

CURRICULUM VITAE

NAME Dr HELEN YOUNG

ADDRESS 16 Spencer Road Telephone 44 (0)208 894 6722
Strawberry Hill, Twickenham Mobile: 44 (0) 794 839 7760
Middlesex TW2 5TH, U.K. Email: helen.young@tufts.edu

NATIONALITY British (Passport 093137062 Issued UKPA, Expires 20 Feb 2015).

DATE OF BIRTH 4th December 1957

CURRENT POSITIONS:

PROFESSOR, Friedman School of Nutrition Science and Policy, Tufts University
RESEARCH DIRECTOR, Livelihoods & Nutrition, Feinstein International Center, Tufts University
CO-EDITOR, Journal of Disasters published by Wiley. Impact Factor: 1.023
ISI Journal Citation Reports. Ranking: 2013: 26/55 (Planning & Development)

ONGOING RESEARCH:

Title: “**Community Resilience to Acute Malnutrition**” (**CRAM**), a multi-intervention programme over 3 years led by Concern Worldwide in Chad, with Tufts as the operational research partner, evaluating programme impact and developing early warning approaches, 2013 to 2016. (Principal Investigator)

Title: “**Building Resilience Against Climate Extremes and Disasters**” (**BRACED**). Tufts/FIC is the research partner of a Concern Worldwide led partnership, in Sudan and Chad from April 2015 to Dec 2017 (Principal Investigator):.

Title: “**Sudan Humanitarian and Resilience Programme**” (DFID) funding of a CRS led INGO partnership in Sudan, with Tufts University as the operational research partner from Nov 2014 To Mar 2016. (Principal Investigator):

Title: “**Evidence of Pastoralist Livestock Mobility as a Tool For Peace-Building, Conflict Mitigation and Development Planning**”. A Tufts/FIC led project in Sudan, investigating cross-border livestock mobility and pastoralist production in Darfur using new tools and approaches, including GPS tracking of herds. (Principal Investigator) Feb 2014 to Jan 2015; Jul 2015 to Dec 2015).

RESEARCH COMPLETED IN THE PAST 10 YEARS

Title: “**Building Resilience Against Climate Extremes and Disasters**” (BRACED) 6 month inception phase. Funding agency: Concern Worldwide (Principal Investigator).

Title: “**Cereal Trade Study and Technical Advisory Support to a ‘Community Based Market Monitoring System’ in Darfur, Sudan**” Funding agency: UNDP & WFP. (Principal Investigator).

Title: “**Livelihoods, Environment and Conflict**” a research programme as part of the UNEP Sudan Integrated Environment Programme. Grant from 2010 – 2013 (Principal Investigator). Funding agency: United Nations Environment Programme

- Title: “**Review of Nutrition and Mortality Indicators for the Integrated Food Security Phase Classification (IPC) Reference Levels and Decision-making**”. A

study commissioned by: The SCN Task Force on AME, and the IPC Global Partners; Sept 2009. (Principal Investigator)

- Title: “**Impact of the Darfur Conflict on Pastoralist Livelihoods**”. Funding Agency: United Nations Environment Programme. Dates: 2008 - February, 2009. (Principal Investigator)
- Title “**Targeting in Complex Emergencies: Action Research and Programme Guidance**”. Funding agency: WFP. Dates: 2007 - April 2009. Co-Investigator with Dan Maxwell (PI)
- Titles (2 studies) “**Pastoralism, Power and Choice**”, and ii. “**The Impact of Conflict on Trade & Markets in Darfur**”. Funding agency: UK DFID. (2007 – Dec 2008). Principal Investigator
- Title: “**Livelihoods, Migration and Remittance Flows, Darfur**”. Funding Agencies: Ford Foundation, UK DFID, and the Mellon-MIT Inter-University Program on NGOs and Forced Migration. Dates: June 2006 – December 2009. Principal Investigator with Karen Jacobsen:

SERVING ON EXPERT COMMITTEES, ADVISORY BOARDS AND TECHNICAL ASSISTANCE

PhD supervision

1. Tufts University, Friedman PhD Advisor; Soha Moussa (completed 2015)
 2. Tufts University, Fletcher PhD Advisor; Elizabeth Stites (completed 2014)
 3. Tufts University, Friedman Phd Committee Chair; Abdalmonim Osman (completed 2013)
- Member of the ACF (Action Contre le Faim) International Scientific Committee (2014 to date)
 - Member of Advisory Group of the Cabot Institute, Bristol University (September 2010 to 2015)
 - Member of Peer Review Committee for a research project of Action Contre le Faim, France, on nutritional causal analysis, 2011 to 2014.
 - Served as an Advisor and Facilitator in 2006 to Track 1 of the Darfur Joint Assessment Mission (part of the Darfur Peace Agreement)
 - Served as an Advisor to the Africa Union/ World Bank Wealth Sharing Workshop in Nairobi in November 2005, in support of the ongoing Darfur Peace Process.
 - Production of the Sphere Minimum Standards of Disaster Response in Food Security in 2003, which involved facilitating an international consultation process (including more than 8 international meetings) and developing operational standards.

HIGHER EDUCATION

- 1982 - 1985 PhD. Title: "Factors affecting the shelf-life and quality of cooked chilled foods".
Bournemouth University, UK (in collaboration with the Food Research Institute, Bristol)
- 1979 - 1982 First Class BSc. Honours Degree. Food Science and Nutrition. Oxford Polytechnic (now Oxford Brookes University).
Thesis: "The development of a high energy biscuit for use as a food supplement by Oxfam".

PROFESSIONAL EXPERIENCE

- January 1999 to 2001 **Technical Editor of *RNIS; Report on the Nutrition Situation of Refugees and Displaced Populations***. Published quarterly by the UN Administrative Committee on Coordination/ Sub-Committee on Nutrition (ACC/SCN), Geneva.

December 1995 to January 1998 **Food and Nutrition Adviser, Oxfam Emergencies Department**
 Responsibilities (related to food security and nutrition): institutional learning and training; the development of appropriate procedures, policies and publications; technical programme support & management; plus joint UNHCR/ Micronutrient Initiative/ Oxfam research project: **“The use and acceptability of fortified foods as a source of essential micronutrients among nutritionally at risk refugee populations”**.

1989 to Nov 1995 **Nutrition consultant** undertaking commissioned consultancies and generating independent research projects. Also, regular visiting lecturer at the Institute of Development Studies, Liverpool School of Tropical Medicine, Centre for Human Nutrition, University of Sheffield, Centre for Human Nutrition, London School of Tropical Medicine.

Activities as a consultant:

Sep/ Oct 1995 Independent research into the 'The feasibility of field research to investigate the relationship between malnutrition and mortality in emergency situations'. Funded by ODA.

Oct/ Nov 1995 Review of food distribution in emergencies, for the Relief and Rehabilitation Network Good Practice Review series (see publications) published by the Overseas Development Institute.

Aug 1994 - Jan 1995 Consultant member of an independent team led by Dr Mark Duffield, to review the **Sudan Emergency Operations Consortium** programme operating in Southern Sudan since 1991.

July 1994 Consultant to the **Nutrition Division, UNICEF, New York**. Preparation of a critical review of the nutritional sections of the UNICEF handbook 'Assisting in Emergencies'.

Oct 1993 to May 1994 Co-author of **"Nutrition Matters - People, Food and Famine"** IT Publications, London, Funding from ODA, UK.

June 1993 Advisor to the **Oxfam Health Unit** about the nutritional aspects of the revision to Oxfam's Practical Guide to Refugee Health Care.

Jan 1993 to 1993 May Consultant to the **Food Policy & Nutrition Division, FAO, Rome**, Preparation of the first draft of a resource book on Food, Nutrition and Development, which is intended to be part of a revised version of the FAO Field Programme Management Course on Food and Nutrition.

June 1992 to July 1992 Consultant to the **Food Policy & Nutrition Division, FAO**, in Luapula Province, Zambia. Responsible for training and implementation of a rural appraisal of nutrition and household food security in Luapula Valley, included training local personnel.

