

## Curriculum Vitae

Date Updated: August 17th, 2023

Name: **Christina D. Economos, Ph.D**

Title: Dean, Professor, New Balance Chair in Childhood Nutrition, Friedman School of Nutrition Science and Policy, Tufts University

Office Address: 150 Harrison Avenue, Boston, MA 02111

Phone, Email: [617-636-3784](tel:617-636-3784), [christina.economos@tufts.edu](mailto:christina.economos@tufts.edu)

## EDUCATION

### Undergraduate

1987 B.S. **Boston University:** Sargent College, Health Sciences/Cardiopulmonary Science. College of Liberal Arts: Minor in Biology/Pre-med

1986 **Michigan State University:** Spanish immersion summer abroad: Denia, Spain

### Graduate

1991 M.S. **Columbia University:** Teachers College, Applied Physiology and Nutrition

1996 Ph.D. **Tufts University:** Friedman School of Nutrition Science and Policy, Nutritional Biochemistry

## ACADEMIC APPOINTMENTS

7/23- Dean, Tufts University Friedman School of Nutrition Science and Policy, Boston, MA

7/22-6/23 Dean *ad interim*, Tufts University Friedman School of Nutrition Science and Policy, Boston, MA

10/21-6/22 Dean for Research Strategy, Tufts University Friedman School of Nutrition Science and Policy, Boston, MA

7/16 - Professor, Tufts University Friedman School of Nutrition Science and Policy, Boston, MA

1/18 - 6/22 Chair, Division of Nutrition Interventions, Communication, & Behavior Change, Tufts University Friedman School of Nutrition Science and Policy, Boston, MA

7/18- 6/22 Co-Director, Tufts Institute for Global Obesity Research (TIGOR) *on leave*

8/19 - Professor, Department of Public Health and Community Medicine, Tufts University School of Medicine

7/19 - Professor, Tufts Clinical and Translational Science Institute, Tufts University

9/10 – 8/19 Associate Professor of Public Health and Family Medicine, Tufts University School of Medicine, Boston, MA

4/09 – 7/16 Associate Professor, Tufts University Friedman School of Nutrition Science and Policy, Boston, MA

9/09 -7/23 Co-Founder, Director and Vice-Chair, ChildObesity180, Tufts University, Boston, MA

9/10 -6/13 Program Director, Nutrition Communications, Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA

1/07 - Faculty, Boston Nutrition Obesity Research Center

5/06 -	Adjunct Faculty Member, Tisch College of Citizenship and Public Service, Tufts University, Medford, MA
1/05 -	New Balance Chair in Childhood Nutrition, Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA
6/05 -11/13	Director, Children In Balance at the Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA
6/03 -7/13	Associate Director, John Hancock Center for Physical Activity, Nutrition, and Obesity Prevention at the Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA
9/01 – 9/10	Assistant Professor, Public Health and Family Medicine, Tufts University School of Medicine, Boston, MA
9/98 -6/02	Nutrition Concentration Leader, Masters in Public Health Program, Tufts University School of Medicine, Boston, MA
1/98 – 4/09	Assistant Professor, Tufts University Friedman School of Nutrition Science and Policy, Boston, MA
12/97 -	Adjunct Scientist, Jean Mayer USDA Human Nutrition Research Center on Aging at Tufts University, Boston, MA
9/91 - 12/95	Graduate Research Assistant, Jean Mayer USDA Human Nutrition Research Center on Aging at Tufts University, Boston, MA
9/88 - 9/90	Graduate Research Assistant, Columbia University, Teachers College Department of Movement Sciences and Education, New York, NY

### **PROFESSIONAL POSITIONS**

1/96 -10/97	Director, Massachusetts Osteoporosis Awareness Program and "5-A-Day for Better Health" Program; Director and Founder, MassMoves Program, Massachusetts Department of Public Health, Boston, MA
6/92 - 5/96	Nutrition Consultant, The Harvard Business School, Cambridge, MA

### **PROFESSIONAL DEVELOPMENT**

2016-2017	HERS Institute	Wellesley College	Leadership Training for Women in Higher Education
2010	Faculty Leadership Development Program	Tufts University	Training for University's Academic Leaders in Conflict Resolution
2000	Physical Activity and Public Health Post-Graduate Course	Park City, UT	Develop Research Competencies related to physical activity and Public Health

### **HONORS AND AWARDS**

2022	Mozaffarian Family Award for Public Impact	Tufts University	Awarded for exceptional public impact by working to improve regional, national, and/or international well-being for better health, equity, and/or sustainability
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2021	Presidential Faculty Award for Civic Life	Tufts University	Awarded for Outstanding Achievement in Civic Research
2018	Spirit of Exercise and Health Sciences Award	University of Massachusetts Boston College of Nursing and Research	Chosen as the recipient for the 32nd annual CNHS and Scholarship Day Health Sciences
2017	Health Care Star Award	Massachusetts Health Council	Honoree for excellence in contributions to health care
2017	Rose Mary Swartz Memorial Award	New York Greater Dietetic Association	Chosen as the annual recipient from the association
2015	Christopher Columbus Celebrate Discovery Award	Tufts University	Award from the president for excellence in discovery and innovation
2013	Leah Horowitz Humanitarian Award	Tufts University	Award for excellence in humanitarian efforts in addressing complex problems in the food
2013	Science Board Honor Award	President's Council on Fitness, Sports and Nutrition	Award for major contributions to the advancement and promotion of the science of physical activity and nutrition
2009	Innovators in Health Award	New England Healthcare Institute	Award for pioneers whose efforts reflect a spirit of innovation and collaboration in improving the quality of health care for families
2009	Stewart M. Lee Consumer Education Award	American Council on Consumer Interests	Award for significant contributions to the field of consumer education through teaching and research
2005	Woman of Valor Award	American Diabetes Association	Award for significant advancements diabetes research, health care, advocacy and outreach
2003 – 2005	Faculty Fellow	University College of Citizenship & Public Service	Awarded for excellence in interdisciplinary teaching and research, with integration of active citizenship in work
2000	Outstanding Faculty of the Year	Tufts University	Excellence in teaching
1996	"5 a Day for Better Health" Outstanding Leadership Award	National Cancer Institute	Leadership excellence in national nutrition promotion campaign
1993 - 1995	USDA Fellowship for Graduate Research	Tufts University	Academic excellence

1992 - 1993	National Research Service Award	Research Training Program in Nutrition and Aging, USDA Tufts University	Academic excellence
1989	Scholarship Award	Columbia University	Academic excellence

