foundation (PI-Myers)

To quantify accurate estimates of the CO₂ effect on the nutrient intake of different population groups, by age and sex, in different countries across the globe; and evaluate nutritional impacts of loss of pollinators and ways in which ocean acidification (from CO₂) are likely to alter human nutrient and dietary intakes.

Bunge Fellowship in Nutrition and Health

2012-2016 PI Bunge Fellowship in Nutrition and Health \$400,000

Major aims are to create and support a postdoctoral training fellowship, based on an unrestricted gift from Bunge Global Innovation, LLC, to support the training of a young scientist in investigation of nutrition, human health promotion, and chronic disease prevention.

Global Dietary Habits Among Women, Price and Income Elasticities, and Validity of Food Balance Sheets

2012-2014 PI Bill & Melinda Gates Foundation \$763,865

Major aims are to systematically evaluate dietary quality in women, including by age and time, in all nations around the globe; to determine using nationally representative data the price and income elasticities of dietary intakes across regions, countries, and time, and differences by age and sex; and to quantify the validity of FAO food balance sheets, including evaluation of heterogeneity.

Promoting Capacity Building in Chronic Diseases Research in South America

2012-2017 US PI NIH/Fogarty International Research Training Award (D43 TW009126) \$1,020,463

D43 program for collaborative research training between Harvard and IECS in Argentina to strengthen research capacity in Argentina to conduct research on non-communicable diseases and disorders across the lifespan. Grant transferred to Goodarz Danaei in 2014, following my move to Tufts.

Endogenous Anti-Inflammatory Lipid Mediators, Fish Oil and Post-Operative Atrial Fibrillation

2011-2013 PI NIH/NHLBI (R21 HL109924) \$432,497

Major aims are to evaluate how a novel class of potent anti-inflammatory molecules derived from omega-3's, MEFAs, relate to pro-inflammatory biomarkers and to risk of post-op atrial fibrillation, and whether intra-operative plasma MEFAs are modified by fish oil treatment.

Determinants and Cardiovascular Consequences of Diabetes in Older Adults

2009-2013 Co-I NIH/NHLBI (R01 HL094555; PI-Djousse)

Major aims are to evaluate pathways in development and cardiovascular prognosis of diabetes in older adults, including related to adipocyte function, calcium metabolism, advanced glycation endproducts, and fibrosis. I assisted in development of aims, research design, and methods, particularly on how lifestyle factors may affect these pathways and outcomes, and collaborated on analyses and manuscripts.

Omega-3 Fatty Acids for Prevention of Post-Operative Atrial Fibrillation (OPERA)

2009-2013 co-PI GSK, Sigma Tau, Pronova \$5,603,395

This, investigator-initiated, international, multi-center, phase 3 randomized controlled clinical trial tested whether peri-operative fish oil consumption reduces the occurrence of atrial fibrillation following cardiac surgery and also investigated biologic, genetic, and electrophysiologic pathways of effects.

Inflammation/Oxidation, Omega-3's, and Post-Op Atrial Fibrillation and Cognitive Decline

2009-2012 PI NIH/NHLBI (RC2 HL101816 – ARRA) \$4,397,109

Major aims are to assess key circulating and tissue biomarkers to investigate novel mechanistic pathways whereby post-op cognitive decline and fibrillation may each occur and test whether fish oil decreases these post-op complications by preventing oxidative stress and subsequent inflammation.

CVD Epidemiology Training Program in Behavior, the Environment and Global Health

2009-2014 co-Founder, co-PI NIH/NHLBI (T32 HL098048) \$910,901

Ruth L. Kirschstein National Research Service Award (NRSA) Institutional Research Training Grants (T32). Major aims of this new training program are to train pre-doctoral students and post-doctoral fellows to create a new generation of highly skilled investigators to study the impact of behavioral and environmental risk factors and policy on cardiometabolic diseases globally.

Mercury, Selenium and Risk of Cardiovascular Disease in Women and Men – supplement

2009-2012 PI NIH/NIEHS (3R01 ES014433-03S1 - ARRA) \$1,230,625

Major aims are to prospectively investigate the independent effects of omega-3 fatty acids, mercury, and selenium, each assessed using objective biomarkers, with risk of both coronary heart disease and stroke in men and women; and use this data to develop an evidence-based risk assessment framework to derive quantitative risk-benefit estimates for cardiovascular effects of consuming specific fish species.

Fatty Acids and Major Cardiovascular Outcomes – supplement

2009-2012 PI NIH/NHLBI (3R01 HL085710-03S1 – ARRA) \$283,792

Major aims are to support a postdoctoral fellow with research funds for biological analyses and cutting-edge fatty acid “pattern” investigation to extend advanced diet pattern techniques to the analysis of circulating fatty acids to identify novel fatty acids inter-relationships and diet-metabolic phenotypes.

Tanzania Population Health Implementation and Training (PHIT) Partnerships Planning Grant

2008-2009 Consultant Doris Duke Charitable Foundation

Major aims are to develop plans for partnerships to implement and evaluate delivery of integrated primary healthcare in developing world regions. I served as the chief US consultant for the development of the intervention programs to reduce chronic diseases in these regions.

Human Genetic Variation In Fatty Acid Metabolism And Sudden Cardiac Arrest

2008-2012 Co-I NIH/NHLBI (R01 HL091244-01; PI-Lemaitre)

Major aims are to investigate associations between human genetic variation in fatty acid metabolism and the risk of sudden cardiac arrest. My role is to collaborate on analyses and manuscripts related to the primary aims.

Global Burden of Diseases Nutrition and Chronic Diseases Expert Group (NutriCoDE)

2007-2009 PI Global Burden of Diseases, Injuries, and Risk Factors (GBD) \$65,000

Major aims are to quantitate the global impact, including exposure and relative risk distributions, of major nutritional risks for cardiovascular diseases and cancers in 21 developed and developing world regions.

Dietary Fatty Acids, Congestive Heart Failure, and Atrial Fibrillation

2007-2011 PI The Searle Funds at The Chicago Community Trust \$240,000

Searle Scholar Award. Major aims are to elucidate the intersection of effects of dietary and tissue levels of omega-3 and trans fatty acids and genetic variation on risk of heart failure and atrial fibrillation.

Mercury, Selenium, and Risk of Cardiovascular Disease in Women and Men

2007-2012 PI NIH/NIEHS and NHLBI (R01 ES 014433) \$2,789,088

Major aims are to investigate prospectively the relationships of toenail mercury and selenium levels, objective biomarkers of environmental exposure, and fish and n-3 fatty acid intake with incidence of coronary heart disease and stroke in men and women in two large prospective cohort studies.

Dietary Biomarkers, Genetic Variation, and Novel Markers of Metabolic and Cardiovascular Risk

2007-2011 PI Genes and Environment Initiative, Harvard \$200,000

Major aims are to investigate how genome-wide variation affects individual responses to chronic mercury and selenium exposure and the potential biologic pathways mediating these identified genetic effects.

Fatty Acids and Major Cardiovascular Outcomes in Older Adults

2006-2012 PI NIH/NHLBI (R01 HL 085710) \$2,342,311

Major aims are to investigate prospectively the relationships of plasma phospholipid omega-3 and trans fatty acid levels, objective biomarkers of dietary intake, with incidence of congestive heart failure, atrial fibrillation, and total mortality among older adults in a prospective, population-based, multicenter cohort.

Fatty Acids and Cardiovascular Health

2004-2008 PI NIH/NHLBI (K08 HL 075628) \$620,000

Major aims are to define more clearly relationships of diet, particularly dietary fatty acids, with cardiovascular disease.

Diet and Genetic Interactions in Relation to Coronary Heart Disease

2003-2005 co-I American Heart Association (PI-Rimm)

Major aims are to evaluate new and timely hypotheses concerning the dietary and genetic determinants of cardiovascular disease. My role was to lead specific analyses and manuscripts related to the primary aims.

Mitigation by Atorvastatin of Heart Failure Inflammation (MAHI)

2002-2004 co-PI Pfizer Research Grant \$83,400

This is a randomized, double blind, placebo-controlled trial to test the effect of statin therapy on systematic inflammation, exercise tolerance, and quality of life in patients with heart failures.

TEACHING AND TRAINING

Doctoral

- 2020- Member, Doctoral thesis committee, Laura Lara-Castor, Friedman School of Nutrition Science and Policy, Tufts University
- 2020-2022 Chair, Doctoral thesis committee, Meghan O'Hearn, Friedman School of Nutrition Science and Policy, Tufts University
- 2020-2022 Chair, Doctoral thesis committee, Kurt Hager, Friedman School of Nutrition Science and Policy, Tufts University
- 2019- Member, Doctoral thesis committee, Mengxi Du, Friedman School of Nutrition Science and Policy, Tufts University
- 2013-2014 Chair, Doctoral thesis committee, Qianyi Wang, Department of Epidemiology, Harvard School of Public Health
- 2013-2014 Chair, Doctoral thesis committee, Ashkan Afshin, Department of Epidemiology, Harvard School of Public Health
- 2013-2014 Chair, Doctoral thesis committee, Mohammad Yakoob, Department of Epidemiology, Harvard School of Public Health
- 2010-2011 Chair, Doctoral oral exam committee, Deirdre Banel, Department of Nutrition, Harvard School of Public Health
- 2008-2011 Chair, Doctoral thesis committee, Martin Lajous, Department of Epidemiology, Harvard School of Public Health
- 2007-2009 Member, Doctoral thesis committee, Goodarz Danaei, Department of Global Health and Population, Harvard School of Public Health

Courses Taught

- 2007-2014 Course Director, Cardiovascular Epidemiology, EPI 223, Harvard School of Public Health

- 2004-2006 Course Director, Cardiovascular Epidemiology, MPH 220, Tufts University School of Medicine
- 2003 Section Leader, Science B-23, Foods, Dietary Habits, and Human Health, University of Washington
- 2000-2001 Co-Instructor, Human Biology 540, University of Washington School of Medicine

Guest Lectures

- 2022-2023 Precision Nutrition, Friedman School of Nutrition Science and Policy, Tufts University
- 2021-2022 Nutrition and Global Health, Harvard T.H. Chan School of Public Health
- 2020 Public Health and Minority Communities, The George Washington University
- 2016-2022 Nutritional Epidemiology, Friedman School of Nutrition Science and Policy, Tufts University
- 2016 Health to Disease III: Nutrition, Tufts University School of Medicine
- 2015 Nutrition and Global Health, Harvard School of Public Health
- 2015 Nutrition Assessment of Dietary Intake, Tufts University School of Medicine
- 2013-2014 Introduction to Clinical Nutrition, Harvard Medical School
- 2012 Clinical Nutrition Research, Boston University School of Medicine
- 2010-2014 Global Nutrition, Harvard School of Public Health
- 2010 Human Systems - Introduction to Clinical Nutrition, Harvard Medical School
- 2006-2014 Principles of Screening, Harvard School of Public Health
- 2003-2006 Cardiovascular Epidemiology, Harvard School of Public Health

Clinical Supervisory

- 2021- Cardiology Fellows Clinic Attending, Tufts Medical Center
- 2009-2014 Cardiology Fellows Clinic Attending, Brigham and Women's Hospital
- 2009-2014 Cardiology B Team Attending, Brigham and Women's Hospital
- 2008 Cardiology Consult Service Attending, Brigham and Women's Hospital
- 2004-2006 Echocardiography Suite Attending, Boston VA Health Care System, West Roxbury
- 2003-2004 Preventive Cardiology Clinic Attending, Boston VA Health Care System, West Roxbury

Training and Mentoring - Current:

- 2021- **Lu Wang**, PhD. Postdoctoral Scholar, Friedman School of Nutrition Science & Policy, Tufts
Primary Mentor: Postdoctoral Scholar, Tufts, 2021-present
- 2020- **Meng Wang**, PhD. Postdoctoral Scholar, Friedman School of Nutrition Science & Policy, Tufts
Primary Mentor: Postdoctoral Scholar, Tufts, 2020-present

Training and Mentoring – Past (with current positions listed):

- 2019-2022 **Kurt Hager**, MS, PhD. Instructor, Population & Quantitative Health Sciences, University of Massachusetts Chan Medical School, Worcester, MA. Primary Mentor: PhD Candidate, Tufts, 2019-2022
- 2018-2022 **Meghan O'Hearn**, MS, PhD. Impact Director, Food Systems for the Future, Sacramento, CA. Primary Mentor: PhD Candidate, Tufts, 2018-2022
- 2018-2021 **Victoria Miller**, PhD. Research Fellow, PHRI Population Health Research Institute, Hamilton,

Canada. Primary Mentor: Postdoctoral Scholar, Tufts, 2018-2021

2017-2020 **Yujin Lee**, PhD. Assistant Professor, Department of Food and Nutrition, Myongji University, Seoul, South Korea. Primary Mentor: Postdoctoral Scholar, Tufts, 2017-2020

2016-2020 **Junxiu Liu**, PhD. Assistant Professor, Department of Population Health Science and Policy, Icahn School of Medicine, Mount Sinai, New York, NY. Primary Mentor: Postdoctoral Scholar, Tufts, 2016-2020

2016-2019 **Heidi Lai**, PhD. Research Fellow, Imperial College London, United Kingdom. Primary Mentor: Postdoctoral Scholar, Tufts, 2016-19

2016-2019 **Jennifer Onopa**, MS. Chief Nutrition Officer, Foodspace Tech, Boston, MA. Primary Mentor: Researcher, Tufts, 2016-19