July 1991 to May 1992 Visiting Research Fellow, **Food Security Unit, Institute of Development Studies, University of Sussex, Brighton**. Project: A review of the role of nutritional surveillance for famine early warning and targeting, with a special focus on a case study of Darfur, Sudan, from 1984 to 1990. Financial support from the ODA and Oxfam. Responsible for project management, which involved one other full-time Visiting Fellow. The work culminated in a one day international workshop "Nutritional surveillance; help or hindrance in times of food security and famine"

1991 & 1992 Advisor to the **Milk Marketing Board (UK)** regarding the development of a nutritious blended food for use as a food aid commodity.

- June 1991 to July 1993 Consultant to the **Liverpool Epidemiology Programme, Liverpool School of Tropical Medicine, U.K.** Responsible for the development of a computer assisted learning module on nutritional surveillance.
- Apr/May 1991 A five week assignment in Sudan for the **World Bank** to formulate and appraise health and nutrition interventions/programs as part of a larger emergency drought recovery project.
- Nov 1990 A six week assignment in Sudan for **UNHCR** as Team Leader for the annual Joint Food Assessment Mission (UNHCR, WFP & COR) to determine refugee food needs.
- Oct 1990 Consultant to **World Vision**, U.K. developing practical guidelines on nutrition in emergencies.
- May 1990 to Sep 1990 **UNHCR** Head Office Nutritionist based in Geneva.
Responsibilities:
 Coordination international response to pellagra outbreak of pellagra among 700,000 Mozambican refugees in Malawi.
 Review of nutritional surveillance among 300,000 Ethiopian refugees.
 Assessment of the food self-sufficiency of 20,000 Chadian refugees
 Represented UNHCR at the 17th Session of the UN Administrative Committee on Coordination - Subcommittee on Nutrition (ACC/SCN) in Geneva.
- April 1990 Consultant to **OXFAM** regarding the development of operational food aid policy guidelines.
- Sept 1989 to Mar 1990 Consultant to **OXFAM** preparing a review of their nutrition activities and rapid assessment techniques in their recent emergency programmes. Writing the Oxfam Practical Guide - "Food Scarcity and Famine, Assessment and Response".
- 1988-89 **OXFAM** nutritionist Darfur, West Sudan - based in El Fasher and set up a nutritional surveillance system within the Ministry of Health for purposes of relief planning. A new participatory and community based approach was developed.
- 1986-88 **OXFAM** 'Emergency Support Nutritionist' based in Oxford, with assignments overseas as required. Responsible for project design, feasibility studies and evaluations in Sudan, Ethiopia, Somalia and Kenya. This work was related to famine early warning, emergency preparedness and relief distribution. Between overseas assignments responsible for technical nutrition support and policy guidance.
- Sept. 1986 Consultant to the **Swiss Disaster Relief Unit**, Federal Department of Foreign Affairs, Berne, Switzerland. A review of swiss food aid commodities leading to recommendations for appropriate policies.
- 1985-86 **OXFAM**
 Research into the use of imported foods in emergency relief programmes and review of the selective feeding programmes in relief camps in N.Ethiopia and E.Sudan.
- 1982-85 **Dorset Institute/ Ministry of Agriculture Fisheries and Food**
 Research into the affects of storage on the sensory and microbiological quality of cooked foods. This work was successfully submitted for a PhD in 1986.
- 1981-85 **OXFAM**
 Volunteer Researcher responsible for developing the OXFAM Energy Biscuit; >500 MT were used in Ethiopia and Sudan in 1985.
- AWARDS:** The Society of Chemical Industry's Award for Young Scientist in 1986.

PUBLICATIONS

Books:

- Young, H. & L. Goldman (Eds.), (2014). *Livelihoods, Natural Resources, and Post-Conflict Peacebuilding* (Post-Conflict Peacebuilding and Natural Resource Management). Virginia: Routledge.
- Young, H. and Harvey, P. (Guest Editors) 2004, *The Sphere Project: Humanitarian Charter and Minimum Standards of Disaster Response*. Special Issue of *the Disasters Journal*.
- World Food Programme, 2000, *Food and Nutrition Handbook*, World Food Programme, Rome (responsible for overall coordination and authorship of 5 chapters)
- Jaspars, S. and Young, H., 1995, *Food Distribution in Emergencies, from Nutritional Needs to Political Priorities*, Good Practice Review No 3, Overseas Development Institute, London.
- Young, H. and Jaspars, S., 1994, *Nutrition Matters - People, Food and Famine*, Intermediate Technology Publications, London.
- Young, H., 1992, 1992, *Food Scarcity and Famine - Assessment and Response*. Oxfam Publications, Oxford, U.K