### **ACADEMIC COMMITTEE ASSIGNMENTS**

#### **Friedman School**

2021- 2022	Member	Dean's Cabinet
2020- 2021	Member	Feinstein International Center Director Search Committee
2020	Member	Food & Nutrition Innovative Institute Strategic Planning Committee
2018- 2022	Member	Academic Cabinet
2018- 2022	Member	Education Cabinet
2018- 2022	Member	Dean's Nutrition Advisory Committee
2010- 2022	Member	Admissions Committee
2015-2019	Chair	Faculty Search, Behavioral Science
2016-2017	Appointed Member	Strategic Plan Steering Committee
2014- 2022	Appointed Member	Faculty Campaign Committee
2010- 2022	Elected Member, Elected Chair (2017-2019)	Appointments, Tenure, and Promotions Committee
2009	Member	Friedman Obesity Symposium Planning Committee
2007 - 2010	Chair	Doctoral Exam Ad Hoc Task force
2007 - 2008	Co-Chair of Fundraising	Friedman School Alumni Council
2006 - 2009	Appointed Member	Food Policy and applied Nutrition Faculty, Search Committee
2006 - 2012	Elected Member	Executive Council, Friedman Alumni Council
1997 - 2008	Elected Member	Curriculum and Degrees Committee
2007	Member	Food Policy and Applied Nutrition, Curriculum Review Committee
2007	Member	Friedman Symposium Planning Committee
2006	Member	Nutrition Communication Curriculum Review Committee
2006	Invited Member	Dean's Council
1997 - 1998	Elected Member	Appointments and Promotions Committee

#### **University**

2023-	Member	Inclusion Executive Committee, Tufts University
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2023-	Member	Education Vision Steering Committee, Tufts University
2022-	Member	Dean's Council, Tufts University
2022-	Member	Academic Council, Tufts University
2022	Member	Presidential Search Committee, Tufts University
2021-2022	Member	New England Commission of Higher Education (NECHE) Working Group 4
2021	Invited Member	Provost Working Group
2020- 2021	Appointed Member	Vice Provost for Research Think Tank
2020-2022	Appointed Member	Tufts University Research Council
2018-2019	Appointed Member	One Health Working Group Office of the Vice Provost of Research, Tufts University
2018-2019	Appointed Member	Provost Search Committee, Tufts University
2013-2014	Appointed Member	Dean Search, Friedman School of Nutrition
2012-2013	Appointed Member	Strategic Plan (T10) Active Citizens Working Group
2013	Appointed Sponsor	University Web Services Working Group
2006 - 2008	Steering Committee Member	Tufts Community Research Center
2008	Appointed Member	Research Administration Search Committee
2007, 2012	Invited Member	Clinical and Translational Science Awards Grant Committee
2007-	Member	Research Committee, Tisch College
2005 - 2007	Member	Tufts University Center for Children Steering Committee
1998 - 2002	Chair	Tufts University Student Wellness Committee
1998-2000	Member	Tufts University Eating Disorders Taskforce

#### **BOARD MEMBERSHIPS AND INVITED PANEL APPOINTMENTS**

2023-	Advisory Board Member (unpaid)	PLEZi
2023-	Board Member	Portion Balance Coalition Scientific Advisory Board
2023-	Member	Pennington Biomedical Greoux Healthy Scientific Advisory Committee
2022-	Co-Chair	Planning committee for the Roundtable on Obesity Solutions: Translating Knowledge of Foundational Drivers of Obesity into Practice

2021-	Invited Co-Chair	BOND-KIDS Working Group 4, National Institute of Health (NIH)
2020 -	Scientific Advisory Board Invited Member	New Jersey Healthy Kids Initiative, Rutgers University
2020	Co-Chair	Planning Committee for National Academies of Sciences, Engineering and Medicine workshop: on Using Systems Applications to Inform Obesity Solutions
2019-2020	Co-Chair	Planning Committee for National Academies of Sciences, Engineering and Medicine workshop: on Integrating Systems and Sectors Towards Obesity Solutions
2019-	Invited Advisory Member	Nutrition Obesity Research Center (NORC), University of Alabama, Birmingham
2019-	Vice Chair	National Academies of Science Roundtable on Obesity Solutions
2013-2019	Invited Member	National Academies of Science Roundtable on Obesity Solutions
2018-	Invited Member	Portion Balance Coalition, Georgetown School of Business
July 2018-	Obesity Evidence Base Invited Member	NCCOR External Expert Panel for Childhood
2018	Co-Chair	Committee for National Academies of Sciences, Engineering and Medicine workshop: Current Status and Response to the Global Obesity Pandemic- A Workshop
July 2017- June 2018	Invited Member	American Society for Nutrition Annual Meeting Planning Committee: Nutrition 2018
Mar-June 2017	Invited Member	Planning Committee for National Academies of Sciences, Engineering and Medicine workshop: Strategies to Limit Consumption of Sugar-Sweetened Beverage Consumption in Young Children workshop
2013 - 2017	Invited Member	American Heart Association's Nutrition Council on Lifestyle and Cardiometabolic Health
Jan 2017	Invited Reviewer	Obesity Strategically Focused Research Network, American Heart Association
2017-2018	Member, Review	TIE Environmental Research Fellowships
2017-2022	Scientific Advisory Board Member	Care/of
2016	Member	Planning Committee for National Academies of Sciences, Engineering and Medicine workshop: Driving Progress in Obesity Prevention and Treatment: Moving to the Next Level
2015	Member	Planning Committee for National Academies of Sciences, Engineering and Medicine workshop: the Role of Physical Activity in the Prevention and Treatment of Obesity- A Workshop