2016-2017 **Sally Stoyell**, BS. Clinical Research Coordinator, Massachusetts General Hospital. Primary Mentor: Research scholar, Tufts, 2016-17

2016-2017 **Kate Rosettie**, MS. Sr. Consultant, Health Economics and Outcomes Research, IQVIA, Seattle, WA. Primary Mentor: Research scholar, Tufts, 2016-17

2016-2017 **Alison Brown**, MS, PhD. Program Director, National Heart, Lung, and Blood Institute, National Institutes of Health, Bethesda, MD. Primary Mentor: PhD Candidate, Tufts, 2016-17

2016 **Estelle Zirkler**, MS. Health Data Analyst - Senior IT Professional, University of Colorado Denver. Primary Mentor: Research scholar, Tufts, 2016

2015-2017 **Sarah Kranz**, BS. Senior Clinical Data Manager, Statistics & Data Corporation, Waltham, MA. Primary Mentor: Research scholar, Tufts, 2015-17

2015-2017 **Adeem Tahira**, DO. Resident, Novant Health, Cornelius, NC. Primary Mentor: Research scholar, Tufts, 2015-17

2015-2017 **Daniel Marsden**, MD. Resident Physician, Nassau University Medical Center, East Meadow, NY. Primary Mentor: Research scholar, Tufts, 2015-17

2015-2016 **Sarah Pedersen**, PhD. Nutrition Advisor, USAID, Washington, D.C. Primary Mentor: Postdoctoral fellow, Tufts, 2015-16

2015-2016 **Zach Conrad**, PhD. Assistant Professor, William & Mary. Primary Mentor: Postdoctoral fellow, Tufts, 2015-16. Award for Excellence in Research Addressing Cardiovascular Health Equity by AHA recipient, 2016

2015-2016 **Eve Bishop**, BS. Medical Student, Johns Hopkins School of Medicine. Primary Mentor: Research scholar, Tufts, 2015-16

2014-2017 **Jose Peñalvo**, PhD, Pharm D. Professor of Public Health, Head of Noncommunicable Diseases Unit, Institute of Tropical Medicine, Antwerp, Belgium. Primary Mentor: Faculty member, Tufts, 2014-17

2014-2016 **Masha Shulkin**, BS. Research Assistant, University of Michigan. Primary Mentor: Research scholar, Tufts, 2014-16

2014-2016 **Laura Pimpin**, PhD. Epidemiology Lead, Babylon, London, United Kingdom. Primary Mentor: Postdoctoral fellow, Tufts, 2014-16

2014-2015 **Colin Rehm**, PhD. Senior Principal Scientist, PepsiCo, Purchase, NY. Primary Mentor: Postdoctoral fellow, HSPH, 2014-15

2014-2015 **Michael Kashaf**, MPH. Resident Doctor, University of California, Irvine - College of Medicine. Primary Mentor: Research scholar, Tufts, 2014-15

2013-2015 **Siyi Shangguan**, MD MPH. Attending Physician, Massachusetts General Hospital. Primary Mentor: Research assistant, Tufts, 2014-15; Research assistant, HSPH, 2013-14. Finalist, Article of the Year, American Journal of Preventive Medicine, 2019.

2013-2014 **Shahab Khatibzadeh**, MD MPH. PhD student, Heller School for Social Policy & Management, Brandeis University. Primary Mentor: Postdoctoral fellow, HSPH, 2013-14

2013-2014 **Michael Webb**, MS. PhD candidate, Economics Department, Stanford University. Mentor: Visiting masters student, HSPH, 2013-14. Finalist, Jeremiah and Rose Stamler Research Award for New Investigators, American Heart Association, 2014

2013-2014 **Saman Fahimi**, MD MPH. Visiting Researcher, HSPH. Mentor: Visiting doctoral student, HSPH, 2013-14. Winner, Sandra A. Daugherty Award for Excellence in Cardiovascular Disease or Hypertension Epidemiology, American Heart Association, 2013

- 2012-2021 **Gitanjali Singh**, PhD MPH. Epidemiologist/Data Scientist/Programmer, CDC Foundation. Primary Mentor: Faculty member, Tufts, 2014-21; Postdoctoral fellow, HSPH, 2012-14. NIH K99/R00 Award (NHLBI), 2013-18
- 2012-2015 **Jessica Smith**, PhD. Associate Principal Nutrition Scientist, General Mills, Maple Grove, MN. Primary Mentor: Postdoctoral fellow, HSPH, 2012-15
- 2012-2015 **Liana Del Gobbo**, PhD. Manager, Clinical Affairs, San Francisco, CA. Primary Mentor: Postdoctoral fellow, Tufts, 2014-15; Postdoctoral fellow, HSPH, 2012-14
- 2012-2014 **Qianyi Wang**, MD. Strategy Head, Tencent Healthcare, Beijing, China. Doctoral Thesis Advisor: HSPH, 2012-14
- 2012-2014 **Marcia de Oliveira Otto**, PhD. Assistant Professor (tenure-track), The University of Texas School of Public Health. Co-Mentor: Faculty member, UT Southwestern, 2014-present; Primary Mentor: Postdoctoral fellow, HSPH, 2012-14. Swiss Re-Harvard Fellowship Award, 2013-14. NHLBI Diversity Supplement Award, 2015-17. American Heart Association Scientist Development Grant, 2017
- 2012-2014 **Wenjie Ma**, MD. Instructor In Medicine, Massachusetts General Hospital. Doctoral Thesis Advisor: HSPH, 2012-14. Epidemiology and Prevention New Investigator Travel Award, American Heart Association, 2014
- 2012-2013 **Fadar Otite**, MD MPH. Assistant Professor of Neurology, SUNY Upstate Medical University. Primary Mentor: Research assistant, HSPH, 2012-13
- 2010-2015 **Ashkan Afshin**, MD MPH. Co-Founder & CEO, Stealth Mode Biotech Startup. Primary Mentor: Postdoctoral fellow, Tufts, 2014-15; Doctoral Thesis Advisor, HSPH, 2010-14. Harvard Global Health Graduate Fellowship Award, 2013-14
- 2010-2014 **Mohammad Yakoob**, MD DrPH. Department of Pediatrics and Child Health, Aga Khan University, Karachi, Pakistan. Doctoral Thesis Advisor: HSPH, 2010-14. Lown Scholar, HSPH, 2011-12. Predoctoral Fellowship Award, American Heart Association, 2012-14. Epidemiology and Prevention New Investigator Travel Award, American Heart Association, 2014
- 2010-2011 **Deirdre Banel**, DrPH. Assistant Professor of Nutrition, HSPH. Doctoral Oral Exam Committee Chair, HSPH, 2010; Doctoral Thesis Committee: HSPH, 2010-11. Student Travel Scholarship Award, Society of Epidemiologic Research Annual Meeting, Montreal, Canada, 2011. Outstanding Poster Award, Society of Pediatric and Perinatal Epidemiologic Research Annual Meeting, Montreal, Canada, 2011. Best Plenary Presentation, Society of Pediatric and Perinatal Epidemiologic Research Annual Meeting, Montreal, Canada, 2011
- 2010-2011 **Luisa Soares-Miranda**, PhD RN. Postdoctoral Researcher, CIAFEL, University of Porto, Portugal. Mentor: Visiting doctoral student, HSPH, 2010-11
- 2010-2011 **Shadi Kalantarian**, MD MPH. Electrophysiology Fellow, UCSF Medical Center, San Francisco, CA. Masters Thesis Advisor: HSPH, 2010-11. HSPH Lown Scholar, 2010-11
- 2009-2013 **Fumiaki Imamura**, PhD. Senior Investigator Scientist (tenure-track faculty), Medical Research Council (MRC) Epidemiology Unit, University of Cambridge, United Kingdom. Primary Mentor: Postdoctoral fellow, HSPH, 2009-13. National Institutes of Health Administrative Supplement Award (PI-Mozaffarian), American Recovery and Reinvestment Act of 2009 (3R01 HL085710-03S1), 2009. Annual Winner, Harvard Program in Cardiovascular Epidemiology Fellow and Trainee Friday Forum, HSPH, 2010. Fellowship, the International Union of Nutritional Sciences Workshop on Capacity and Leadership Development in Nutritional Sciences, Tokyo, Japan, 2010. Epidemiology and Prevention Early Career Research Grant, American Heart Association, 2011. Fellowship, 44th Ten-Day International Teaching Seminar on CVD Epidemiology and Prevention, Cape Town, South Africa, 2012. Scott Grundy Fellowship Award for Excellence in Metabolism Research, American Heart Association, San Diego, CA, 2012. Finalist, Jeremiah and Rose Stamler Research Award for New Investigators, American Heart Association, 2013
- 2009-2013 **Jason Wu**, PhD. Program Head, Nutrition Science, Food Policy; and Professor, Faculty of Medicine, The George Institute for Global Health, University of New South Wales, Newtown, Australia. Primary Mentor: Postdoctoral fellow, HSPH, 2009-13. Australian National Heart Foundation Research Fellowship, 2010-11
- 2008-2021 **Renata Micha**, PhD. Chair, Global Nutrition Report; and Associate Professor in Human Nutrition

- (tenured), Department of Food Science and Nutrition, University of Thessaly, Greece. Primary Mentor: Faculty member, Tufts, 2014-2021; Research Associate, HSPH, 2012-14; Postdoctoral fellow, HSPH, 2008-11. Finalist, Jeremiah and Rose Stamler Research Award for New Investigators, American Heart Association, 2010. Epidemiology and Prevention Early Career Travel Award, American Heart Association, 2010. PI, NIH R01 (R01 HL130735), 2015-19
- 2008-2011 **Martin Lajous**, MD DrPH. Faculty-Researcher, The National Institute of Public Health of Mexico. Doctoral Thesis Committee Chair: HSPH, 2008-11. Rose Travel Fellowship, HSPH, 2009. HSPH Lown Scholar, 2010-11
- 2008-2009 **Sarah Wallace Cater**, MD. Physician, General Internal Medicine, Greensboro, NC. Primary Mentor: Junior research fellow, HSPH, 2008-09
- 2008-2009 **Pattra Wirojratana Mattox**, BS MPH. Publication Lead and Scientific Writer, Scientific Research, Aetion, Boston, MA. Masters Thesis Advisor, HSPH, 2008-09
- 2008-2010 **Kyong Park**, PhD. Professor, Food and Nutrition, Yeungnam University, Gyeongsan, South Korea. Primary Mentor: Postdoctoral fellow, HSPH, 2008-10
- 2007-2009 **Goodarz Danaei**, MD. Associate Professor of Global Health (tenure-track faculty), Department of Global Health and Population, Department of Epidemiology, HSPH. Doctoral Thesis Committee, HSPH, 2007-09
- 2007-2008 **Divay Chandra**, MD MPH. Assistant Professor of Medicine, Department of Medicine, University of Pittsburgh. Primary Mentor: Masters student, HSPH, 2007-08
- 2007-2008 **Jyrki Virtanen**, PhD. Associate professor of nutrition and public health (tenure track), University of Eastern Finland, Institute of Public Health and Clinical Nutrition, Kuopio, Finland. Primary Mentor: Postdoctoral fellow, HSPH, 2007-08

INVITED PRESENTATIONS

National

2023

Food as Medicine: How Health Care can Address Hunger, Nutrition, and Health. Speaker, Medical Grand Rounds, Tufts Medical Center, Boston, MA.

Achieving nutrition security in SNAP. Speaker, Project Directors meeting, California Department of Public Health's (CDPH) Supplemental Nutrition Assistance Program – Education (SNAP-Ed), Virtual.

Accelerating Food and Nutrition Security at Kaiser Permanente. Speaker, Kaiser Permanente Community Health/Social Health/Medicaid Conference, Virtual.

Achieving nutrition security in a post-pandemic America. Speaker, CME Group Agricultural Markets Advisory Council (AMAC) Meeting, Virtual.

Food is Medicine: How Health Care can Address Hunger, Nutrition, and Health. Speaker, Annual General Meeting, Suffolk District Medical Society, Boston, MA.

2022

Our Health, Our Planet, Our Future: The Urgent Need to Invest in Nutrition Science and Sustainable Agriculture. Moderator, Virtual Congressional Briefing, The Friedman School of Nutrition Science and Policy at Tufts University and the Union of Concerned Scientists.

Food as Medicine: Spotighting the Power and Innovation of the Private Sector to Improve Nutrition. Moderator, Virtual Congressional Briefing, House Hunger Caucus, The Friedman School of Nutrition Science and Policy at Tufts University, and The Rockefeller Foundation.

How the Other Half Eats. Panelist, Hunger Free America, Virtual.

Exploring #FoodIsMedicine In Health Care. Panelist, Kaiser Permanente, Virtual.

Nutrition Security: Critical to address hunger, food security, health, and equity. Speaker, Western Maternal Child

Health Nutrition Leadership (NLN) Conference, Virtual.

Common Ground: What do Heart Healthy Diets Have in Common? Bishop Keynote Lecturer, 53rd Annual Louis F. Bishop Keynote address, 71st Annual Scientific Session of the American College of Cardiology, Washington, D.C.

Lifestyle Medicine Intensive Session I: Moving Beyond Theory to Practice Featuring the 53rd Annual Louis F. Bishop Keynote. Panelist, 71st Annual Scientific Session of the American College of Cardiology, Washington, D.C.

Dietary and Lifestyle Modifications to Reduce ASCVD Risk: A Trip to the Mediterranean or back to the Paleolithic Age? Speaker, ASCVD Risk Factors and Beyond, 71st Annual Scientific Session of the American College of Cardiology, Washington, D.C.