Published articles, book chapters:

- Nathanail, L. and H. Young (2015). "Editorial FEX at 50" *Field Exchange, Emergency Nutrition Network* (50).
- Young, H., & Goldman, L. (2014). Lessons Learned: Managing natural resources for livelihoods: Helping post-conflict communities survive and thrive. In H. Young & L. Goldman (Eds.), *Livelihoods, Natural Resources, and Post-Conflict Peacebuilding* (Post-Conflict Peacebuilding and Natural Resource Management). Virginia: Routledge.
- Young, H., & Maxwell, D. (2013). Participation, political economy and protection: food aid governance in Darfur, Sudan. *Disasters*, 37(4), 555-578.
- Young, H. and K. Jacobsen (2013). "No way back? Adaptation and urbanization of IDP livelihoods, Darfur 2006 - 2008." *Development and Change*, 44 (1): 125-145
- Young, H., & Cormack, Z. (2013). Pastoralism in the new borderlands: a humanitarian livelihoods crisis. *Humanitarian Exchange*.
- Young, H. (2013) 'Diminishing Returns: The Challenges Facing Humanitarian Actors in Darfur', in Donini, A. (ed) *The Golden Fleece. Manipulation and Independence in Humanitarian Action*. Stirling, Virginia, Kumarian Press.
- Young, H., Sadler, K. and A. Borrel, (2012) Public Nutrition in Humanitarian Crises" Chapter 69 in: *Present Knowledge in Nutrition 10th Edition*. John W. Erdman, Jr. (Editor), Ian A. MacDonald (Editor), Steven H. Zeisel (Editor) Wiley Blackwell.
- Maxwell, D., Young, H., Jaspars, S., Burns, J., & Frize, J. (2011). Targeting in Complex Emergencies: Participatory Management of Humanitarian Food Assistance. *Food Policy*, 36(4), 535-543.
- Young, H. (2011). Nutrition in Emergencies: Indicators and Reference Levels. *International Handbook of Global Health*, Richard Parker (Editor), , Marni Sommer (Editor), . Routledge.