2014-2017	Appointed Member	The Obesity Society Advocacy Committee
2014-2017	Appointed Member	The Obesity Society Advocacy Committee
2013-2014	Member	Planning Committee for National Academies of Sciences, Engineering and Medicine workshop: Creating Equal Opportunities for a Healthy Weight- A Workshop
2013 - 2014	Advisory Board Member	New England Dairy and Food Council
2012 - 2013	Appointed Member	Institute of Medicine's Standing Committee on Childhood Obesity
2012 - 2013	Nominated and Appointed Member	Massachusetts Food Policy Advisory Council
2011-2017	Invited Member	Health and Wellness Advisory Council, National Dairy Council (NDC) and the GenYOUth Foundation
2010 - 2012	Appointed Member	Institute of Medicine's Committee on Accelerating Progress in Obesity Prevention
2010 - 2013	Appointed Member (Chair: 2012-2013)	Public Policy Committee, American Society for Nutrition
2009 - 2010	Member	American Diabetes Association, National Prevention Committee
2009	Elected Officer	Nominating Committee, American Society for Nutrition
2009	Invited Member	National Heart, Lung and Blood Institute "Obesity and Other Cardiovascular Risk Factors in Congenital Heart Disease" Working Group
2008 - 2010	Nominated and Appointed Member	Institute of Medicine's Committee on an Evidence Framework for Obesity Prevention Decision- Making
2008 - 2010	Appointed Member	Public Information Council, American Society for Nutrition
2008 - 2010	Childhood Nutrition Advisory Board	Chartwells School Dining Services
2008	Member	Massachusetts Obesity Taskforce, Department of Public Health
2008	Expert Panelist	Centers for Disease Control's Translation, Dissemination, and Evaluation of the Task Force on Community Preventive Services Recommendations, and Promising Practices for the Prevention and Control of Obesity
2007 - 2008	Youth Subcommittee Consultant	Department of Health and Human Services, Physical Activity Guidelines Advisory Committee
2007 - 2008	Board Member	John C. Stalker Institute of Food and Nutrition
2007 - 2009	Elected Board Member	Shaping America's Health, American Diabetes Association
2006 -	Advisory Board Member	National Milk Processor's Education Program
2006 - 2007	Expert Panelist	Vida Health "After School Gets Moving"

2005 - 2008	Appointed Member	Massachusetts Governor's Committee on Nutrition
2004 - 2006	Advisory Board Member	United Way of Mass Bay
2003 - 2008	Advisory Panel Member	National Dairy Council, 3-A Day
2003 - 2006	Advisory Panel Member	American Academy of Family Physicians, Americans in Motion
2003 – 2004	Advisory Board Member	Walk to School National, University of North Carolina
1999 - 2000	Vice President	National Association of Governor's Councils on Physical Fitness and Sports
1998 - 1999	Board of Directors	National Association of Governor's Councils on Physical Fitness and Sports
1997 - 2001	Appointed Member	Massachusetts Governor's Committee on Physical Fitness and Sports

### **TRAINING OF GRADUATE STUDENTS**

#### **Post-doctoral Advisor**

1999 – 2001	<b>Annie Wetter, PhD</b>	Postdoctoral Fellow	Currently Professor University of Wisconsin, Stevens Point
2009 – 2012	<b>Alison Tovar, PhD</b>	Postdoctoral Fellow	Currently Associate Professor, Brown University
2012 – 2014	<b>Stephanie Anzman-Frasca, PhD</b>	Postdoctoral Fellow	Currently Associate Professor University of Buffalo, School of Medicine
2013 – 2014	<b>Kristie Hubbard, PhD</b>	Postdoctoral Fellow	Currently Senior Nutritionist Food and Nutrition Service, USDA, San Francisco, CA
2015-2016	<b>Daniel Hatfield, PhD</b>	Postdoctoral Fellow	Currently Senior Researcher, FHI 360
2015-2019	<b>Eleanor Shonkoff, PhD</b>	Postdoctoral Fellow	Currently Assistant Clinical Professor, Merrimack College
2020-	<b>Travis Moore, PhD</b>	Postdoctoral Fellow	Currently Postdoctoral Scholar, Friedman School, Tufts University - community-based research and network science
2022-	<b>Danielle Krobath, PhD</b>	Postdoctoral Fellow	Currently Postdoctoral Scholar, Friedman School, Tufts University - Obesity and Equity
2023-	<b>Kia Jones, PhD</b>	Postdoctoral Fellow	Currently Postdoctoral Scholar, Friedman School, Tufts University

#### **Post-doctoral Mentor**



2012 – 2014	<b>Edward Coffield, PhD</b>	Prevention Effectiveness Fellow, Centers for Disease Control	Currently Assistant Professor, Hofstra University
<b>Early Investigator Mentor</b>			
2016 -	<b>Juliana Cohen, ScM, ScD</b>	K Award Primary Mentor	Currently Associate Professor, Merrimack College, Dept. of Health Sciences <i>and</i> Adjunct Assistant Professor, Harvard T.H. Chan School of Public Health
2017-2020	<b>Adolfo Cuevas, PhD</b>	K Award Primary Mentor	Currently Assistant Professor New York University, School of Global Public Health
<b>Early Career Mentor</b>			
2019-	<b>Larissa Calancie, PhD</b>	Friedman School, Tufts University	Research Assistant Professor, Friedman School, Tufts University - NIH BIRCWH Awardee
2019-2023	<b>Nicole Tichenor Blackstone, PhD</b>	Friedman School, Tufts University	Assistant Professor, Friedman School, Tufts University
2019-2023	<b>Erin Hennessy, MPH, PhD</b>	Friedman School, Tufts University	Assistant Professor, Friedman School, Tufts University
2017	<b>Laura Hopkins, MSPH, RD, LD</b>	Ohio State University	American Society of Nutrition (ANS) Science Policy Fellowship Mentor
2017	<b>Nicole Nathan, PhD</b>	University of New Castle	Research Fellow, University of New Castle; Hunter New England Local Health District International Society of Behavioral Nutrition and Physical Activity (ISBNPA) Mentor

#### **Post-doctoral Advisee Awards**

**Eleanor Shonkoff:** Center for Excellence in Learning and Teaching: Tufts Innovates Seed Grant, Tufts University, Technology Industry Methods for Solving Public Health Challenges: Community-based innovation through the lens of social psychology, Co-PI. 7/1/17 – 7/1/18. This project is designed to foster transformational learning by applying current social psychological research and technology industry innovation methods to solving public health issues.

**Alison Tovar:** Participant, NIH/NHLBI R25 “PRIDE” (Programs to Increase Diversity among Individuals Engaged in Health-Related Research) Summer Institute on Mentoring Researchers in Latino Health Disparities, San Diego University, 2013 – 2014; Understanding the Parent-Child feeding Relationship among New Immigrants, Post-doctoral Diversity Supplement, funding agency: NIH-NICHD, 1R01HD057841-01 (Dr. Christina D. Economos, PI); Participant, Built Environment Assessment Training Institute, University of Pennsylvania’s Center for Health Behavior Research and Harvard Prevention Research Center, 2012; Participant, Physical Activity and Public Health Course, CDC/University of South Carolina, Hilton Head, South Carolina, 2011.

**Stephanie Anzman-Frasca:** Pediatric Obesity Society Poster of Excellence Award, The Obesity Society Annual Meeting, 2013; Early Career Representative, The Obesity Society Pediatric Obesity Section (elected position), 2014 – 2016; Grant: CDC 1R43HD080501-01A1, Increasing supply and demand for healthful kids’ restaurant meals, PI on sub-award (E. Hill, PI), 9/2014 – 7/2015.