Food & Nutrition for Promoting Health: The Case for Urgent Systems-Level Strategies. Speaker, 2022 Food Policy Forum, Los Angeles County Department of Public Health, Virtual.

Pillar Three: Price. Panelist, Responsible Food Forum, Rothschild Foundation and Tortoise Media, Virtual.

Food as Medicine: Evidence and policy actions to integrate food and nutrition into healthcare. Keynote Speaker, 2022 AICR Lifestyle and Cancer Symposium: Innovation to Impact, American Institute for Cancer Research, Virtual.

The Future of Food and Nutrition: Implications for Science, Dietary Guidelines, and Food Policy. Distinguished Speaker, University of North Carolina Department of Nutrition's 75th Anniversary, Virtual.

Look Inside One of the Century's Most Promising Areas of Discovery: Precision Nutrition. Speaker, Food Edge 2022 Summit, Branchfood, Virtual.

Food as Medicine: Past, Present and Future. Keynote Speaker, Food as Medicine Summit, Grey Green Media, Virtual.

What Are The Biggest Obstacles in Food as Medicine Today? Panelist, Food as Medicine Summit, Grey Green Media, Virtual.

Where Food, Equity and the Environment Meet. Speaker, Impact Agenda Speaker Series, Manulife/John Hancock, Virtual.

Food as Medicine for Prevention of Chronic Diseases. Keynote Speaker, World NCD Congress, University of Michigan, Virtual.

Food as Medicine: Translating evidence-based nutrition research into clinical practice. Speaker, Community and Public Health Nutrition GEM Forum - Food as Medicine: Adopting a Multidisciplinary Approach to Translate Evidence-Based Nutrition Research Into Clinical Practice, NUTRITION 2022, American Society for Nutrition, Live Online.

Obesity in the US and the Impact of Food as Both Cause and Solution. Speaker, Calibrate Lunch and Learns, Virtual.

Food as Medicine: Past, Present, and Future. Speaker, Board of Directors Meeting, International Fresh Produce Association, Virtual.

Food is Medicine – Integrating Effective Nutrition Interventions into the Healthcare System: A Concept Whose Time Has Come. Speaker, 2022 Nutrition and Chronic Disease Care Webinar Series, Minnesota Department of Health and a collaborative of Minnesota Managed Care Organizations.

Food as Medicine: Dietary and Policy Priorities for Improving Health. Speaker, Langer Lab Spring 2022 seminar series, Massachusetts Institute of Technology, Cambridge, MA.

Food as Medicine: The Science & Policy to Leverage Nutrition in Healthcare Systems. Speaker, Food as Medicine: Exploring the Intersection Between the Nutritional Sciences, Medicine and the Culinary Arts, Continuing Medical Education, Virginia Mason, Virtual.

Dietary and Metabolic Fatty Acids and Cardiometabolic Health. Speaker, Interdepartmental Nutrition Program Seminar, Purdue University, Virtual.

Food as Medicine: Dietary Priorities and Policy Actions after the White House Conference. Keynote Speaker, 2nd Annual “Food As Medicine” Symposium, Buffalo Niagara Medical Campus, Virtual.

The White House Conference on Hunger, Nutrition, and Health: Translating Evidence into Action. Speaker, Hoch Cunningham Environmental Lecture Series, Environmental Studies Program, Tufts University, Medford, MA.

How to End Hunger, Advance Nutrition, and Improve Health: Policy Priorities after the White House Conference. Speaker, Interest Group on Nutrition, Diabetes, and Obesity, National Academy of Medicine Annual Meeting, Washington, D.C.

Food as Medicine: Medically Tailored Meals and Produce Prescriptions for Obesity-Related Health and Health Equity. Speaker, Advancing Interventions for Adult Obesity to Promote Health Equity: State of the Science and Research Opportunities Workshop, National Heart, Lung, and Blood Institute, National Institutes of Health, Virtual.

What is needed for industry to provide healthier products? What role can each group play in making this happen? Panelist, US Index 2022 Multi-Stakeholder Launch Event, Access to Nutrition Initiative, Boston, MA.

What's Next? One Month After the White House Conference on Hunger, Nutrition, and Health. Panelist, Heritage Radio Network, The Food Voice, and National Food Museum, Webinar.

Driving Solutions. Panelist, Food Industry Collective: Commitments in Action, The Food Industry Association and Tufts University Friedman School of Nutrition Science and Policy, Washington, D.C.

Advancing Good Food: Eliminating Hunger, Health, and Nutrition Disparities Through Bold, Equitable, and Sustainable Food Policy. Panelist, Food Systems for the Future Institute and Harvard Law School Food Law & Policy Clinic, Virtual.

After the White House Conference: Where Do We Go from Here? Panelist, Hunger to Health Collaboratory Fall Summit, Boston, MA.

The Science of Precision Nutrition for Cardiometabolic Health. Keynote Speaker, The Science of Precision Prevention: Research Opportunities and Clinical Applications to Reduce Disparities in Cardiovascular Health Workshop, National Heart, Lung, and Blood Institute, National Institutes of Health, Virtual.

Food is Medicine: Integrating Nutrition into Healthcare and Schools. Speaker, TEHNS Summit on Technology, Education, Health, Nutrition, & Sustainability, Grow Local, Virtual.

The White House Conference on Hunger, Nutrition, and Health: Translating Evidence into Action. Speaker, Alumni and Friends - White House Conference on Hunger, Nutrition, and Health Town Hall, Tufts University, Virtual.

Nutrition and Cancer. Panelist, Nixon National Cancer Conference, The Richard Nixon Library Foundation, Virtual.

How to End Hunger, Advance Nutrition, and Improve Health: Policy Priorities after the White House Conference. Speaker, State-of-the-Science Webinar, Nutrition & Obesity Policy Research & Evaluation Network (NOPREN), University of California San Francisco’s Center for Vulnerable Populations.

2021

What are the biggest issues affecting health in the U.S. today? Discussant, How the American middle class is really doing: What the data tell us, The Brookings Institution, Virtual.

Nutritional priorities for health: New scientific directions. Speaker, The Third Annual Food Allergy Science Initiative Symposium, Virtual.

Food and nutrition in a time of COVID-19: what are dietary and policy priorities? Speaker, The Forum Club of Southwest Florida, Inc., Virtual.

Food is Medicine: Integrating Nutrition into Health Care Systems. Speaker, Physicians Association for Nutrition Webinar Series.

Data-Informed Nutrition Policy and Practices. Panelist, GeoTech Hour, Atlantic Council, Virtual.

Foods and food policy to prevent cardiovascular disease. Speaker, McHenry Lecture, Krannert Institute of Cardiology, Indiana University School of Medicine, Virtual.

Reimagining U.S. Food and Nutrition Policy. Speaker, Harkin On Wellness Symposium, Virtual.

Resetting Food Service: Food as a Protective Factor. Speaker, Food Service Guidelines Collaborative, Webinar Series.

Advances in Nutritional Science. Panelist, Healthcare Deep Dive Webinar, iSelect Fund Management, LLC.

Health and Healthcare Impacts of Produce Prescription Programs. Panelist, Nutrition Incentive Hub 2021 National Convening, Virtual.

Food, Nutrition Security, Equity & Health in America with Dan Glickman. Moderator, Tisch College of Civic Life, Tufts University, Virtual.

Food is Health: Keys to True Advancement in Nutritional Science. Panelist, Crusonia Conversation, Virtual.

Building America's Nutrition Security Infrastructure. Moderator, Congressional Briefing, Friedman School of Nutrition Science & Policy and The Rockefeller Foundation, Virtual.

Panel on Social Health Member Initiatives. Panelist, Community Health All Hands Meeting, Kaiser Permanente, Virtual.

Policy Priorities for Food as Medicine and Nutrition Security. Plenary Speaker, 2021 Division of Nutrition, Physical Activity, and Obesity's National Training, Centers for Disease Control and Prevention, Virtual.

Food is Medicine: A Public Health Approach. Speaker, Harvard Medical School Diabetes Update Course 2021, Live Stream.

Designing Appropriate Medical Nutrition Therapy: Instructive Cases and Interaction With The Experts. Panelist, Harvard Medical School Diabetes Update Course 2021, Live Stream.

One Health. Panelist, One Planet. One Health Virtual Event, Food Tank and Danone Institute North America.

Nutrition Equity, Social Justice and Innovation Solutions. Speaker, General Mills Health & Wellness Advisors Meeting 2021, Virtual.

The Potential of Food as Medicine. Keynote Speaker, Food as Medicine Summit, GreyGreen, Virtual.

What is Food as Medicine and Who Needs to Know About It? Panelist, Food as Medicine Summit, GreyGreen, Virtual.

Tufts Food Systems Initiative: What We Know? What Needs to Be Done? Speaker, American Society of Nutrition 2021, Live Online.

Addressing the Critical Gaps for Successful Transformation of Food Systems. Panelist, American Society of Nutrition 2021, Live Online.

Nutrition and Metabolic Health in a post-COVID-19 World: Policy and Systems Priorities. Speaker, The Association of State Public Health Nutritionists (ASPHN) Annual Conference, Virtual.

Food as Medicine: Smart Spending for Nutrition. Panelist, Regenerative & Organic Agriculture Virtual Conference, Food Fix Campaign and the Rodale Institute.

White Space Innovation: Opportunities to Transform our Food System. Panelist, IFT Summit, Institute of Food Technologists, Virtual.

Trends in Food Sources and Diet Quality in US Children and Adults. Speaker, National Salt and Sugar Reduction Initiative (NSSRI) Webinar.

Our National Food Crisis: How to Fix Food for Health and Equity. Speaker, TEDXBerkshires, Lenox, MA.

Trends in Food Sources and Diet Quality in US Children. Speaker, Understanding Childhood Obesity Series, Louisiana Department of Education and Pennington Biomedical Research Center, Webinar.

New ways to understand and attack obesity. Speaker, The Health Coverage Fellowship, Babson Park, MA.

Updates From Across the Field. Panelist, 2021 Food Is Medicine Coalition National Symposium, Virtual.

Nutrition Security: Need, Definitions, and Evolving Concepts. Speaker, Prioritizing Nutrition Security: Emerging Approaches in Research and Practice, Nutrition Security Webinar Series, National Institute of Food and Agriculture, United States Department of Agriculture.

Food as Medicine: Integrating and Leveraging Healthy Eating into Healthcare. Speaker, Cook County Health Virtual Grand Rounds, Stroger Hospital of Cook County.

Achieving Nutrition Security in the United States. Keynote Speaker, Biennial Summit on Idaho Hunger & Food Security, Virtual.

Dietary Priorities for Obesity: Evidence and Uncertainties. Speaker, Cardiology Grand Rounds, Mount Sinai, Virtual.

Fighting Food Insecurity in Boston: Equitable & Actionable Approaches. Opening Speaker, Operationalizing Health Equity Series, Health Leads' Massachusetts Advisory Council, Virtual.

Food As Medicine - How can healthy eating be leveraged within healthcare? Plenary Speaker, American College of Physicians Illinois Chapter Meeting, Virtual.

Food/Nutrition Insecurity. Panelist, Aspen Institute Joint Education/Mobility Congressional Network Briefing, Virtual.

Food as Medicine: How can healthy eating be leveraged within healthcare? Speaker, 2021 Virtual Family Medicine Update, University of Arkansas for Medical Sciences.

The State of Nutrition in America 2021. Lead Witness, Hearing, Subcommittee on Food and Nutrition, Specialty Crops, Organics, and Research, United States Senate Committee on Agriculture, Nutrition, and Forestry, Washington, D.C.

Healthy Eating: Nutrition Facts, Myths, and Science Gaps with Dean Mozaffarian. Speaker, Tufts University Webinar.

Nutrition Science and Food Systems: Veggies Early & Often. Speaker, PHA & the Food Industry: Teaming Up to Raise a Generation of Veggie Lovers, Partnership for a Healthier America, Virtual.

Our Nation's Nutrition Crisis – and How to Fix It. Speaker, State of Obesity 2021: Better Policies for a Healthier America, Virtual Congressional Briefing, Trust for America's Health.

Trends in Food Sources and Diet Quality in US Children. Keynote Speaker, Catalyzing Communities Learning Collaborative, ChildObesity180, Tufts University, Virtual.

Nutrition in the Prevention of Cardiovascular Disease. Speaker, Integrative Lecture Series, Scripps Cardiovascular Medicine Fellowship Program, Virtual.

Food Labeling and Consumer Education. Panelist, Annual Meeting of the International Food Information Council (IFIC) Assembly, Virtual.

The Next Wave of Obesity Treatment is Here: What Employers Need to Know. Panelist, Calibrate and Employee Health Innovation Roundtable (EHIR), Webinar.

2020

Personalized Nutrition in Diabetes & Pre-Diabetes. Speaker, 17th Annual Natural Supplements: An Evidence-

Based Update, San Diego, CA.

Food is Medicine: Dietary & Policy Priorities For Better Health and Lower Healthcare Costs. Speaker, Academy HPC, Massachusetts Health Policy Commission, Boston, MA.

Beyond Single Nutrients: Health Effects of Dairy as Foods. Speaker, USDA NIFA Workshop on Dairy Foods - Management, Production, Bioactive Components to Enhance Health, Beltsville, MD.

Food is Medicine: Dietary and Policy Priorities for Good Health. Spotlight talk, 2020 Lake Nona Impact Forum, Orlando, FL.