- Young, H. (2009). The Conflict-Livelihood Cycle: Reducing Vulnerability through Understanding Maladaptive Livelihoods. *Environment and Conflict in Africa. Reflections on Darfur*. M. Leroy. Addis Ababa, University for Peace, Africa Programme: 193-209.
- Young, H. (2009). Pastoralism, Power and Choice. *Environment and Conflict in Africa. Reflections on Darfur*. M. Leroy. Addis Ababa, University for Peace, Africa Programme: 181-192.
- Young, H. (2007). "Looking beyond food aid to livelihoods, protection and partnerships: strategies for WFP in the Darfur states." *Disasters* 31(S1): S40 - S56. <http://www3.interscience.wiley.com/cgi-bin/fulltext/118504764/PDFSTART>
- Jacobsen, K., H. Young, et al. 2008. Refugees and IDPs in Peacemaking Processes. *Contemporary Peacemaking 2nd Edition*.
- Young, H. and S. Jaspars (2006). "Meaning and measurement of acute malnutrition, A Primer for Decision-Makers." *Network Paper No 56, Humanitarian Practice Network, Overseas Development Institute*. <http://www.odihpn.org/report.asp?id=2849>
- Young, H., A. M. Osman, (2007) . "Trade, Migration and Remittance Flows In Times of Conflict and Crisis: A Case-Study of Darfurian Livelihoods and Libya." *International Migration Review*. **41(4): 826-849**. <http://www.blackwellpublishing.com/journal.asp?ref=0197-9183>
- Young, H. (2006). Livelihoods, migration and remittance flows in times of crisis and conflict. Case-studies from Darfur, Sudan. London, Humanitarian Policy Group, Overseas Development Institute. http://www.odi.org.uk/HPG/papers/BG_Remittances_Sudan.pdf
- Borrel, A. and H. Young (2006). Public Nutrition in Complex Emergencies. *Present Knowledge in Nutrition, 9th edition.*, International Life Sciences Institute. <http://www.ilsa.org/NR/rdonlyres/D57D78BA-AE2C-430F-9B77-7077FD63D95F/0/PKN9TOC.pdf>
- Young, H., Monium, A., Aklilu, Y, Badri, B., Dale, R, 2005, Darfur 2004/2005 – Livelihoods Under Siege. Feinstein International Famine Center, Tufts University.
- Young H, Borrel A, Holland D, Salama P. 2004. Public nutrition in emergencies: Aims, analysis and action. *The Lancet* 364 (9448) p1899-<http://www.thelancet.com/>
- Young, H. 2004. Ethiopia 2003: towards a broader Public Nutrition approach. *Humanitarian Exchange*, No 27, p19-24 <http://www.odihpn.org/report.asp?id=2647>
- Young H, Taylor A, Wey SA, Leaning J. 2004, Linking rights and standards: the development of 'rights-based' minimum standards of disaster response. *Disasters* **28** (2). <http://www3.interscience.wiley.com/journal/118780304/issue>
- Young, H. Harvey, P. 2004. Introduction to the Special Issue on the Sphere Project: Humanitarian Charter and Minimum Standards in Disaster Response. *Disasters* **28** (2)
- Young, H. 2003. Acceptability of community based growth monitoring in a rural village in South Africa. Editorial Commentary, *Food and Nutrition Bulletin*. **24** (4) p350.
- Young, H. (Editor), with Diane Holland, Wendy Johnecheck and Helen Sida, 2002, Livelihoods and Chronic Conflict: An Annotated Bibliography. No 184 Working Paper Series. Overseas Development Institute, London. ISBN 0 85003 622 4
- Lautze S, Aklilu Y, Raven-Roberts A, Young H, Kebede G, Leaning J., 2003, Risk and Vulnerability in Ethiopia: Learning from the past, responding to the present, preparing for the future. Boston: Feinstein International Famine Center, Tufts University and Inter-University Initiative on Humanitarian Studies and Field Practice.

- Young, H.; Jaspars, S.; Brown, R.; Frize, J., and Khogali, H. Food Security Assessments in Emergencies: A Livelihoods Approach. London: Humanitarian Practice Network, Overseas Development Institute; 2001; HPN Network Paper 36.
- Young, H., 2001, Nutrition and Intervention Strategies. Chapter 9. Food Security in Sub-Saharan Africa Devereux, S. and Maxwell, S. London: ITDG Publishing.
- Young, H., 2001, Chronicle of crises that's soft and noisy. Review of the World Disaster Reports 1993 – 2000. The Times Higher Education Supplement, No 1486, p29.
- Appleton, J., Borrel, A., Duffield, A., Frankenberger, T., Gostelow, L., Grellety, Y., Jaspars, S., Maxwell, D., Taylor, A., Toole, M. and Young, H., 2000, *Nutrition of Refugees and Displaced Populations*, Chapter 4 in: The Fourth Report on the World Nutrition Situation, Nutrition Throughout the Life Cycle, Administrative Committee on Coordination, Sub-Committee on Nutrition, (ACC/SCN) Geneva; International Food Policy Research Institute, Washington.
- Young, H. (editor), 1999, Special Issue: International Public Nutrition and Emergencies: The Potential for Improving Practice. Disasters Journal, Volume 23, No 3
- Young, H., 1999, Public nutrition in emergencies: an overview of debates, dilemmas and decision-making Disasters, Vol 23, No 4, 277-291.
- Mears, C. with Young, H., 1998, Acceptability and Use of Cereal-Based Foods in Refugee Camps, Case Studies from Nepal, Ethiopia and Tanzania. An Oxfam Working Paper, Oxford: Oxfam.
- Nathanail, L. and H. Young (1997). "Editorial for the First Edition " Field Exchange, Emergency Nutrition Network(1).
- Young, H. and Jaspars, S., 1995, The relationship between malnutrition and mortality in emergencies - Do we have all the answers? A report on the feasibility of applied reserach into the malnutrition mortality relationship. ODA Health and Population Division Research Project.
- Young, H. and Jaspars, S., 1995, Nutritional assessments, food security and famine, Disasters, Vol 19, No 1. 26-36.
- Young, H., and Jaspars, S., 1995, Malnutrition, disease and death in times of famine, Disasters, Vol 19, No 2. 94-109.
- Jaspars, S., and Young, H., 1995, Malnutrition and poverty in the early stages of famine, Disasters, Vol 19, No 3., 198-215
- Jaspars, S., and Young, H., 1992, Nutrition and household food security. A paper commissioned as a contribution to "Household Food Security: Concepts, Indicators and Measurements, a Technical Review", 1992, Maxwell, and Frankenberger, UNICEF & IFAD.
- Young, H., 1993, Food Aid for Emergencies, entry included in the Encyclopedia of Food Science, Food Technology and Nutrition, Academic Press, London.
- Young, H., 1992, A case study of the Chadian refugees in Western Sudan - The impact of the food assessment mission. Journal of Refugee Studies, 5 (3/4) 327 - 335
- Young, H., 1990, The use of wealth ranking in nutrition surveys in North Darfur. RRA Notes, International Institute of Environment and Development, London W1.
- Young, H., MacFie, H.J.H., and Light, N., 1989, Effect of packaging and storage on the sensory quality of cooked food Journal of Science of Food and Agriculture 48, 323-338.