**Travis R. Moore:** Recipient, featured paper award, Systems Journal (2020); Co-I, NIH-NIAA (R01908410), a project simulating the drivers of alcohol-involved sexual violence among sexual and gender minority students on college campuses (2022-2026); Consultant, NSF (1952022), a project understanding the most effective ways to engage community members in using technology and data as tools for influencing change in Wisconsin (2020-2022); highlighted in Tufts University Office of the Vice Provost for Research online research briefs (2022).

#### Doctoral Thesis Advisor and Committee Chair

2006- August 2009	<b>Sonya Irish Hauser, PhD</b> <i>Developing and Evaluating a Web-based Delivery Mechanism for an After School Nutrition and Physical Activity Curriculum</i> Friedman School of Nutrition at Tufts University, New Balance Fellow	Currently Associate Professor and MS Nutrition Program Director, The Sage Colleges, Troy, NY
2006 – April 2010	<b>Erin Hennessy, PhD</b> <i>Understanding the Relationship Between Parenting and Child Overweight in Low-income Rural American Families</i> Friedman School of Nutrition at Tufts University, New Balance Fellow	Currently Assistant Professor, Friedman School, Boston, MA
2008 – May 2013	<b>Rebecca Boulos, PhD</b> <i>How do Lifestyle Health Behaviors, Stress and Coping Influence Weight Status During Periods of Transition?</i> Friedman School of Nutrition at Tufts University USDA Obesity Fellow	Currently Assistant Professor, University of Southern Maine, Portland, ME
2009 – May 2014	<b>Sarah Sliwa, PhD</b> <i>The Process of Community Based Participatory Research for Obesity Prevention: Partnership Synergy, Co-creation, and Participant Experiences</i> Friedman School of Nutrition at Tufts University Friedman Citizen's Doctoral Fellow	Currently Health Scientist Centers for Disease Control and Prevention, Atlanta, GA
2009 – May 2014	<b>Emily Kuross, PhD</b> <i>The Process of Community Based Participatory Research for Obesity Prevention: Partnership Synergy, Co-creation, and Participant Experiences</i> Friedman School of Nutrition at Tufts University Friedman Citizen's Doctoral Fellow	Currently President, Vikre Distillery, Deluth, MN
2011 - December 2014	<b>Dan Hatfield, MS, PhD</b> <i>Identifying new associations between physical activity and cardiometabolic risk, aerobic fitness, and adiposity and exploring physical activity correlates in high-risk youth</i> Friedman School of Nutrition at Tufts University New Balance Fellow	Currently Senior Researcher, FHI 360
2012 – December 2016	<b>Stacy Blondin, MSPH</b> Friedman School of Nutrition at Tufts University USDA Obesity Fellow	Currently Behavioral Science Associate, World Resources Institute, Washington, DC

2013 - August 2017	<b>Megan Mueller, MPH</b> Friedman School of Nutrition at Tufts University New Balance Fellow	Currently Assistant Professor, Colorado State University, Fort Collins, CO
2016 – 2020	<b>Ariella Korn, MS</b> Friedman School of Nutrition at Tufts University	Currently Associate Policy Researcher, RAND, NCI Fellow 2020-22
2017 – 2022	<b>Danielle Krobath, MS</b> Friedman School of Nutrition at Tufts University	Currently Postdoctoral Scholar, Friedman School, Tufts University- Obesity and equity
2018 – 2023	<b>Violeta Chacon</b> Friedman School of Nutrition at Tufts University	Currently Doctoral Candidate, Friedman School, Tufts University
2019 – 2023	<b>Thanit Vinitchagoon (Pao)</b> Friedman School of Nutrition at Tufts University	Currently Assistant Instructor / Dietitian, The Institute of Nutrition, Mahidol University in Thailand
2022 – present	<b>Katherine Alonso</b> Friedman School of Nutrition at Tufts University	Currently Doctoral Candidate, Friedman School, Tufts University
2022 – present	<b>Yuilyn Chang Chusan</b> Friedman School of Nutrition at Tufts University	Currently Doctoral Candidate, Friedman School, Tufts University

#### **Pre-doctoral Advisee Awards**

**Erin Hennessy:** Cancer Prevention Fellowship Program, Cancer Research Training Award, National Cancer Institute, National Institutes of Health, 2010 – 2014; New Balance Fellowship in Childhood Nutrition, 2006 – 2010; CDC 1R36DP001325-01 Centers for Disease Control and Prevention Public Health Research Dissertation Award, Understanding childhood obesity in a diverse population of low-income children living in rural America, 2008 – 2009.

**Rebecca Boulos:** Student Commencement Speaker, Tufts University Friedman School of Nutrition Science and Policy, 2013; Significant Impact on Undergraduate Education Award Nomination, Tufts University, 2013; Scholarly Travel Fellowship, Food Policy and Applied Nutrition Department, 2013; Tufts University Graduate Institute for Teaching Fellow, 2012; Scholarly Travel Fellowship, Office of the Provost, Christian Herter Fund, 2010 – 2013; USDA Pre-Doctoral Fellowship, 2008 – 2012.

**Sara Sliwa:** Evaluation Fellowship, Centers for Disease Control and Prevention/ORISE (5% of applicants selected), 2013; Christine Mirzayan Science and Technology Policy Fellowship, National Academies of Science (<10% of applicants selected), 2012; Food Policy and Applied Nutrition Conference Travel Award, 2012; American Time Use Workshop: Training and Travel Award, 2011; New Balance Childhood Nutrition Doctoral Fellowship, 2009.

**Emily Kuross:** Friedman School of Nutrition Science and Policy Fellowship, Tufts University, 2008 – 2013; Tufts University Provost's Fellowship for Interdisciplinary Work, 2008 – 2011.

**Daniel Hatfield:** Student commencement address, Tufts Friedman School of Nutrition Science and Policy, 2015; Citation as “top reviewer,” American Journal of Preventive Medicine; Honos Civicus, Tufts University, 2014; New Balance Fellowship, Tufts University, 2012 – 2014; USDA Doctoral Fellowship in Obesity, Tufts University, 2011 – 2012; New Balance Foundation (\$100,000/year), grant application co-author/co-presenter for East Boston Neighborhood Health Center's Let's Get Movin' program, 2012-2015; William L. Boyan Award, Boston Children's Hospital (\$50,000), application co-author and finalist co-presenter for Let's Get Movin' program, 2013.