Food for Thought: Insights on How to Address Nutrition Issues. Panelist, 2020 Lake Nona Impact Forum, Orlando, FL.

You Are What You Eat—Policies for a Healthy America. Speaker, Breakfast for Members of Congress, The Aspen Institute Congressional Program, Washington, D.C.

Food and nutrition science and policy in a time of COVID-19. Speaker, Google Food Lab Summit, Virtual Lab.

The Quality of Food for Managing Obesity & Diabetes: Current Evidence & Uncertainties. Speaker, Harvard Medical School Diabetes Update Course 2020, Live Stream.

Should I Focus on the Quantity or Quality of Food in My Patient with Type 2 Diabetes? Panelist, Harvard Medical School Diabetes Update Course 2020, Live Stream.

Can Diet and Nutrition Help Bend the COVID-19 Curve? Speaker, Tufts University Webinar.

Carbohydrate Quality: Relevant Metrics and Implications for Consumers and Policy Makers. Speaker, American Society of Nutrition 2020, Live Online.

Overview of Food and Nutrition Issues in an Era of COVID-19. Speaker, American Society of Nutrition 2020, Live Online.

How Can Produce Rx Address Food Insecurity and Build Resilience in the Midst of COVID-19? Speaker, Produce Rx: Addressing Inequity and Promoting Health During the Pandemic and Beyond, Webinar.

Can Food and Nutrition Bend the Curve for COVID-19? Speaker, Healthy Food Retail Bimonthly Speaker Series, Robert Wood Johnson Foundation's Healthy Eating Research program and the Centers for Disease Control and Prevention's Nutrition and Obesity Policy Research and Evaluation Network, Webinar.

Nutrition, Chronic Diseases, and COVID-19. Speaker, Modeling Health: How Health Systems Can Take Action to Reduce Sugary Drinks, American Cancer Society and the Public Health Law Center, Webinar.

Regenerative Nutrition Panel. Panelist, Manna Tree Partners, Webinar.

Nutrition, Metabolic Health, and Covid-19: Policy and Systems Priorities. Speaker, Nutrition Seminar Series, Centers for Disease Control and Prevention, Webinar.

Advancing Federal Nutrition Research to Improve America's Health. Panelist, The Future of MTM Research, Food Is Medicine Coalition Virtual National Symposium.

Evidence and Controversies in Dietary Management of Obesity & Diabetes. Speaker, Rhode Island Certified Diabetes Outpatient Educators Annual Symposium, Virtual.

Food is Medicine: dietary and policy priorities to leverage the power of nutrition security. Speaker, Rhode Island Community Food Bank, Virtual.

Multi-Sector Thought Leader Open Dialogue: Planning for the New Normal. Panelist, Hunger to Health in COVID and Beyond: Food Policy as Health Policy, The Hunger to Health Collaboratory Virtual Summit.

Food, Obesity, and Metabolic Health in a Time of COVID-19: Opportunities and Solutions. Speaker, Living Longer and Healthier, Young President's Organization, Virtual.

COVID-19, Nutrition, and Metabolic and Vascular Health. Panelist, COVID-19 and Diet-Related Disease, National Food Policy Conference, Consumer Federation of America, Virtual.

Strengthening National Nutrition Research: The Role of SNEB. Panelist, Society for Nutrition Education and Behavior (SNEB) Webinar.

Partnership for a Healthier America Session. Speaker, UN Voices of Food Systems 24-Hour Global Relay Conversation, Virtual.

Food, COVID-19, and Sensible Policy: Time to #FixFood. Speaker, Food for Thought: A Nutrition Policy Summit, The Well, Virtual.

Food is Medicine: Dietary Priorities and Policy Actions. Speaker, NOPREN State-of-the-Science Monthly Webinar Series, Centers for Disease Control and Prevention's Nutrition and Obesity Policy Research and Evaluation Network (NOPREN).

Food is Medicine: Integrating Nutrition into Health Care. Speaker, Cleveland Clinic Center for Functional Medicine Grand Rounds, Virtual.

Precision Nutrition, Food as Medicine & Metabolic Disease. Panelist, DayTwo Virtual Conference: Addressing the Slow Pandemic: Metabolic Disease in the Age of Precision Medicine.

What makes a healthy grain? / What questions need to be addressed related to NCDs and grains? Speaker, Chronic Disease Prevention, Barilla Science Discovery Symposium, Virtual.

Raising a Veggie Lover with Betsy Fore & Dariush Mozaffarian. Speaker, Human Ventures' Annual Summit, Virtual.

Controversies in Nutrition: What Should I Tell My Patients to Eat? Keynote Speaker, Harvard CME Course, Lifestyle Medicine in Day-to-Day Practice, Live Stream.

2019

Food as Medicine. Panelist, National Academies Food Forum, Washington, D.C.

A History of Nutrition Science: Implications for Current Research, Dietary Guidelines and Food Policy. Speaker, Low Carb Denver 2019, Denver, CO.

Appropriate Dietary Guidelines for Improving Population Health - What Does the Balance of Evidence Suggest? Panelist, Low Carb Denver 2019, Denver, CO.

Food as Medicine. Speaker, 2019 Milken Institute Global Conference, Beverly Hills, CA.

Controversies in Nutritional Management of Obesity & Diabetes. Speaker, Harvard Medical School Diabetes Update Course 2019, Boston, MA.

Food is Medicine: Dietary Priorities, Policy Actions, and Economic Benefits. Speaker, 39th Annual Michael G. Wohl Memorial Medical Grand Rounds Lecture, Temple University, Philadelphia, PA.

Starch, Sugar, and Metabolic Health. Speaker, American Society of Nutrition 2019, Baltimore, MD.

Strengthening Nutrition Research: The Role of a National Institute of Nutrition. Speaker, American Society of Nutrition 2019, Baltimore, MD.

Trans Fatty Acid Biomarkers and Incident Type 2 Diabetes: Pooled Analysis from 10 Prospective Cohort Studies in the Fatty Acids and Outcome Research Consortium (FORCE). Speaker, American Society of Nutrition 2019, Baltimore, MD.

The Global Nutrition Crisis: New Science, Opportunities, and Solutions. Speaker, Rockefeller Foundation Board Meeting, New York, NY.

Food, Elixir of Life. Panelist, Aspen Ideas Festival 2019, Aspen, CO.

Food is Medicine: Dietary and Policy Priorities to Solve Our National Health Crisis. Speaker, Health Technical Exchange Meeting, MITRE Corporation, McLean, VA.

Food is Medicine: Dietary and Policy Priorities for Cardiometabolic Health. Speaker, 2nd Annual Kevin Graham

Lecture, Minneapolis Heart Institute, Minneapolis, MN.

Actions for the Future in Food Justice, Diet and Health, and Sustainability. Moderator, The 50th Anniversary of The White House Conference on Food, Nutrition, and Health: New Challenges and Policy Innovation for Health, Hunger, and Sustainability, Washington, D.C.

2018

Food is medicine: addressing hunger as a health issue. Panelist, House Hunger Caucus Food is Medicine Working Group, Washington, D.C.

Hunger, nutrition, and the military: Are we fit to fight? Panelist, House Hunger Caucus, Washington, D.C.

Food is Medicine. Plenary talk, Partnership for a Healthier America 2018 Summit Session, Washington, D.C.

Looking ahead to the 2020 Dietary Guidelines for Americans. Panelist, 41st National Food Policy Conference, Washington, D.C.

Food is Medicine. Keynote address, 41st National Food Policy Conference, Washington, D.C.

Monosaturated Fats and Stearic Acid: Summary of Impact on Human Cardiometabolic Outcomes. Speaker, 2018 American Oil Chemists' Society Annual Meeting & Expo, Minneapolis, MN.

Diet and the Double Burden. Bill & Melinda Gates Foundation Nutrition Team Retreat Learning Session, Seattle, WA.

Controversies in Nutritional Management in Diabetes, Obesity and CV Disease. Speaker, Harvard CME Course: Diabetes Update 2018, Boston, MA.

Demographics, Diversity and Disparities in Nutrition Science. Speaker, American Society of Nutrition 2018, Boston, MA.

Innovative Policies for Food and Nutrition Assistance Programs. Panelist, American Society of Nutrition 2018, Boston, MA.

Dietary recommendations: How to stimulate healthy and sustainable practices? Keynote address, International Forum on Food and Nutrition, Barilla Foundation, New York, NY.

Private sector collaborations with academic public health: opportunities and challenges. Panelist, Boston University School of Public Health, Boston, MA.

Food is Medicine. Speaker, 2018 Milken Institute Future of Health Summit, Washington, D.C.

Food is Medicine: Dietary and Policy Priorities for a Healthier Nation. Speaker, 2018 Food and Nutrition Conference and Expo, Academy of Nutrition and Dietetics, Washington, D.C.

Dietary and policy priorities for obesity prevention: Current evidence and remaining controversies. Keynote speaker, NYU Langone Comprehensive Program on Obesity Inaugural Obesity Research Summit, New York, NY.

The Transformation of Nutrition and Policy Science: Priorities for a Food Revolution. Presenter, Renaissance Weekend, Charleston, SC.

Something That's Been Buggin' Me Lately. Panelist, Renaissance Weekend, Charleston, SC.

2017

Dietary and policy priorities for obesity: are all calories created equal? Speaker, Community Health event, Tufts University.

Rethinking dietary fat. Keynote speaker, Tufts Medical Grand Rounds and Clinical and Translational Science graduate program seminar, Boston, MA.

The school food environment: The dietary and health effects of school meal standards, fresh fruit and vegetable programs, and competitive food standards. Invited speaker, Massachusetts Health Council's Healthy Food Fuels

Hungry Minds Conference, Cambridge, MA.

Food as Medicine. Invited speaker, Cardiovascular Disease: The impact of diet and lifestyle on cardiometabolic health, Swiss Re Institute, Cambridge, MA.

Potential dangers of a high dietary intake of saturated fat. Invited speaker, Obesity Medicine 2017, Seattle, WA.

How to shape a robust, comprehensive, and advocacy-oriented research strategy. Invited panelist, Bloomberg Philanthropies Obesity Prevention Expert Convening, New York, NY.

Dietary fats and cardiovascular risk: A fresh look at the evidence. Plenary talk, NYU School of Medicine Diet and Lifestyle Strategies for Cardiovascular Risk Reduction, New York, NY.

Nutritional risk factors for cardiovascular disease: recent findings from model analysis on policy interventions. Plenary talk, CDC Division for Heart Disease and Stroke Prevention Science and Seminar series, Atlanta, GA.

Innovators improving access: creating healthier links in the food chain. Panelist, Future of Health Summit, Milken Institute, Washington, D.C.

Are we what we eat? Plenary talk, Renaissance Weekend, Charleston, SC.

It's all about the heart. Plenary talk, Renaissance Weekend, Charleston, SC.

2016

Dietary and policy priorities for obesity: are all calories created equal? Internal Medicine Grand Rounds, Tufts Medical Center.

Dietary risk factors for cardiovascular disease. Plenary talk, Tufts University Medical School, Boston, MA.

Dietary and policy priorities for obesity: are all calories created equal? Invited speaker, Tufts University Molecular Medicine Seminar, Boston, MA.

Dietary and policy priorities for obesity: are all calories created equal? Plenary talk, UCLA School of Public Health, Los Angeles, CA.

Healthy gut, healthy body? Invited panelist, Aspen Ideas Festival 2016, Aspen, CO.

Rethinking dietary fat. Plenary talk, Controversies and Advances in the Treatment of Cardiovascular Disease, Cedars-Sinai Heart Institute, Beverly Hills, CA.

Rethinking dietary fat. Grand Rounds, School of Medicine at Mount Sinai, New York, NY.

Common Purpose, Uncommon Lives, Transforming Healthcare. Invited panelist, Renaissance Weekend, Charleston, SC.

2015

Diet and cardiovascular disease. Speaker, Grand Rounds, Division of Cardiology, Tufts Medical Center, Boston, MA.

Plasma and dietary fatty acids, diet, and cardiovascular disease prevention. Plenary talk, Boston Heart Diagnostics advisory board meeting, Natick, MA.

Advances in Human Nutrition. Plenary talk, Tufts Talks Obesity: From Cell to Society. Friedman School of Nutrition Science & Policy, Tufts University, Boston, MA.

The Friedman School-Past, Present, and Future. Plenary talk, Friedman School of Nutrition Science & Policy, Tufts University, Boston, MA.

Too many at the table: imagine feeding the entire world. Invited panelist, International Women's Forum, Boston, MA.

Evidence-based dietary policies: marketing and food environment. Plenary talk, Finding Common Ground Conference, Boston, MA.

Saturated fat, low-carb, fish oil-what are the real dietary priorities for cardiometabolic health? Grand Rounds, University of California San Francisco Cardiology Grand Rounds, San Francisco, CA.

Dairy foods, dairy fat, and cardiometabolic outcomes. Plenary talk, Experimental Biology 2015. Whole-milk dairy foods in nutrition and health: an evaluation of the current state of the science. Boston, MA.

A healthy approach to dietary fat consumption: understanding the science and taking action to clear up consumer confusion. Session chair, Experimental Biology 2015. Haas Avocado Board moderator, Boston, MA.

Dairy foods, dairy fat, and cardiometabolic outcomes. Plenary talk, American Oil Chemist Society Annual Meeting, Orlando, FL.

Evaluating public policy. Panel member, AHA Advocacy Coordinating Committee. Dallas, TX.

Dietary and policy priorities for obesity - Are all calories created equal? Center seminar, Fred Hutchinson Cancer Research Center, Seattle, WA.