- Young, H., Owen, M., and Clark, J., 1988, A comparison of biscuits used in emergency relief feeding programmes in Ethiopia and Eastern Sudan - 1985/1986. European Journal of Clinical Nutrition 42, 261-271.
- Young, H., 1987, Selective feeding programmes in Ethiopia and East Sudan 1985/1986. Disasters 11 (2) 317 - 327.
- Young, H., 1986, The development of aid agency policy on the use of imported biscuits in emergency relief. Disasters 10 (4) 250 - 257.
- Young, H., Youngs, A., and Light, N., 1987, The effects of packaging on the growth of naturally occurring microflora in cooked chilled foods used in the catering industry. Food Microbiology 4, 317 - 327.
- Light, N., Young, H., and Youngs, A., 1987, A qualitative survey of the use of chilled vending machines as a means of food service in the UK, Food Science and Technology Today, 1 (4) 247--251
- Light, N., Young, H., and Youngs, A. 1987, Operating temperatures in chilled food vending machines and risk of growth of food poisoning organisms, Food Science and Technology Today, 1 (4) 252-256
- Young, H., Fellows, P., and Mitchell, J., 1985, Development of a high energy biscuit for use as a food supplement in disaster relief. Journal of Food Technology 20, 689-

Key Reports

- Young, H. M., Sulieman, H., Behnke, R., & Cormack, Z. (2014). Pastoralism in Practice: Livestock Mobility in Contemporary Sudan. Medford USA: Feinstein International Center, Tufts University. Includes: Policy Briefing Paper in English and Arabic. <http://fic.tufts.edu/publication-item/pastoralism-in-practice/>
[http://www.unep.org/disastersandconflicts/portals/155/countries/Sudan/pdf/UNEP_1404_Live stock_mobility_V8_online.pdf](http://www.unep.org/disastersandconflicts/portals/155/countries/Sudan/pdf/UNEP_1404_Live_stock_mobility_V8_online.pdf)
- Krätli, S., Eldirani, O. H., & Young, H. (2013). Standing wealth. Pastoralist Livestock Production and Local Livelihood in Sudan. Medford, USA: Feinstein International Center, Tufts University. Includes: Policy Briefing Paper in English and Arabic. <http://fic.tufts.edu/publication-item/standing-wealth/>
- Monium, A., Young, H., Houser, R. F., & Coates, J. C. (2013). Agricultural Change, Land, and Violence in Protracted Political Crisis An examination of Darfur. Boston, USA: Oxfam America. <http://www.oxfamamerica.org/static/media/files/Darfur-Land-Research-Oxfam.pdf>
- Fitzpatrick, M. and H.Young (2013) Part One: A Review of Livestock-Based Livelihood Projects in Sudan, Medford, USA: Feinstein International Center, Tufts University. <http://fic.tufts.edu/publication-item/livestock-livelihoods-and-disaster-response-part-one/>
- Getachew, G.; Yousif, H.; Mohamed, A.; Negesse, B. and H.Young (2013) Part Two: Three Case Studies of Livestock Emergency Programmes in Sudan and Lessons Learned. Medford, USA: Feinstein International Center, Tufts University. <http://fic.tufts.edu/publication-item/livestock-livelihoods-and-disaster-response-part-two-2/>