**Stacy Blondin:** USDA National Needs Fellowship; Tufts University Provost Fellowship; APHA Annual Meeting Student Scholarship; Tufts Institute for the Environment (TIE) Fellowship; National Evidence Library Fellowship, Tufts Friedman School student scholarly travel award, 2014 and 2016.

**Megan Mueller:** New Balance Fellowship, 2013 – 2016; Tufts University Provost Fellowship, 2013 – present; nominated for the International Society for Behavioral Nutrition and Physical Activity Student Oral Presentation Award, 2016; Tufts University Scholarly Travel Award, 2013 and 2016.

**Ariella Korn:** New Balance Doctoral Fellowship in Childhood Nutrition 2016-present; nominated for the International Society for Behavioral Nutrition and Physical Activity Student Oral Presentation Award for Behavioral Nutrition and Physical Activity, 2019; Scholarship, Friedman School of Nutrition Science and Policy, Tufts University, 2013 – 2014; Five-time Scholarly Travel Award Recipient, Friedman School of Nutrition Science and Policy, Tufts University, 2016 – 2019; Travel Award, 3rd Short Course on Strengthening Causal Inference in Behavioral Obesity Research, University of Alabama at Birmingham, 2017.

**Thanit Vinitchagoon,** Young Investigator Excellent Abstract Award Given for presentation -'Dietary pattern with more fruits and vegetables in children of recent US immigrants is associated with better nutrient intake and weight status' in recognition of substantial contributions to the field of nutrition on 12/11/2022 by International Congress of Nutrition in Tokyo, Japan

#### Doctoral Thesis Committee Member

2021- present	<b>Kassidy Sharpe, MS</b> University of Georgia	
2021- present	<b>Ana Maafs Rodriguez, MS</b> <i>PhD in Nutrition Interventions, Communication and Behavior Change</i>	
2020- 2022	<b>Meghan O'Hearn, MS</b> <i>Estimating dietary drivers of the type II diabetes burden globally and developing novel investor-driven business solutions to addressing customer diet-related cardiometabolic health</i>	
2018-2022	<b>Gabriella Fretes, MS</b> The Role of the Chilean Urban School Environment in Children's and Adolescents' Food Choices and Dietary Intake	Currently Associate Research Fellow at the International Food Policy Research Institute (IFPRI), Washington, DC
2017-2022	<b>Alex Stern, MPH</b> <i>Sustainability in the National School Lunch Program: An assessment of the healthfulness, environmental impact, economic costs, and cultural implications of school lunch in the United States</i>	Currently Food Waste Reduction ORISE Fellow at the US Environmental Protection Agency (EPA), Washington D.C.
2016-2021	<b>Sara John, MS</b> <i>Improving the Healthfulness of the Supplemental Nutrition Assistance Program: Assessing the Impact of Fruit and Vegetable Incentives on Retailers and Customers across Diverse Retail Environments</i>	Currently Senior Policy Analyst at the Center for Science in the Public Interest (CSPI), Washington, D.C.
2015-2018	<b>Micaela Karlsen, MS</b> <i>Diet Quality and Predictors of Long-Term Adherence to Popular Diets: Using Data from the ADAPT Study</i>	Currently Director of Research at the American College of Lifestyle Medicine, Dallas, TX

2015-2018	<b>Nicole Schultz, MS</b> <i>School Employee Wellness: Understanding Health Behaviors and Identifying Opportunities for Student and Staff Health Promotion</i>	Currently Wellness Advisor at Schultz Financial Group Inc.
2006 – 2008	<b>Enju Liu, PhD</b> <i>Vitamin D Status in Relation to Insulin Resistance and Type 2 Diabetes Mellitus (DM) in the Framingham Offspring Cohort</i> Friedman School of Nutrition at Tufts University	Currently Research Scientist, Harvard University
2006 – 2008	<b>Rebecca Seguin, PhD</b> <i>Factors Related to Older Women's Exercise Adherence and to Leader Implementation of a Community Strength Training Program</i> Friedman School of Nutrition at Tufts University	Currently Associate Professor, Associate Director of AgriLife Research Texas A&M
2006 - 2007	<b>Pamela Anderson, PhD</b> <i>Weight Trajectories and Positive Development in Early Adolescent Females: An Analysis of the Links Between Martial Status, Life Style Behaviors, and Psychosocial Functioning.</i> Child Development Studies at Tufts University	Currently Senior Research Associate, ETR Associates, CA
2003 – 2005	<b>Sara Folta, PhD</b> <i>Using School Public Address (PA) Systems to Deliver Nutrition Messages to Children.</i> Friedman School of Nutrition at Tufts University	Currently Dean for Faculty Affairs, Associate Professor, Tufts University

**MS and/or MPH Advisor (past 5 years)**

2016-2017	<b>Melanie Adams, MS, MPH</b> Friedman School of Nutrition at Tufts University
2016-2017	<b>Madeline Bennett, MS</b> Friedman School of Nutrition at Tufts University
2016-2018	<b>Erin Child, MS</b> Friedman School of Nutrition at Tufts University
2016-2018	<b>Theodore Fitopoulos, MS</b> Friedman School of Nutrition at Tufts University
2016-2018	<b>Danielle Krobath, MS</b> Friedman School of Nutrition at Tufts University
2016-2018	<b>Hannah Macfarlane, MS</b> Friedman School of Nutrition at Tufts University
2016-2018	<b>Eva Greenthal, MS, MPH</b> Friedman School of Nutrition at Tufts University
2016-2019	<b>Emily Edelson, MS</b> Friedman School of Nutrition at Tufts University