Panel discussion on US Dietary Guidelines. Invited panelist, Presidential Council of Advisors on Science and Technology, Washington D.C.

Dietary priorities for obesity: are all calories created equal? Plenary talk, Brown University, Providence, RI.

2014

Global dietary priorities and policies to improve cardiometabolic health. School-wide seminar, Friedman School of Nutrition Science & Policy, Tufts University, Boston, MA.

Dietary priorities for preventing obesity-are all calories created equal? Center-wide seminar, Human Nutrition Research Center on Aging, Tufts University, Boston, MA.

Chocolate and heart health: Too good to be true? Plenary talk, 12th Annual CVD Prevention International Symposium 2014, Baptist Health South Florida, Miami Beach, FL.

The global burden of cardiovascular mortality due to salt and sugar consumption. Plenary talk, 12th Annual CVD Prevention International Symposium 2014, Baptist Health South Florida, Miami Beach, FL.

Fish consumption: mercury exposure? farm raised vs. wild? warm water vs. cold? What's a consumer to do? Plenary talk, 12th Annual CVD Prevention International Symposium 2014, Baptist Health South Florida, Miami Beach, FL.

Diet and cardiometabolic risk: How to make sense of the evidence. Keynote speaker, Integrative Vascular Biology and McAllister Heart Institute Annual Research Symposium, University of North Carolina, Chapel Hill, NC.

Diet and cardiometabolic risk: New evidence and insights. Distinguished Visiting Professor, Heart and Vascular Center of Excellence, Wake Forest School of Medicine, Winston-Salem, NC.

The differences between epidemiologic and evidence-based metabolic studies. Plenary talk, The American Society of Bariatric Physicians Spring 2014 Conference, Philadelphia, PA.

Diet and cardiometabolic risk: New evidence and insights. Department seminar, University of Massachusetts Lowell, Clinical Laboratory and Nutritional Sciences Colloquium, Lowell, MA.

Dietary quality, obesity, and metabolic risk-are all calories created equal? Plenary talk, Beth Israel Deaconess Medical Center Cardiovascular Seminar Series, Boston, MA.

Impact of sugar sweetened drinks on global mortality. Plenary talk, National Soda Summit 2014, National Press Club, Washington, D.C.

Fat quality vs. fat quantity--What matters more? Plenary talk, American Diabetes Association's 2014 Scientific Sessions, San Francisco, CA.

VFHK policy levers and policy priorities. Plenary talk, Voices for Healthy Kids Annual Policy Research Summit, Raleigh, NC.

Dietary fats and heart health. Featured speaker, Cargill webinar for the American Association of Cereal Chemists International, Plymouth, MN.

Assessing global dietary habits – a comparison of national estimates from the UN Food and Agricultural Organization and the Global Dietary Database. Plenary talk, Harvard University Center for the Environment workshop on marine fisheries, food security, and human nutrition, Boston, MA.

Prevention priorities in the United States: Results from a review of literature and recommendation for the future. Keynote speaker, Sackler Institute for Nutrition Science Workshop, New York, NY.

Risks and benefits of fish consumption for cardiovascular diseases. Plenary talk, EPA 2014 National Forum on Contaminants in Fish, Alexandria, VA.

Dietary quality, obesity, and metabolic risk: Are all calories created equal? Keynote speaker, Biennial Cardiovascular Symposium, Asheville, NC.

Dietary priorities for cardiovascular disease: Making sense of the evidence. Grand Rounds, Mt. Sinai Hospital Cardiology grand rounds, New York, NY.

2013

Advice to promote heart-healthy eating and optimize cardiovascular nutrition. Plenary talk, Cardiovascular Medicine: Review and Update for the Practitioner, Brigham and Women's Hospital, Boston, MA.

Can grains provide heart health and weight maintenance benefits? Plenary talk, Bunge Scientific Summit on Grains and Health, White Plains, NY.

The global, regional, and national impact of sodium consumption on cardiovascular mortality. Plenary talk, Research Colloquium on Cardiovascular Research, Colorado State University, Denver, CO.

The global impact of dietary habits on cardiovascular diseases: Comparative burdens and opportunities for prevention. Grand Rounds, Cardiovascular Research Institute, Oregon Health Sciences University, Portland, OR.

Emerging science in saturated and polyunsaturated fat. Plenary talk, Unilever Scientific Advisory Meeting, Englewood Cliffs, NJ.

Dietary fats, foods, and type 2 diabetes: What effects are independent of weight gain? Plenary talk, Scientific Sessions, American Society for Nutrition, Boston, MA.

Prospective cohort studies and randomized controlled trials on omega-3 fatty acids and cardiovascular diseases. Plenary talk, Linus Pauling Institute Seventh Biennial Conference on Diet and Optimum Health, Oregon State University, Corvallis, OR.

Chair, The Agriculture and Health Nexus. Plenary talk, Chicago Council on Global Affairs: Global Food Security Symposium, Washington D.C.

Drawing heart failure management lessons from population science research. Plenary talk, NHLBI and NIH Office of Dietary Supplements Working Group: Designing Clinical Studies to Evaluate the Role of Nutrition and Diet in Heart Failure Management, Bethesda, MD.

The global, regional, and national impact of sodium consumption on cardiovascular mortality. Grand Rounds, Public Health Grand Rounds, University of Rochester Medical Center, Rochester, NY.

Breakout Group Facilitator Session leader, American Heart Association Sodium Conference, Arlington, VA.

Overview of nutritional policies to reduce metabolic risk. Plenary talk, American Diabetes Association Scientific Sessions, Chicago, IL.

Evidence for population-based dietary policies, including obesity prevention. Plenary talk, Lancet Commission for Investing in Health / Disease Control Priorities Project / Harvard Global Health Institute, Cambridge, MA.

Taxes and subsidies on foods and beverages. Plenary talk, Lancet Commission for Investing in Health / Disease Control Priorities Project / Harvard Global Health Institute, Cambridge, MA.

Saturated fat and heart disease: A review of the evidence. Omega-3 fatty acids and cardiovascular diseases. Keynote speaker, Cargill Live Webinar – Impact of Saturates and Omega-3s on Heart Health.

Omega-3's and CVD: Evidence from observational studies and clinical trials. Plenary talk, Amarin Scientific Summit Meeting, Houston, TX.

Subject matter expert, micronutrient supplements. Invited workshop subject discussant, Micronutrient Supplement Summit, Institute of Human Nutrition, Columbia University, New York, NY.

Fish and seafood: Scientific advances to support food-based guidelines. Cardiovascular seminar, American Heart Association Scientific Sessions, Dallas, TX.

Omega-3's and cardiovascular randomized controlled trials: Progress and short-comings. Cardiovascular seminar, American Heart Association Scientific Sessions, Dallas, TX.

Dietary and pharmacological interventions for prevention of atrial fibrillation. Cardiovascular seminar, American Heart Association Scientific Sessions, Dallas, TX.

Dietary fat and heart health. Keynote speaker, 11th Annual Society for Heart and Vascular Metabolism conference, Cambridge, MD.

2012

Diet for a healthy heart and global cardiovascular disease prevention. School-wide seminar, Friedman School of Nutrition Science & Policy, Tufts University, Boston, MA.

The global burden of chronic diseases attributable to dietary habits. Institute seminar, Institute for Health Metrics and Evaluation, University of Washington, Seattle, WA.

New advances in our understanding of the cardioprotective diet. Plenary talk, 4th Annual Advances in Heart Disease Prevention and Rehabilitation, Beaumont Health System, Auburn Hill, MI.

Improving cardiovascular health with omega-3's: the scientific evidence. Plenary talk, Global Organization for EPA and DHA Omega 3 Fatty Acids (GOED) Exchange 2012, Boston, MA.

Dairy consumption and risk of diabetes. National webinar, Dairy Research Institute webinar, USA.

Population approaches for improving diet and physical activity: What is the evidence? Plenary talk, American Heart Association Scientific Sessions, Industry Nutrition Advisory Panel, Los Angeles, CA.

Long-chain fatty acids: the good, the bad, and the ugly. Cardiovascular seminar, American Heart Association Scientific Sessions, Los Angeles, CA.

Chocolate and heart health: Is it as good as we hope? Cardiovascular seminar, American Heart Association Scientific Sessions, Los Angeles, CA.

2011

Changes in diet and lifestyle and long-term weight gain in women and men. Plenary talk, Nutrition Round Table, Harvard School of Public Health.

Policy approaches to reduce the burden of chronic diseases in the US and globally. School-wide forum, Chronic Disease: from Research to Policy, Harvard School of Public Health.

Nutritional measures to curb the pandemic of overweight, metabolic syndrome, and obesity. Plenary talk, Cardiovascular Medicine: Review and Update for the Practitioner, Brigham and Women's Hospital.

Diet and global burdens of chronic diseases. Plenary talk, Weatherhead Center for International Affairs' Workshop on the Sustainability of the World's Food and Farming Systems, Harvard Kennedy School Center for International Development, Cambridge, MA.

Fish oil, omega-3 fatty acids, and cardiovascular health. Grand Rounds, Division of Cardiology, Boston Medical Center, Boston, MA.

Four legs? Two legs? No legs? What's the best protein source and why? Plenary talk, Worlds of Health Flavors,

Napa, CA.

Current intakes of dietary omega-3 fatty acids and impact on health. Plenary talk, American Society for Nutrition Scientific Sessions, Washington, D.C.

Dietary fats, carbohydrates, and cardiometabolic health. Plenary talk, Food Technology, Innovation, and Safety Summit, Chicago, IL.

Trans fatty acids, cardiometabolic health, and public policy. Division seminar, Division for Heart Disease and Stroke Prevention, Centers for Disease Control and Prevention, Atlanta, GA.

Nutrition and global burden of chronic diseases. Department seminar, Department of Global Health, University of Washington School of Public Health, Seattle, WA.

Diet and cardiometabolic risk – News insights and priorities. Teaching conference, Division of Cardiology, University of Washington School of Medicine, Seattle, WA.

Diet for a healthy heart and global cardiovascular disease prevention. Plenary talk, The World Bank, Washington, D.C.

Dietary quality, lifestyle, and the prevention of long-term weight gain. Department seminar, Stanford Prevention Research Center, Stanford University, Palo Alto, CA.

Dietary fats and cardiovascular diseases. Cardiovascular seminar, American Heart Association Scientific Sessions, Orlando, FL.

Starting a research career in the field of nutrition. Early career seminar, American Heart Association Scientific Sessions, Orlando, FL.

Polypill versus polymeal policies for CVD prevention in low and middle income countries. Plenary debate, American Heart Association Scientific Sessions, Orlando, FL.

Panelist, *Living Well to 100*. Moderator, *The Way to Live*. Presenter, *Avoiding Strokes*. Panelist, Moderator, Presenter, Renaissance Weekend, Charleston, SC.

2010

Nutrition and global burden of chronic diseases. Plenary talk, Nutrition and Global Health, 12th Annual Postgraduate Nutrition Symposium, Harvard School of Public Health.

Health benefits and risks of fish consumption. Plenary talk, Oldways Seafood and Health Conference, Cambridge, MA.

Fats, oils, and American menus: What does the science say about fats & oils in the American diet. Plenary talk, Worlds of Health Flavors, The Culinary Institute of America, Napa, CA.

Cardiovascular risks and benefits of fish consumption - Qualitative and quantitative risk-benefit assessment. Departmental seminar, Northwest Fisheries Science Center Weekly Seminar Series, US National Oceanic and Atmospheric Association (NOAA), Seattle, WA.

Highlights on new research of health effects of fats and oils. Plenary talk, American Oil Chemists Society Annual Meeting, Phoenix, AZ.

Evidence for the heart health benefits of a fish-rich diet. Plenary talk, U.S. Environmental Protection Agency, New England office, Boston, CA.

The optimal diet to prevent CVD: What is the role of saturated fat? Plenary talk, National Lipid Association Clinical Lipid Update, Washington, D.C.

The optimal diet to prevent CVD: What is the role of saturated fat? Plenary talk, Health Effects of Dietary Fatty Acids Symposium, Wayne State University, Detroit, MI.

Coronary heart disease: Effects of added sugars and refined carbohydrates. Plenary talk, Bunge Scientific Summit on Added Sugars, White Plains, NY.

The great fat debate: Is saturated fat a risk factor for heart disease? Plenary talk, American Dietetic Association Food and Nutrition Conference, Boston, MA.

Diet and health: A time for food. Plenary talk, Mediterranean Diet and Health, Rollins School of Public Health, Emory University, Atlanta, GA.

Omega-3 fatty acids and post-operative atrial fibrillation. Division meeting, Cardiothoracic Surgery Division, Washington University St. Louis, MO.

Diet and health: A time for food. Plenary talk, Mediterranean Diet: a Healthy Italian Style, Italian Consulate of New York, New York, NY.

2009

Global dietary habits and the burden of cardiovascular diseases and cancer. Community Forum, Dean's Office, Harvard School of Public Health.

Fish oil and cardiovascular health. Plenary talk, Cardiovascular Medicine: Review and Update for the Practitioner, Brigham and Women's Hospital.

Health risks and benefits of fish consumption. Plenary talk, Nutrition Round Table, Harvard School of Public Health.

The impact of diet on the global burden of cardiovascular diseases. Plenary talk, Harvard Initiative for Global Health. Cardiovascular Disease in Developing Countries: Moving Forward.

Global dietary habits and the burden of cardiovascular diseases. Framingham Research Conference, Framingham Heart Study, Framingham, MA.