- Young, H.; Rahim, A.; Mohamed, A. and M. Fitzpatrick (2012) Pastoralism and Pastoralists in Sudan: A Stakeholder Mapping and Survey. Short report. Feinstein International Center, Tufts University.
- Young, H. and S. Jaspars (2009). Review of Nutrition and Mortality Indicators for the Integrated Food Security Phase Classification (IPC) Reference Levels and Decision-making. A study commissioned by: The SCN Task Force on Assessment, Monitoring and Evaluation, and The Integrated Food Security Phase Classification (IPC) Global Partners.
- Young and Maxwell. (2009) Targeting in Complex Emergencies: Darfur Case-Study, Feinstein International Center, Tufts University for the World Food Programme
- Young, H. Jacobsen et al., (2009) Livelihoods, Migration and Conflict: Discussion of Findings from Two Studies in West and North Darfur, 2006 - 2007. Medford MA: Feinstein International Center, Tufts University
- Young, Helen, Abdal Monium Osman, Ahmed Abusin, Michael Asher, and Omer Egemi. 2009. Livelihoods, Power and Choice: The Vulnerability of the Northern Rizaygat, Darfur. Medford MA: Feinstein International Center, Tufts University. Medford MA.
- Young, H., A. e. K. Osman, et al. (2007). Sharpening the Strategic Focus of Livelihoods Programming in the Darfur Region. A report of four livelihoods workshops in the Darfur region (June 30 to July 11, 2007). Medford, Feinstein International Center, Tufts University.
- Young, H., A. Osman, et al. (2007). Strategies For Economic Recovery And Peace In Darfur; Why a wider livelihoods approach is imperative and inclusion of the Abbala (camel herding) Arabs is a priority. Medford, Feinstein International Center, Tufts University.
- Young, H. and A. M. Osman (2006). Evaluation Of WFP's Darfur Interventions: Design Phase. For Evaluation of EMOP 10339 World Food Programme (WFP) Food Assistance to Population Affected by Conflict in Greater Darfur, West Sudan. Medford, MA, Feinstein International Center, Tufts University.
- de Waal, A. and H. Young (2005). Steps Towards the Stabilization of Governance and Livelihoods in Darfur, Sudan. A paper for USAID.
- Jaspars, S., H. Young, et al. (1997). People on the edge. An evaluation of Oxfam's emergency intervention in Turkana. Oxford, Oxfam.

Papers for conferences, workshops etc

- Young, H. (2010) *Livelihoods, Climate Change and Conflict*. Presentation at "Adapting to Climate Change in Darfur: Retreat on the Environmental Challenges in three Darfur States" organized by the Office of the Humanitarian Coordinator/ UNAMID 22- 23rd March, 2010, El Fasher, North Darfur, Sudan.
- Young, H. (2009) Resource person and panelist at a one day meeting on 'Securing Peace, Promoting Trade and Adapting to Climate Change in Africa's drylands. Convened by DFID and the Agence Française de Développement (AFD), DFID, London. 3rd June, 2009.
- Young, H. (2009) Pastoralism, Power and Choice. Presented at the Humanitarian Studies Conference, Groningen, Holland. Feb 6, 2009
- Young, H. (2008) Embracing Complexity: A Case-Study of Livelihoods Vulnerability and Conflict in Darfur. Presented at the DFID/ DSA Policy Forum on "*International Development in the Face of Climate Change: Beyond Mainstreaming?*" 2nd June 2008 Greenwich University. DFID/DSA/Tyndale Centre/ South South North/ National Resources Institute