2016-	<b>Yvette Penner, MS</b> Friedman School of Nutrition at Tufts University
2018-2019	<b>Victoria Morgan MS</b> Friedman School of Nutrition at Tufts University
2018-2020	<b>Aliza Baskir, MS</b> Friedman School of Nutrition at Tufts University
2018-2021	<b>Rougu Li, MS, MPH</b> Friedman School of Nutrition at Tufts University
2019-2021	<b>Yu Lun Lin, MS</b> Friedman School of Nutrition at Tufts University
2019-2021	<b>Alexandra McGowan, MS</b> Friedman School of Nutrition at Tufts University
2019-2021	<b>Michelle Severs, MS</b> Friedman School of Nutrition at Tufts University
2019-2021	<b>Zhiyi Sun, MS</b> Friedman School of Nutrition at Tufts University
2020- 2022	<b>Shania Clark, MS</b> Friedman School of Nutrition at Tufts University
2020- 2022	<b>Suzannah Gerber, MS</b> Friedman School of Nutrition at Tufts University
2020- 2022	<b>Binyamin Lightfoot, MS</b> Friedman School of Nutrition at Tufts University
2020- 2022	<b>Rana Samad, MS</b> Friedman School of Nutrition at Tufts University
2020- 2022	<b>Sean Thompson, MS/MPH</b> Friedman School of Nutrition at Tufts University
2021- 2022	<b>Samantha Morley, MS</b> Friedman School of Nutrition at Tufts University
2021- 2022	<b>Alessandra Strong, MS</b> Friedman School of Nutrition at Tufts University
2021- 2022	<b>Gabriela Garcia de Olivera, MS</b> Friedman School of Nutrition at Tufts University
2021- 2022	<b>Andrea Velasco Nieves, MS</b> Friedman School of Nutrition at Tufts University
2021- 2022	<b>Muyang Wu, MS</b> Friedman School of Nutrition at Tufts University
2021-2022	<b>Zihan Yu, MS</b> Friedman School of Nutrition at Tufts University
2021-2022	<b>Hannah Elliott-Higgins, MS</b> Friedman School of Nutrition at Tufts University

2022

**Sora Johnson, MS**

Friedman School of Nutrition at Tufts University

**Graduate Students Advisor and Supervisor: 1998 - present**

Advisor	<b>100+</b> Masters in Nutrition and/or Public Health students
Applied Learning Students Experience preceptor	<b>3</b> Masters in Public Health students Experience preceptor
Teaching assistantship supervisor	<b>7</b> Masters students, <b>4</b> PhD students
Directed study supervisor	<b>11</b> Masters students
Internship supervisor	<b>3</b> Masters students
Thesis Committee Member	<b>2</b> Masters students

**Undergraduate Student Advisor and Supervisor: 1998-2009**

Internship supervisor	<b>5</b> undergraduate students
Teaching assistantship supervisor	<b>1</b> undergraduate student
Directed study supervisor	<b>6</b> undergraduate students
Committee member for senior honors	<b>3</b> undergraduate students

**TEACHING RESPONSIBILITIES**

2022	Course Director/Instructor	Directed Seminar: Experiential education, intervention design and community engaged research toward nutrition
2021, 2022	Guest Lecturer	Food, Culture and Nutrition Course at Johns Hopkins Bloomberg School of Public Health
2020- present	Course Director/Instructor	Grant Writing for Doctoral Research
1997 - present	Annual Lecturer	Tufts University (~ 5/year) at the Friedman School, College of Arts and Sciences, Community Health Program
2008 – 2011	Course co-Founder/Director	University Seminar, International Perspectives on Child and Youth Development in Exceptionally Difficult Circumstances
2009	Course co-Director	Community Health Nutrition Friedman School of Nutrition Science and Policy, Tufts University
1995 - 2005	Course Director Primary Teaching Role	Introduction to Nutrition, College of Arts and Sciences and the Friedman School, Tufts University
1999 – 2004	Annual Lecturer	Tufts University, School of Medicine, and Dental School
1995 - 2002	Annual Guest Lecturer	Boston University, Sargent College
2008	Guest Lecturer	Harvard School of Public Health
2010	Guest Lecturer	Boston University School of Public Health

**PROFESSIONAL SOCIETIES**

**Current**

Member	American Society of Nutrition
Member	American Public Health Association
Member	Obesity Society

Member International Society for Behavioral Nutrition and Physical Activity

Member American Society of Nutrition

**Past**

Member American College of Sports Medicine

Member Society for Clinical Densitometry

**REVIEW PANELS**

February 2021	Invited reviewer	Danone International Prize for Alimentation, The Danone Institute International
March 2020, 2021	Invited reviewer	NORC Pilot Program University of Alabama, Birmingham
September 2019	Invited reviewer	Fellowship Reviewer, American Heart Association
January 2017	Invited reviewer	Obesity Strategically Focused Research Network, American Heart Association
November 2017	Invited reviewer	Time-Sensitive Obesity Policy and Program Evaluation (R01), National Institutes of Health
May 2016	Invited reviewer	Peer Reviewer, American Heart Association
2016- present	Invited reviewer	Healthy Eating Research, Robert Wood Johnson Foundation
Nov-14	Invited member	BNORC Pilot and Feasibility Review, Boston Nutrition and Obesity, Research Center Review Panel
October 2014, 2012	Invited member	Pilot Studies Core, Global Obesity Prevention Center, Grant Program Review Panel, Johns Hopkins Bloomberg School of Public Health
May 2014	Invited member	Special Emphasis Panel, Time Sensitive Obesity prevention, NIH
June 2012	Invited Member	NHLBI Healthy Communities Study (HCS) Certainty Community Selection Committee (CCSC)
November 2009	Invited Member	NIH, Minority Biomedical Research Support Awards Review Panel
June 2009	Invited Member	NIH, Healthcare Delivery and Methodologies Group Review Panel
March 2008	Invited Member	NIH, Minority Biomedical Research Support Awards Review Panel
December 2007	Ruckus Nation Judge	Hope Lab idea competition
June 2007	Invited Member	NIH, National Institute of Arthritis, Musculoskeletal and Skin Disease Review Panel
November 2005	Invited Member	NIH, Special Emphasis Panel, Health of the Population (HOP) Integrated Review Panel

**MAJOR RESEARCH INTERESTS**



My bio-behavioral research studies are interdisciplinary and include theory-based obesity prevention interventions, using the social-ecological model, with ethnically and socio-economically diverse populations in urban and rural communities, schools, and out-of-school environments. I currently serve as the principal investigator on multiple large-scale, community-based interventions that examine childhood nutrition and physical activity with the goal of improving the health of America's children, being intentional and strategic to reach those most at risk for obesity. I led Shape Up Somerville (CDC funded) which demonstrated a successful reduction in undesirable weight gain among diverse and underserved elementary school students through implementation of nutrition and physical activity interventions. My Live Well study (NIH funded) was a preventive intervention developed with active input from community partners to moderate or reduce weight gain among new immigrant women and their children. In partnership with Save the Children, I led the CHANGE study which was designed to improve physical activity and nutrition behaviors in rural communities in KY, SC, MS, and CA. More recently, my expertise as an implementation scientist has enabled me to lead research that uses systems science to understand the diffusion of intervention components in communities. Through the COMPACT grant (NIH funded), Tufts University, is working to understand "what works, for whom, and under what conditions" with respect to "whole of community" obesity prevention interventions.