Omega-3 fatty acids for cardiovascular disease prevention: What is the evidence? Plenary talk, Cardiovascular Disease Prevention 7th Annual Comprehensive Symposium, Baptist Health South Florida, Coral Gables, FL.

The trans fat story: Clinical and policy implications. Plenary talk, Cardiovascular Disease Prevention 7th Annual Comprehensive Symposium, Baptist Health South Florida, Coral Gables, FL.

Lifestyle risk factors and new-onset diabetes mellitus in older adults. Plenary talk, American Heart Association Cardiovascular Disease Epidemiology and Prevention/Nutrition, Physical Activity, and Metabolism Conference, Palm Harbor, FL.

Emerging global dietary habits and the burden of cardiovascular diseases. Plenary talk, Institute of Medicine Committee on Preventing the Global Epidemic of Cardiovascular Disease: Meeting the Challenges in Developing Countries, Washington D.C.

Saturated fat intake and CHD risk: What is the scientific evidence? Plenary talk, American Oil Chemists Society Annual Meeting, Orlando, FL.

Omega-3 fatty acids and coronary heart disease. Plenary talk, 35th Annual Summer Meeting of The Toxicology Forum, Aspen, CO.

Polyunsaturated fat intake and risk of heart failure. Plenary talk, Heart Failure Society of America 13th Annual Scientific Meeting, Boston, MA.

Trans fatty acids: Effects on cardiometabolic health and implications for policy. Plenary talk, Nutrition & Aging Conference, Central Arkansas Veterans Healthcare System and Donald W. Reynolds Institute on Aging, University of Arkansas for Medical Sciences, Little Rock, AK.

Contribution of nutritional factors to type 2 diabetes. Plenary talk, International Chair on Cardiometabolic Risk 8th Annual Meeting, Boston, MA.

Fish, omega-3's, and cardiovascular health. Plenary talk, Lillian Foundation-Smith Conference, Denver, CO.

Nutrition, obesity, and inflammation. Plenary talk, American Dietetic Association Food and Nutrition Conference, Denver, CO.

Lifestyle risk factors for CVD: State of the science. Sunday morning program, American Heart Association Scientific Sessions, Orlando, FL.

Anti-oxidant supplements: Lessons learned – the epidemiology. Cardiovascular seminar, American Heart Association Scientific Sessions, Orlando, FL.

Health implications of switching from partially hydrogenated oils to saturated fat. Plenary talk, Bunge Scientific Summit on Saturates and Health, White Plains, NY.

2008

Trans fatty acids, cardiometabolic health, and implications for policy. Research Seminar, Harvard Prevention Research Center, HSPH.

Trans fatty acids: Effects on cardiometabolic health and implications for policy. Grand Rounds, Division of Cardiovascular Medicine, BWH.

Trans fatty acids and cardiovascular health: Quantifying effects based on RCTs vs. observational studies. Clinical Research Lecture Series, Washington University School of Medicine, St. Louis, MO.

Methylmercury, fish consumption, and cardiovascular health. Research seminar, University of Missouri Research Reactor, Columbus, MO.

Fish oil therapy in the management of dyslipidemia. Plenary talk, American College of Cardiology Annual Scientific Session, Chicago, IL.

Coronary heart disease mega-trials. Session chair, International Society for the Study of Fatty Acids and Lipids, 8th International Meeting, Kansas City, MO.

Trans fatty acids: Cardiovascular effects and molecular mechanisms. Plenary talk, International Society for the Study of Fatty Acids and Lipids, 8th International Meeting, Kansas City, MO.

Fish and fish oil consumption and cardiovascular disease. Plenary talk, International Life Sciences Institute: Toward Establishing Dietary References for Omega-3 Fatty Acids, Washington D.C.

Dietary trans fats: effects on the heart, adiposity, and insulin resistance. Plenary talk, American Diabetes Association Scientific Sessions, San Francisco, CA.

Fish intake, contaminants, and human health. Plenary talk, Florida Dietetic Association Annual Symposium, Coral Gables, FL.

Trans fatty acids and cardiovascular disease: Clinical and policy implications. Plenary talk, 17th Annual Lipid Disorders Training Center Programs, Johns Hopkins University, Baltimore, MD.

Healthy you, Healthy Planet: Fish intake, contaminants, and human health - balancing risks and benefits. Plenary talk, American Dietetic Association Food and Nutrition Conference, Chicago, IL.

Mediterranean diet, lifestyle risk factors, and incidence of diabetes in patients with recent MI. Plenary talk, 15th Anniversary Mediterranean Diet Conference, Boston, MA.

2007

Nutrition. Session chair, American Heart Association Conference on Cardiovascular Epidemiology and Prevention, Orlando, FL.

Trans fatty acids and cardiovascular disease, diabetes, and obesity. Plenary talk, Symposium on Trans Fatty Acids, Wayne State University, Detroit, MI.

Cardiovascular benefits of omega-3 and omega-6 fatty acids. Plenary talk, National Lipid Association Scientific Sessions, , Scottsdale, AZ.

Health effects of fish consumption. Opening plenary talk, National Marine Aquaculture Summit, U.S. National Oceanic and Atmospheric Administration, Washington, D.C.

Potential role of omega-3 fatty acids in prevention of sudden death. Plenary talk, Beyond Cholesterol: Prevention

and Treatment of Coronary Heart Disease with Omega-3 Fatty Acids, Columbia University, New York, NY.

Trans fatty acids and cardiovascular disease. Plenary talk, 16th Annual Lipid Disorders Training Center Programs, Johns Hopkins University, Baltimore, MD.

Balancing the health benefits and risks of fish consumption. Plenary talk, University of New Hampshire Conference on Seafood – Exploring Benefits and Risks, NH.

Fish consumption and cardiovascular risk. Plenary talk, U.S. Environmental Protection Agency, National Forum on Contaminants in Fish, Portland, ME.

Incidence of new-onset diabetes and impaired fasting glucose in patients with recent MI: Effects of clinical and lifestyle factors. Plenary talk, Network for Continuing Medical Education, Cardiometabolic E-Journal Club.

2006

Fish, n-3 fatty acids, and cardiovascular health – Current evidence for risks and benefits. Grand Rounds, Division of Cardiovascular Medicine, BWH.

Trans fatty acids and cardiovascular disease: The current evidence. Grand Rounds, Division of Cardiology, Boston Medical Center, Boston, MA.

Dietary habits and cardiovascular disease prevention. Chief of Medicine Rounds, Department of Medicine, Puget Sound Veterans Affairs Health Care Center, Seattle, WA.

Fish, contaminants, and cardiovascular health – Clearing up confusion about risks and benefits. Research conference, Division of Cardiology, University of Washington School of Medicine, Seattle, WA.

Obesity and Lifestyle. Session chair, American Heart Association Conference on Cardiovascular Epidemiology and Prevention, Phoenix, AZ.

Fish, contaminants, and human health – evaluating the risks and benefits. Research seminar, Department of Health Research and Policy, Stanford University, Stanford, CA.

Trans fatty acids and cardiovascular disease: Current evidence. Cardiopulmonary research seminar, Division of Cardiovascular Medicine, Stanford University, Stanford, CA.

Trans fatty acids and cardiovascular disease. Plenary talk, 15th Annual Lipid Disorders Training Center Programs, Johns Hopkins University, Baltimore, MD.

Should EBCT or MSCT be used to screen patients for CAD? Plenary talk, Transcatheter Cardiovascular Therapeutics (TCT) Annual Meeting, Washington D.C.

Trans fatty acids – Impact on cardiovascular health in the U.S. Plenary talk, Affairs of the Heart: Beyond LDL Cholesterol, Medical Society of Delaware, Newark, DE.

Risk and benefits of fish consumption. Featured speaker, National Academy of Sciences/Institute of Medicine Press Conference, Washington Press Club, D.C.

Trans fatty acids: The impact on cardiovascular disease, diabetes, and obesity. Plenary talk, Endocrine Days Educational Institute, Seattle, WA.

Risk and benefits of fish consumption. Featured speaker, National Academy of Sciences/Institute of Medicine Press Conference, Washington Press Club, D.C.

2005

Fish intake, atrial fibrillation, and insights into potential mechanisms of effect. Grand Rounds, Division of Cardiology, BIDMC.

Trans fatty acids and cardiovascular health. Plenary talk; Hot Topics Symposium, American Oil Chemists Society Annual Meeting, Salt Lake City, UT.

Health disparities. Session chair, American Heart Association Conference on Cardiovascular Epidemiology and Prevention, Washington, D.C.

Fish and cardiovascular health – the current evidence, uncertainties, and unanswered questions. Plenary talk, Institute of Food Technologists Annual Meeting, New Orleans, LA.

Fish and cardiovascular benefits. Plenary talk, National Oceanic and Atmospheric Administration (NOAA) Seafood and Health Meeting, Washington, D.C.

2004

Lifestyles of older adults: Can we influence cardiovascular risk in older adults? Plenary talk, American Heart Association Scientific Sessions, New Orleans, LA.

2003

Statin therapy in congestive heart failure. Grand Rounds, Division of Cardiology, University of Washington.

International:

2023

Moving Towards Nutrition Security. Panelist, World Economic Forum Annual Meeting, Davos-Klosters, Switzerland.

Unlocking the Value of Nutrition. Speaker, World Economic Forum Annual Meeting, Davos-Klosters, Switzerland.

Food as Medicine: Evidence and Policy Actions to Integrate Food and Nutrition into Healthcare. Speaker, Translating Nutrition Evidence into Practice, Policy, and Innovation & Training Future Leaders in Nutrition and Health: Joint Nutrition Forum by School of Public Health at Fudan University and Friedman School of Nutrition Science and Policy at Tufts University, Shanghai, China, Virtual.

The history of modern nutrition science—implications for current research, dietary guidelines & food policy. Speaker, Cardiology, Diabetes & Nephrology at the Limits, The Royal College of Physicians, London, United Kingdom.

2022

Food as Medicine – Implications for Research, Guidelines and Policy. Speaker, 20th Congress of the International Society of Renal Nutrition and Metabolism, Guangzhou, China, Virtual.

Food as Medicine: Evidence-based policy and innovation to reduce diabetes and cardiovascular diseases in the US and globally. Speaker, Seminar Series, BK21 FOUR Education and Research Team for Sustainable Food & Nutrition Global Scholar Seminar, Seoul National University, Korea, Virtual.

A Novel Nutrient Profiling System: Challenges and Opportunities for Comprehensive Food Scoring. Keynote Speaker, Japanese Society of Hypertension Annual Meeting, Kyoto, Japan, Virtual.

Session 3: Governance. Panelist, Inclusive Diets within Planetary Boundaries, Cell Press Lablinks, Beijing, China, Virtual.

2021

Dietary and policy priorities to reduce the global crises of obesity and diabetes. Speaker, Congress of Nutrition in Croatia, Zagreb, Croatia, Virtual.

Tufts Food Systems Initiative. Speaker, Transforming Food Systems Roundtable, EAT and Tufts University, Virtual.

Are We What We Eat? Panelist, Fifth International Vatican Conference, Virtual.

Defining and Prioritizing Next Steps for Identifying a Global Metric for Monitoring of Healthy Diets. Participant, Technical Consultation on Measuring Healthy Diets: Concepts, Methods, and Metrics, World Health

Organization, UNICEF, and Food and Agriculture Organization of the United Nations, Virtual.

Food as Medicine: unlocking a healthier future. Keynote speaker, Food as medicine: technological innovations unlocking a healthier future, Reference Capital Sustainability Series, Virtual.

The future of nutritional medicine: how new technologies are unleashing the power of food to heal our bodies and minds. Participant, Food as medicine: technological innovations unlocking a healthier future, Reference Capital Sustainability Series, Virtual.

Food Prescription. Speaker, MSO Symposium 2021: Evolving, Growing and Transforming Medical and Dental Practice, Virtual.

Effects of Dairy Foods on Obesity and Cardiometabolic Health: Time to Move Beyond Single Nutrients. Keynote speaker, Arla Food for Health Conference, Virtual.

Nutrition Science: Past History, Current State, Future Directions. Speaker, Hungry for change: Food systems for nutrition and health, Nature Food and Springer Nature, Virtual.

Nutrition: challenges and capabilities. Panelist, Hungry for change: Food systems for nutrition and health, Nature Food and Springer Nature, Virtual.

ESG-approaches to nutrition financing? Discussion Starter, Driving Innovation in Nutrition Financing: A Roundtable Discussion, Tokyo Nutrition for Growth (N4G) Summit 2021 Side-Event, World Bank Group, and The Government of Japan, Virtual.

Leveraging Food as Medicine to Improve the Health of Patients and the Population – Dietary Management for Cardiometabolic Health. Speaker, 2021 Food as Medicine Update, Faculty of Medicine, University of Toronto, Virtual.

Food as Medicine to Improve the Health of Patients and the Population. Panelist, 2021 Food as Medicine Update, Faculty of Medicine, University of Toronto, Virtual.

Food as Medicine: Dietary and Policy Priorities to Leverage Nutrition in Health Care. Opening Lecture, 10th Annual Congress of the Foundation Voeding Leeft, Virtual.

Health effects of TFA and the evidence for healthier alternatives. Speaker, Towards a Trans-Fat Free Argentina: evidence and standards, Webinar, Interamerican Heart Foundation - FIC Argentina.