- Young, H. 2008, *Livelihoods Approaches in Conflict Settings: Why they are relevant to Unicef*, UNICEF, New York, Tuesday Feb 26th 2008
- Young, H., Jacobsen, K., et al., (2008) *A new conceptual understanding of livelihoods, migration and remittances in conflict settings*. Presented at the 11th conference of the International Association for the Study of Forced Migration, Cairo January 6 - 10, 2008
- Young, H., 2007, *Challenges Facing the Darfur Peace Process: The Livelihoods Gap*, Presented at the Christian Aid/ ODI Special Event "Darfur, Another Chance for Peace? Overseas Development Institute, 5th September 2007
- Young, H., 2007, *Capacity Development in Nutrition in Emergencies: A Distant Dream or Daily Reality?* Presented at the Workshop on Capacity Development for Nutrition in Emergencies, IASC Nutrition Cluster, Rome, 13-14 Sept 2007
- Young, H. (2006). Expert Opinion. Food Aid and Livelihood Support in the Darfur States, Western Sudan. Food Aid Forum, 6 - 8 June Khartoum, convened by the World Food Programme.
- Young, H. and A. M. Osman (2006). A conceptual framework and situational analysis of Darfur, to inform the Darfur Early Recovery Plan and Joint Assessment Mission Preparatory Workshop for the Darfur Early Recovery Plan and Joint Assessment Mission, July 17th to 20th, Khartoum, Sudan.
- Young, H. (2006) *Saving lives and supporting livelihoods: Food Aid Interventions in the Darfur States, and implications for Unicef's emergency response*" 18 May 2006, Unicef Headquarters, New York.
- Young, H., S. Jaspars, et al. (2005). Acute malnutrition, Benchmarking system for global humanitarian response. Workshop on "Tracking Health Performance and Humanitarian Outcomes", Geneva, 1- 2 December 2005 Inter Agency Standing Committee, World Health Organization.
- Young, H; Aklilu, Y; Were, G; Catley, A.; Leyland, T.; Borrel, A.; Raven Roberts, A.; Webb, P.; Holland, D; Johncheck, W., 2002, *Nutrition and Livelihoods In Situations of Conflict and other Crises; Reducing Vulnerability And Risk*. PAPER presented at the ACC/SCN 29th Session One-Day Symposium On Nutrition In The Context Of Crisis And Conflict. 11th March 2002, Berlin, Germany.
- Young, H., and Jaspars, S., 1992, *Nutritional Surveillance in times of crisis*. Presented at the Epicentre meeting 'Populations in Emergencies', Paris, October.
- Jaspars, S., and Young, H., 1992, *Are rich and poor equally vulnerable to famine? A paper commissioned for the Rural Development Seminar Series at the Institute of Social Studies, The Hague, Holland*.

Distance Learning and other Course Materials

- Young, H. 2005. *Implementing Sphere. The Food Security, Nutrition and Food Aid Standards*. RedR/ The Sphere Project, London, May 14th 2005.
- Tufts University/ Centers for Disease Control/ Columbia University, *Public Health and Nutrition in Emergencies, Training for Improved Practice*. A 10 day course offered by Tufts, CDC, Columbia to Unicef Technical Staff. (4 regional workshops from October 2002 to September 2003)
- Tufts University/ World Food Programme, *Nutrition in Emergencies*. Developed a five day course on public nutrition for staff of the World Food Programme, including a Trainers Toolbox. (completed 7 regional workshops 2000 to 2002)
- Unit 10, Part of *Nutrition in Developing Countries*, Module 4 of the Distance Learning Aspect of the Masters/ Post Graduate Diploma in Human Nutrition, Centre for Human Nutrition, University of Sheffield.

Young, H. & Bhatia, R. 1997. Teaching materials for the Inter-Action Course Health in Complex emergencies.

Young, H., 1994, Nutritional Surveillance Computer Assisted Learning Module (LEP - Nut), Part of the Epidemiology in Action Series, Liverpool School of Tropical Medicine, Liverpool.