## **RESEARCH SUPPORT**

### **Current Research Support**

The JPB Foundation \$999,999 <i>Healthy Harlem Replication</i>	Economos (co-PI)	11/1/20-10/31/23
National Institutes of Health/NCI \$1,359,320 <i>Supporting Physical Literacy at School and Home (SPLASH) Study</i>	Hennessey (PI) Role: Co-Investigator	3/1/19-2/28/24
GR-2020-2503 The JPB Foundation \$2,000,000 <i>Catalyzing Communities to Promote Child Health Equity</i>	Economos (PI)	3/1/21 - 2/28/24
USDA / Food and Nutrition Service \$8,500,000 <i>WIC Telehealth Innovations Project Cooperative Agreement</i>	Hennessey (PI) Role: Co-Investigator	10/1/19-9/30/24
USDA NIFA \$969,999 <i>Changing the Culture of Health: Creating and testing an evidence-based wellness program for diverse Head Start centers using an integrated research and education approach</i>	Economos (PI)	1/1/22 – 12/31/24
National Institutes of Health R01HD107492 \$281,547 <i>Evaluation of a District-Wide Initiative to Improve School Meal Consumption and Physical Activity Levels among Elementary Students in Anchorage, Alaska</i>	Cohen (PI) Role: Co-Investigator	8/26/21-5/31/26

NIH R01MD018208 \$6,669,941 <i>A multilevel community engaged intervention to build a sustainable and equitable food economy with food is medicine offerings in the Mississippi Delta to improve minority health and reduce disparities</i>	Economos (co-PI)	10/1/22-9/30/27
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### Completed Research Support

National Institutes of Health / National Cancer Inst \$222,022 <i>AC/DC: Artificial Intelligence and Computer</i>	Hennessey (PI) Role: Co-Investigator	5/13/20 – 4/30/22 (no cost ext)
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Newman's Own Foundation (gift) \$36,000 <i>ChildhoodObesity180 Communications</i>	Economos (PI)	1/1/22-12/31/22
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Tufts University Office of the Provost \$390,000 <i>Tufts Institute for Global Obesity Research</i>	Economos (co-PI)	10/1/19 – 12/31/22
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National Institute of Food and Agriculture \$238,500 <i>National Needs Graduate Fellowships Program</i>	Economos (PI)	9/1/18-8/31/22
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New Balance Foundation \$27,576 <i>Racing to a More Active Future: Building a Plan to Relaunch the New Balance Foundation Billion Mile Race</i>	Economos (PI)	4/1/21 – 3/31/22
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The JPB Foundation \$1,050,000 <i>Catalyzing Communities to Prevent Obesity</i>	Economos (PI)	3/1/19-2/28/21
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The Walmart Foundation \$757,338 <i>You're the Mom Initiative</i>	Economos (PI)	9/1/18-11/30/20 <i>no cost extension through 3/21</i>
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The JPB Foundation \$447,510 <i>Healthy Harlem Development, Scale Up, and Evaluation</i>	Economos (PI)	12/1/18-8/31/20
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America's Promise Alliance \$205,000 <i>Healthy School Environments Initiative</i>	Economos (PI)	8/1/17-6/30/20
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Partnership for A Healthier America \$174,998 <i>Healthy Campus Initiative</i>	Economos (PI)	9/1/18-6/30/20
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Tufts University Office of the Provost \$45,000 <i>Tufts Global Obesity Collaborative</i>	Economos (PI)	10/1/18-8/31/19
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The Boston Foundation \$300,000 <i>ChildObesity180 Expands walking/running clubs within Public Schools in Boston</i>	Economos (PI)	7/1/16 – 6/30/19
Friedman School Food for Thought Seed Program \$28,571 <i>Discovering the antecedents of child feeding</i>	Hennessy (PI) Role: Co-Investigator	5/1/18-4/30/19
Tufts Clinical and Translation Science Institute Pilot Studies \$30,000 <i>Refinement and Testing of a Novel Multi-Method Survey to Assess Stakeholder-Driven Community Diffusion of Childhood Obesity Prevention Efforts</i>	Economos (PI)	5/1/18-4/30/19
The JPB Foundation \$137,000 <i>Catalyzing a Community to Prevent Obesity: A Systems Approach</i>	Economos (PI)	3/1/17-2/28/19
The JPB Foundation \$300,000 <i>ChildObesity180: Reverse the Trend—Catalyzing a Community to Prevent Obesity: A Systems Approach</i>	Economos (PI)	12/1/17 – 6/30/18
New York Road Runners \$74,695 <i>Billion Mile Race Transition to New York Road Runners</i>	Economos (PI)	1/2/2018 – 6/30/2018
NIH 1R01HL115485-01 \$3,354,084 <i>COMPACT</i>	Economos (Co-PI)	9/1/13 – 5/31/18
NIH 1R01HL115485-01A1 \$1,032,243 <i>Shape Up Under Five – Under COMPACT</i>	Economos (PI) <i>(subcontract)</i>	9/1/13 – 5/31/18
The JPB Foundation \$3,000,000 <i>ChildObesity180 Core Strategic Partnership</i>	Economos (PI)	3/1/15 - 2/28/18
New Balance Foundation \$2,550,000 <i>Active Schools Acceleration Project Billion Mile Challenge &amp; Expansion: The Billion Mile Race</i>	Economos (PI)	3/1/15 – 12/31/17
Newman's Own Foundation \$650,000 <i>Nutrition Research and Evaluation of Effective Food Access Programs</i>	Sacheck (PI) Role: Co-Investigator	12/1/14 – 11/30/17