Food and nutrition policy for diabetes prevention. Speaker, Control and prevention of diabetes and co-morbidities: evidence and public policy to address Non-Communicable Diseases (NCD), Virtual Academic Series, Mexican Health Foundation (FUNSALUD), and the Instituto Nacional de Ciencias Médicas y Nutrición Salvador Zubirán (INCMNSZ).

2020

What did we learn from Food for Thought 2018. Panelist, Food for Thought 2020, Virtual.

Improving nutritional research and conflicts of interest. Moderator, Food for Thought 2020, Virtual.

A history of nutrition science: implications for current research, dietary guidelines and food policy. Speaker, Congress of Portuguese Association of Nutrition, Online.

Advances in nutrition science: New priorities and remaining controversies. Speaker, Westlake University, Hangzhou, China, Virtual.

Pharma to Food: The Role of Nutrition in Managing Chronic Disease. Speaker, Future Food Tech Summit, Virtual.

Food & Nutrition in a Post-COVID-19 World: Challenges and Opportunities. Moderator, Future Food Tech Summit, Virtual.

Food, COVID-19, and Sensible Policy: Time to #FixFood. Speaker, World Food Day Webinar, The George

Institute for Global Health, Newtown, Australia.

Diet, Nutrition and Cardiovascular Disease. Speaker, Healthy Lifestyle for Cardiovascular Health: Healthy Diet, Great Wall International Congress of Cardiology 2020, China, Virtual.

2019

A History of Modern Nutrition Science: Implications for Research, Dietary Guidelines, and Food Policy. Speaker, Dutch Dairy Association, Utrecht Group Meeting, Utrecht, The Netherlands.

2018

Dietary priorities for obesity: Are all calories created equal? Cardiology Rounds, McMaster University, Ontario, Canada.

Food is Medicine. Speaker, Yogurt In Nutrition Symposium, Mexico City, Mexico.

A history of nutrition science: Implications for current research, dietary guidelines and food policy. Speaker, Food for thought: The science and politics of nutrition, Centre for Global Dialogue, Rüşchlikon, Switzerland.

Dietary prevention of chronic metabolic diseases: single-nutrient and popular diets vs whole dietary patterns. Speaker, EFSA Conference 2018 – Science, Food & Society, Parma, Italy.

Advancing Risk Assessment Science - Nutrition. Panelist, EFSA Conference 2018 – Science, Food & Society, Parma, Italy.

2017

The great accelerator: data collaboration to close SDG data gaps. Invited Panelist, Stockholm EAT Food Forum Competence Forum, Stockholm, Sweden.

State of the world: How to change consumer behavior and health at scale. Plenary talk, Stockholm EAT Food Forum, Stockholm, Sweden.

2016

Dietary & policy priorities for obesity: Are all calories created equal? Plenary talk, Bradford Hill Lecture, MRC Epidemiology Unit, University of Cambridge, UK.

A global perspective in preventing cardiovascular disease from discovery to policy. Plenary talk, The Lancet Lecture, At the Limits, Royal College of Physicians, London, UK.

2015

Saturated fat and trans-fatty acids, serum cholesterol and coronary heart disease. Keynote speaker, Daan Kromhout Farewell Symposium, Wageningen, Amsterdam.

The future of nutrition: science, business, and policy. Plenary talk, Nestle Corporation. Geneva, Switzerland.

Saturated fat, low-carb, fish oil, trans fat-what are the true dietary priorities for cardiometabolic health? Keynote speaker, Nutrition and the Heart Congress, Leiden, The Netherlands.

Counting calories, changing behavior: Practical tips and strong policies for a healthful diet. Keynote speaker, Nutrition and the Heart Congress, Leiden, The Netherlands.

The future of nutrition: science, business, and policy. Plenary talk, Dupont Corporation, The Netherlands.

Dietary fats, the SAFA debate, and vegetable PUFA. Plenary talk, Unilever, The Netherlands.

Counting calories? Modern evidence on dietary and policy priorities to prevent obesity. Plenary talk, University of Liverpool, Liverpool, UK.

Meat consumption and health. Plenary talk, University of Nottingham, Nottinghamshire, UK.

Targeting lifestyle to optimally manage cardiovascular risk. Plenary talk, ICCR, Quebec City, Quebec.

2014

EPA/DHA and risk of cardiovascular diseases and stroke. Plenary talk, DHA/Omega-3 for Health Symposium, University of Guelph, Toronto, Ontario, Canada.

Macronutrient intakes in low, middle, and high income countries. Plenary talk, Consensus Conference on Nutrition: A Joint Conference of the World Heart Federation and Canadian Academy of Health Sciences, Hamilton, Ontario.

Global burden of disease attributable to sugar sweetened beverages. Plenary talk, National Institute of Genomic Medicine, Tlalpan, Mexico.

Global burden of disease attributable to sugar sweetened beverages. Keynote speaker, National press conference, Mexico City, Mexico.

Foods, obesity, and diabetes-are all calories created equal? Plenary talk, Nestle Nutrition Conference, Mexico City, Mexico.

2013

Perspectives on salt and fat reduction strategies from the United States. Plenary talk, Consultation on Developing Strategic Directions for Salt and Fat Reduction, World Health Organization, Cairo, Egypt.

Diet and cardiometabolic health: Is saturated fat the villain? Plenary talk, Advances in Fats and Nutrition, Canadian Nutrition Society and the University of Guelph, Toronto, Canada.

Omega-3's and cardiovascular health: How strong is the evidence? Plenary debate, American Oil Chemists Society Annual Meeting, Montreal, Canada.

Dietary quality and obesity: Are all calories the same? Plenary talk, Canadian Obesity Network Summit, Vancouver BC, Canada.

Global impact of dietary sodium on CVD mortality. Research seminar, Spanish National Cardiovascular Research Center (CNIC) Seminar Series, Madrid, Spain.

Monounsaturated fatty acids and health: Scientific evidence. Plenary talk, IUNS 20th International Congress of Nutrition, Granada, Spain.

Global burden of cardiometabolic diseases due to sweetened beverages. Plenary talk, XXIV Interamerican Congress of Cardiology, Buenos Aires, Argentina.

Balancing the discussion on dietary fats, protein and iron. Plenary talk, Webinar, Ontario Pork, Canada.

2012

Functional foods and cardiometabolic risk reduction. Plenary talk, Scientific Intersession, World Congress of Cardiology, Dubai, United Arab Emirates.

2011

Dietary fats, carbohydrates, and cardiometabolic health. Department seminar, Institute for Clinical Effectiveness and Health Policy, Buenos Aires, Argentina.

Improving diet quality: From carbohydrate quality to dietary patterns. Plenary talk, 2nd International Congress on Abdominal Obesity, Buenos Aires, Argentina.

Seafood safety and dietary guidelines. Plenary talk, National Institute of Nutrition and Seafood Research, Bergen, Norway.

Dietary fats, carbohydrates, and cardiometabolic risk: New insights. Plenary talk, 2nd International Summit on Ischemic Heart Disease, Pisa, Italy.

Epidemiologic concepts and multivariable modeling: A seminar series. Department seminar, Mario Negri Institute South, Santa Maria Imbaro, Italy.

Fatty acids and cardiovascular health. Department seminar, Mario Negri Institute, Milan, Italy.

Saturated fatty acids and cardiovascular health. Plenary talk, Eurofed Lipid Congress, Rotterdam, The Netherlands.

Trans-palmitoleic acid, metabolic risk factors, and new-onset diabetes. Plenary talk, Eurofed Lipid Congress, Rotterdam, The Netherlands.

Omega-6 fatty acids and cardiovascular disease. Plenary talk, Italian Society for the Study of Atherosclerosis, Rome, Italy.

Health risks and benefits of fish consumption. Plenary talk, Webinar, Norwegian Seafood Export Council, Norway.

2010

Health benefits of fish consumption. Plenary talk, Joint FAO/WHO Expert Consultation on the Risks and Benefits of Fish Consumption, Rome, Italy.

Essential fats – how much do we really need? Plenary talk, 9th Annual Unilever Nutrition Symposium, Vlaardingen, The Netherlands.

2009

Lifestyle and coronary events. Plenary talk, 1st International Summit on Ischemic Heart Disease, Pisa, Italy.

The combined impact of diet and lifestyle on cardiovascular risk. Plenary talk, 16th Lilly Foundation Scientific Symposium: Nutrition, Lipids, and Atherosclerosis, Madrid, Spain.

Preventable causes of death in the US: Comparative risk assessment, and impact of low omega-3 intake. Plenary talk, International Fishmeal and Fish Oil Organization, Vienna, Austria.

Global dietary habits and cardiovascular diseases. Plenary talk, Global Alliance for Chronic Disease (US National Institutes of Health, UK Medical Research Council, Canadian Institutes of Health Research, Australian National Health Medical Research Council, Chinese Academy of Medical Sciences, Indian Council of Medical Research), Delhi, India.

Criteria for determining guidelines and requirements for dietary lipids. Plenary talk, Le Quotidien du Medecin - Symposium on Lipids; Paris, France.

2008

Fish and fish oil containing DHA/EPA for protection from heart disease. Plenary talk, DHA/Omega-3 for Health Symposium, University of Guelph, Toronto, Ontario, Canada.

2007

Consumption of trans fatty acids and human health. Plenary talk, Japan Oil Chemists' Society - International Life Sciences Institute Joint Symposium, Tokyo, Japan.

Health-related topics of trans fatty acids: Epidemiologic perspective. Plenary talk, World Health Organization Scientific Update on Trans Fatty Acids, Geneva, Switzerland.

2006

Fish, n-3 fatty acids, and cardiovascular hemodynamics. Plenary talk, International Forum on n-3 PUFA, Rome, Italy.

Fish, contaminants, and cardiovascular health: Clearing up the confusion about risks and benefits. Research seminar, GISSI Investigator Group, Consorzio Mario Negri Sud, Santa Maria Imbaro, Italy.

Fish, contaminants, and cardiovascular health – the scientific evidence. Grand Rounds, Department of Medicine, University of Chieti, Chieti, Italy.

Fish, contaminants, and cardiovascular health – the scientific evidence. Grand Rounds, Department of

Cardiovascular Research, Mario Negri Institute, Milan, Italy.

2005

Fish intake, atrial fibrillation, and insights into potential mechanisms of effect. Grand Rounds, Division of Human Nutrition, Wageningen University, The Netherlands.

Protagonists of global cardiovascular risk – Role of n-3 PUFAs. Session chair, Mediterranean Cardiology Association Meeting, Taormina, Italy.

Estimated effects of replacing partially hydrogenated fats with unhydrogenated fats on cardiovascular health in Iran. Plenary talk, Iranian Society of Atherosclerosis Annual Meeting, Tehran, Iran.

Trans fatty acids and systemic inflammation. Plenary talk, First International Symposium on Trans Fatty Acids and Health, Copenhagen, Denmark.

Fish and cardiovascular health – current evidence, uncertainties, and unanswered questions. Plenary talk, DHA/Omega-3 for Health Symposium, University of Guelph, Toronto, Ontario, Canada.

CLINICAL ACTIVITIES

Licensure and Certification:

2004-present Massachusetts Controlled Substances License

2003-present Physician's License, State of Massachusetts

2001-present Diplomate, Cardiovascular Disease Subspecialty

1998-2008 Diplomate, American Board of Internal Medicine (chose not to renew)

1998 Physician and Surgeon, State of Washington (chose not to renew)

1996-present Drug Enforcement Administration Certification

1996 Physician and Surgeon, State of California (chose not to renew)

Practice Activities:

Cardiology B Team	Inpatient Ward	Cardiovascular Medicine, BWH	Two half-month blocks/year
ECG Reading	Outpatient	Cardiovascular Medicine, BWH	Two one-week blocks/year
Fellows Clinic	Outpatient	Cardiovascular Medicine, BWH	Several half-day blocks/year

Clinical Innovations:

My main research focuses on lifestyle behaviors and cardiometabolic risk factors and diseases, including the key dietary targets and policy strategies to address lifestyle and reduce risk. I also collaborated with Dr. Wayne Levy at U. of Washington to develop the Seattle Heart Failure Model (SHFM), a validated model that predicts survival in heart failure patients, including 5-year mortality and total life expectancy, and determines mortality effects of adding specific drugs or devices to any patient's regimen. Both PC and handheld versions have been released for clinical use, free-of-charge (<http://depts.washington.edu/shfm>); and the SHFM is part of Epocrates tool kit (www.epocrates.com/products/medtools/cardiologyessentials.html). One other collaboration was with Drs. Haiming Cao and Gokhan Hotamisligil to create an invention that provides for a novel lipokine, trans-C16:1n7-palmitoleate, which also serves as a biomarker for metabolic status. More specifically, low concentrations of trans-C16:1n7-palmitoleate the serum indicates a risk of metabolic disease. Additionally, administering trans C16:1n7-palmitoleate to a subject (via pharmaceutical, nutraceutical, or other means), positively impacts glucose metabolism.

COMMUNITY ENGAGEMENT AND SERVICE

Activities (several of these also listed in other relevant sections above):

- 2022 Co-chair, Task Force on Hunger, Nutrition and Health, convened to inform the September 2022 White House Conference
- 2022 Moderator, Congressional Briefing, House Hunger Caucus, “Food as Medicine: Spotlighting the Power and Innovation of the Private Sector to Improve Nutrition”, The Friedman School of Nutrition Science and Policy and The Rockefeller Foundation, Virtual
- 2022 Moderator, Congressional Briefing, “Our Health, Our Planet, Our Future: The Urgent Need to Invest in Nutrition Science and Sustainable Agriculture”, The Friedman School of Nutrition Science and Policy and the Union of Concerned Scientists, Virtual
- 2021 Moderator, Congressional Briefing, “Building America’s Nutrition Security Infrastructure”, The Friedman School of Nutrition Science and Policy and The Rockefeller Foundation, Virtual
- 2021-present Extended Member, Independent Expert Group, Global Nutrition Report
- 2020 Participant, Immune Health Session, Barilla Science Discovery Symposium, Virtual
- 2020 Speaker, Chronic Disease Prevention, Barilla Science Discovery Symposium, Virtual
- 2020 Speaker, Food Justice Dinner, Boston College, Boston, MA
- 2018 Speaker, House Hunger Caucus, Food is Medicine Working Group, Washington, D.C.
- 2017-2018 Judge, "Best of the Best" Culinary Competition, Massachusetts Health Council, Boston, MA
- 2017 Panelist, House Hunger Caucus, “Hunger, Nutrition, and the Military: Are We Fit to Fight?”, Washington, D.C.
- 2016 Weight loss challenge talk, Jae Hun Kim Tae Kwon Do, Boston, MA
- 2014-present Member, Scientific Advisory Board, Ingredients for Education, a nonprofit creator of KickenNutrition.TV
- 2014-2015 Expert Consultation on Nutrient Profiling in the Americas, Pan American Health Organization (PAHO), World Health Organization
- 2013-2014 Member, Mission Advisory Panel (MAP) on Sugar, Heart and Stroke Foundation, Canada
- 2013 Reviewer, Dietary Guidelines, American Diabetes Association
- 2013 Member, NHLBI-ODS Working Group on Designing Clinical Studies to Evaluate the Role of Nutrition and Diet in Heart Failure Management, National Heart, Lung, and Blood Institute and NIH Office of Dietary Supplements
- 2012-2014 Member, Scientific Advisory Board, Unilever North America
- 2011-2012 Member, Healthy Agriculture & Non-Communicable Disease Advisory Group, The Chicago Council on Global Affairs
- 2010-present Member, Scientific Advisory Committee, Oldways Mediterranean Foods Alliance
- 2010-2012 Member, Nutrition Guidance Expert Advisory Group, World Health Organization
- 2010-2012 Member, Expert Consultation on Risks and Benefits of Fish Consumption, Food and Agriculture Organization of the United Nations / World Health Organization
- 2009-2012 Member, Catfish Risk Assessment Review Group, U.S. Department of Agriculture
- 2009 Principal Organizer, Seafood, Environment, and Health Meeting, Harvard School of Public Health, Aramark, Monterey Bay Aquarium, Environmental Defense Fund
- 2008-2012 U.S. Department of Agriculture Seafood Education Project Advisory Group, Member, Seafood

- Education Project Advisory Group, U.S. Department of Agriculture
- 2008-2010 Member, Expert Consultation on Fats and Fatty Acids in Human Nutrition, Food and Agriculture Organization of the United Nations / World Health Organization
- 2008-2009 Member, Methylmercury Risk Assessment, Review Group, U.S. Food and Drug Administration, Center for Food Safety and Applied Nutrition
- 2008 Speaker, Workshop on Risks of PCB Exposure and Benefits Associated with Consumption of Marine Fish, Massachusetts Department of Public Health, Boston, MA
- 2008 Speaker, NOAA Panel, Boston Seafood Show, U.S. National Oceanic and Atmospheric Administration
- 2008 Speaker, Public Hearing on the Initiative to Regulate Trans Fats in Massachusetts, Commonwealth of Massachusetts Senate Subcommittee on Health, Boston, MA
- 2007-2014 Member, Expert Advisory Committee, Canadian Health Measures Survey (Canada's NHANES)
- 2007-2009 Member, Task Force on Trans Fats in the Americas, Pan American Health Organization (PAHO), World Health Organization
- 2007 Meeting with congressman and senator staff for advocacy of health care issues, AHA Lobby Day, U.S. Congress and Senate, Washington D.C.
- 2006-2020 Extensive volunteer leadership activities (see section on Committee Service, above), American Heart Association
- 2006 Speaker, Public Hearing on the Initiative to Ban Trans Fats in New York, New York City Department of Health, New York, NY

Educational Material for Patients and the Lay Community:

- 2022 Co-author, 'Food is medicine' interventions should be the main course at White House nutrition conference, STAT
- 2021 Co-author, Time for a national strategy on food, The Hill
- 2021 Author, A nutrition report card for Americans: Dark clouds, silver linings, The Conversation
- 2021 Co-author, It's time for a second Conference on Food, Nutrition and Health, The Hill
- 2020 Co-author, The fight against COVID-19 — a need for 'soft power' in health care, The Hill
- 2020 Co-author, How your diet can help flatten the curve, CNN
- 2020 Co-author, The link between coronavirus deaths and those french fries, The Boston Globe
- 2019 Author, Should you avoid meat for good health? How to slice off the facts from the fiction, The Conversation
- 2019 Co-author, Our food is killing too many of us, The New York Times
- 2019 Co-author, Food is medicine: How US policy is shifting toward nutrition for better health, The Conversation
- 2018 Book foreword, The Diabetes Cookbook, America's Test Kitchen
- 2017 Author, Want to fix America's health care? First, focus on food, The Conversation
- 2016-present Editor-in-Chief, Tufts Health & Nutrition Newsletter
- 2016-2019 Editorial Advisor, Tufts Nutrition Magazine
- 2016-present Author, Dietary Fats, Regularly updated online chapter in UpToDate

- 2015 Co-author, Why is the federal government afraid of fat?, The New York Times
- 2012 Advisor, National Geographic Seafood Decision Guide, National Geographic, at ocean.nationalgeographic.com/ocean/take-action/seafood-decision-guide/
- 2012 Medical Editor, The Truth about Vitamins and Minerals: Choosing the Nutrients You Need to Stay Healthy, Harvard Medical School Special Health Report
- 2011 Medical Editor, Healthy Food for the Heart, Harvard Medical School Special Health Report
- 2010 Medical Editor, Vitamins and Minerals: What You Need to Know, Harvard Medical School Special Health Report
- 2008-present Author, Fish Oil and Marine Omega-3 Fatty Acids, Regularly updated online chapter in UpToDate
- 2008 Co-author, Fats and Cholesterol: Out with the Bad, In with the Good, Internet webpage, HSPH Nutrition Source
- 2008 Co-author, Trans Fat, Internet webpage, American Heart Association
- 2006 Author, Fish Intake, Contaminants, and Human Health: Evaluating the Risks and the Benefits. Part 2 – Health Risks and Optimal Intakes, BWH Cardiology Rounds, Volume 10, Issue 9
- 2006 Author, Fish Intake, Contaminants, and Human Health: Evaluating the Risks and the Benefits. Part 1 – Health Benefits, BWH Cardiology Rounds, Volume 10, Issue 8

SCHOLARSHIP

Doctoral Thesis

Mozaffarian D. Fatty Acids and Cardiovascular Health (2006). Doctorate in Public Health (DrPH), Epidemiology, Harvard School of Public Health. (mentor: Rimm)

Task Force Reports

1. Making Food and Nutrition Security a SNAP: Recommendations for the 2023 Farm Bill. Food and Nutrition Security Task Force, Bipartisan Policy Center. January 2023.
2. Task Force on Hunger, Nutrition, and Health. Ambitious, Actionable Recommendations to End Hunger, Advance Nutrition, and Improve Health in the United States. Chicago Council on Global Affairs, Food Systems for the Future, the Gerald J. and Dorothy R. Friedman School of Nutrition Science and Policy at Tufts University, and World Central Kitchen. August 2022.
3. Strengthening the Child Nutrition Programs. Food and Nutrition Security Task Force, Bipartisan Policy Center. January 2022.
4. Improving Food and Nutrition Security During COVID-19, the Economic Recovery, and Beyond. Food and Nutrition Security Task Force, Bipartisan Policy Center. September 2021.
5. Report of the 50th Anniversary of the White House Conference on Food, Nutrition, and Health: Honoring the Past, Taking Actions for our Future. Mande J, Willett W, Auerbach J, Bleich S, Broad Leib E, Economos C, Griffin T, Grumbly T, Hu F, Koh H, Mozaffarian D, Pérez-Escamilla R, Seligman H, Story M, Wilde P, and Woteki C. March 2020.

Scientific Publications

Citations: 243,000

h-index: 159

1. Andersen CT, Marsden DM, Duggan CP, Liu E, **Mozaffarian D**, Fawzi WW. Oral iron supplementation and anaemia in children according to schedule, duration, dose and cosupplementation: a systematic review and meta-analysis of 129 randomised trials. *BMJ Glob Health*. 2023;8:e010745.
2. Wu JH, Trieu K, Coyle D, Huang L, Wijesuriya N, Nallaiyah K, Lung T, Di Tanna GL, Zheng M, **Mozaffarian D**, MacMillan F, Simmons D, Wu T, Twigg S, Gauld A, Constantino M, McGill M, Wong J, Neal B. Testing the feasibility and dietary impact of a "Produce Prescription" program for adults with undermanaged type 2 diabetes and food insecurity in Australia. *J Nutr*. 2022;152:2409-2418.
3. Troen AM, Martins APB, Aguado IH, Popkin B, **Mozaffarian D**, Caraher M, Yaroch AL, Bordonada MÁR, Levine H. Israel decides to cancel sweetened beverage tax in setback to public health. *Lancet*. 2023;401:553-554.
4. Ong KL, Marklund M, Huang L, Rye KA, Hui N, Pan XF, Rebholz CM, Kim H, Steffen LM, van Westing AC, Geleijnse JM, Hoogeveen EK, Chen YY, Chien KL, Fretts AM, Lemaitre RN, Imamura F, Forouhi NG, Wareham NJ, Birukov A, Jäger S, Kuxhaus O, Schulze MB, de Mello VD, Tuomilehto J, Uusitupa M, Lindström J, Tintle N, Harris WS, Yamasaki K, Hirakawa Y, Ninomiya T, Tanaka T, Ferrucci L, Bandinelli S, Virtanen JK, Voutilainen A, Jayasena T, Thalamuthu A, Poljak A, Bustamante S, Sachdev PS, Senn MK 2nd, Rich SS, Tsai MY, Wood AC, Laakso M, Lankinen M, Yang X, Sun L, Li H, Lin X, Nowak C, Ärnlov J, Risérus U, Lind L, Le Goff M, Samieri C, Helmer C, Qian F, Micha R, Tin A, Köttgen A, de Boer IH, Siscovick DS, **Mozaffarian D**, Wu JH. Association of omega 3 polyunsaturated fatty acids with incident chronic kidney disease: pooled analysis of 19 cohorts. *BMJ*. 2023;380:e072909.
5. Du M, **Mozaffarian D**, Wong JB, Pomeranz JL, Wilde P, Zhang FF. Whole-grain food intake among US adults, based on different definitions of whole-grain foods, NHANES 2003-2018. *Am J Clin Nutr*. 2022;116:1704-1714.
6. **Mozaffarian D**. The White House Conference on Hunger, Nutrition, and Health - a new national strategy. *N Engl J Med*. 2022;387:2014-2017.
7. O'Hearn M, Erndt-Marino J, Gerber S, Lauren BN, Economos C, Wong JB, Blumberg JB, **Mozaffarian D**. Validation of Food Compass with a healthy diet, cardiometabolic health, and mortality among U.S. adults, 1999-2018. *Nat Commun*. 2022;13:7066.
8. Pomeranz JL, **Mozaffarian D**. Food marketing to - and research on - children: new directions for regulation in the United States. *J Law Med Ethics*. 2022;50:542-550.
9. Hager K, Cudhea FP, Wong JB, Berkowitz SA, Downer S, Lauren BN, **Mozaffarian D**. Association of national expansion of insurance coverage of medically tailored meals with estimated hospitalizations and health care expenditures in the US. *JAMA Netw Open*. 2022;5:e2236898.
10. **Mozaffarian D**, Blanck HM, Garfield KM, Wassung A, Petersen R. A Food is Medicine approach to achieve nutrition security and improve health. *Nat Med*. 2022;28:2238-2240.
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Professional Educational Materials or Reports:

510. Dietary fat. Chapter in the web-based, internationally used clinical portal UpToDate. At: <http://www.uptodate.com>. First written in 2018; updated regularly, several times each year.
511. Syllabus: Global Cardiovascular and Metabolic Health: Critical Issues in Policy and Translation (Nut 214), Harvard School of Public Health. Doctoral, masters, and medical students. Used locally for this graduate course in global policy. First co-written in 2013 in my role as course co-director, with plans to update annually.
512. Syllabus: Cardiovascular Epidemiology II (Epi 245), Harvard School of Public Health. Doctoral, masters, and medical students. Used locally for this core graduate course in cardiovascular epidemiology. First written in 2008 in my role as course director; updated annually, latest update in 2013.
513. Syllabus: Cardiovascular Epidemiology (Epi 223), Harvard School of Public Health. Doctoral, masters, and medical students. Used locally for this core graduate course in cardiovascular epidemiology. First written in 2007 in my role as course director; updated annually, latest update in 2013.
514. Fish oil and marine omega-3 fatty acids. Chapter in the web-based, internationally used clinical portal UpToDate. At: <http://www.uptodate.com>. First written in 2008; updated regularly, several times each year.
515. Syllabus: Cardiovascular Epidemiology (MPH 220), Tufts University. Doctoral and masters students. Used locally for this graduate course in cardiovascular epidemiology at Tufts. First written in 2004 in my role as course director; updated annually, latest update in 2006.