Robert Wood Johnson Foundation \$6,000,000 <i>ChildObesity180</i>	Economos (PI)	9/1/14 - 8/31/17
NICHD 1R01HD080180 \$2,354,328 <i>Understanding the Impact of School-Based Physical Activity Programs (The FLEX Study: Fueling Learning through Exercise)</i>	Role: Co-Investigator	10/1/14 - 9/20/17
USDA 2014-69001-21756 \$149,998 <i>A Retail Coupon Intervention to Promote Healthy Snack Options among Adolescents in Convenience Stores: The CHOMPS Pilot Project</i>	Cash (PI) Role: Co-Investigator	2/15/16 – 2/14/17
The JPB Foundation \$800,000 <i>Eating Well Matters @ Restaurants</i>	Economos (co-PI)	11/1/15 - 10/31/16
The Brookings Institute \$70,198 <i>Lessons in Obesity Prevention</i>	Economos (PI)	6/1/15 – 11/20/16
USDA/Tufts University \$238,500 <i>Tufts-USDA Doctoral Fellowship in Childhood Obesity Prevention</i>	Economos (PI)	1/12/12 – 1/11/16
The Boston Foundation \$300,000 <i>100 Mile Club in Boston Public Schools</i>	Economos (PI)	4/15/14 – 6/14/16
Harvard Pilgrim Health Care Foundation \$1,500,000 <i>Healthy Kids Out of School</i>	Economos (PI)	5/1/12 - 4/31/15
The JPB Foundation \$3,000,000 <i>ChildObesity180 Core Strategic Partnership</i>	Economos (PI)	3/1/12 - 2/28/15
NHLBI 1R01HL106160-01 \$3,163,338 <i>Impact of Vitamin D Supplementation on Cardiometabolic Risk in Schoolchildren</i>	Sacheck (PI) Role: Co-Investigator	12/1/10 – 12/31/14
The Boston Foundation \$171,546 <i>Moving Toward Academic Success</i>	Sacheck (PI) Role: Co-Investigator	1/1/14 – 12/31/14
New Balance Foundation \$5,000,000 <i>Children in Balance: The Tufts Childhood Obesity Initiative</i>	Economos (PI)	11/01/04 - 10/31/14

Robert Wood Johnson Foundation \$6,981,676 <i>ChildObesity180</i>	Economos (PI)	9/1/11 - 8/31/14
John Hancock Financial Services, Inc. \$ 5,000,000 <i>John Hancock Center for Physical Activity, Nutrition, and Obesity Prevention</i>	Nelson (PI) Role: Co-Investigator	07/1/03 - 06/30/13
NICHD HS2281 \$1,280,000 <i>The GREEN (Growing Right: Eating Eco-Friendly and Nutritious) Project</i>	Goldberg (PI) Role: Co-Investigator	9/1/10 – 6/30/13
New Balance Foundation \$200,000 <i>ChildObesity180: The Active Schools Acceleration Project (ASAP)</i>	Economos (PI)	12/31/2013
NICHD 1R01HD057841-01 \$2,400,000 <i>Assessing and Preventing Obesity (Live Well) Among New Immigrants</i>	Economos (PI)	9/24/08 - 6/30/12
Robert Wood Johnson Foundation \$437,153 <i>ChildObesity180: Reverse the Trend</i>	Economos (PI)	4/1/11 - 7/31/11
American Heart Association \$198,000 <i>Impact of Physical Fitness and Overweight on Inflammation in School-aged Children</i>	Sacheck (PI) Role: Co-Investigator	7/1/08 - 6/30/11
Robert Wood Johnson Foundation \$356,080 <i>ChildObesity180</i>	Economos (PI)	9/1/10 - 3/31/11
Harvard Pilgrim Health Care Foundation \$136,000 <i>Food Service Evaluation</i>	Economos (Co-PI)	12/1/09 - 8/31/10
The Pepsico Foundation \$2,200,000 <i>The BALANCE Study &amp; Developing a Childhood Obesity Prevention Plan</i>	Economos (PI)	9/1/07 - 8/31/10
Robert Wood Johnson Foundation \$279,196 <i>2020 Childhood Obesity Prevention Protocol</i>	Economos (PI)	9/1/09 - 8/31/10
Save the Children Foundation \$627,267 <i>The CHANGE II Study: Obesity Prevention in Rural America</i>	Economos (PI)	01/01/07 - 12/31/09
Robert Wood Johnson Foundation \$120,000 <i>Physical Activity in Rural America</i>	Economos (PI)	12/15/06 - 03/31/09

Work Family Directions/ Johnson and Johnson \$80,000 <i>Children in Balance/HEAT Club After School Sustainability</i>	Economos (PI)	03/15/08 - 07/01/08
The Raisin Board \$70,000 <i>Healthy Sports Snacks</i>	Sacheck (PI) Role: Co-Investigator	7/1/07 - 6/30/08
Harvard Pilgrim Health Care Foundation \$75,000 <i>Tipping the Scales in Favor of Our Children</i>	Goldberg (PI) Role: Co-Investigator	08/1/07 - 12/31/07
Work Family Directives, IBM \$275,000 <i>HEAT Club After School Curriculum Online</i>	Economos (PI)	06/01/06 - 12/31/07
Beverage Institute for Health and Wellness \$215,000 <i>Assessing vitamin A, vitamin D, and vitamin E status in young children: a randomized controlled trial testing the effect of a multi-nutrient fortified juice</i>	Economos (PI)	10/01/04 - 11/30/06
Save the Children Foundation \$60,000 <i>A Partnership for CHANGE</i>	Economos (PI)	1/1/06 - 09/30/06
Dairy Management, Inc. \$79,079 <i>What Predicts Dairy Intake, Bone Mass, and Body Composition in Early Elementary School Children?</i>	Economos (PI)	11/15/03 - 02/15/06
CDC R06/CCR121519-01 \$1,500,000 <i>Shape Up Somerville: EAT SMART. PLAY HARD.</i>	Economos (PI)	9/01/02 - 02/28/06
1RO1HD522375 \$2,633,885 <i>Beat Osteoporosis: Nourish and Exercise Skeletons, The BONES Project.</i>	Economos (PI)	9/01/99 – 8/30/04
Dairy Management, Inc. \$191,012 <i>Milk Consumption and the Development of Obesity</i>	Must (PI) Role: Co-Investigator	12/05/99 – 4/30/03
The Ripple Foundation \$200,000 <i>MicroDXA Project</i>	Keyayias (P.I.) Role: Co-Investigator	1999 - 2000
Data Intensive Study Center \$15,000 <i>Data for All: Empowering Communities to Improve Health</i>	Economos (PI)	7/1/20 – 6/30/21

Tufts Clinical and Translational Science Institute Pilot Studies \$29,919 <i>Refinement and Testing of a Novel Multi-Method Survey to Assess Stakeholder-Driven Community Diffusion of Childhood Obesity Prevention Efforts</i>	Economos (PI)	5/1/18-4/30/19
St. Luke's Foundation \$20,000 <i>Catalyzing Early Childhood Health Leadership Engagement in Cleveland</i>	Economos (PI)	1/1/18 – 12/31/18
The Boston Foundation \$50,000 The Carol R. Goldberg Civic Engagement Initiative on Nutrition and Obesity Prevention: <i>Mitigating Obesity in Boston's Immigrant Communities</i>	Collaborating Expert	12/1/09 - 5/31/10
Project Bread \$20,000 <i>Better Lunch Initiative</i>	Economos (PI)	11/01/07 - 05/31/08
United Way/ Proctor and Gamble \$10,700 <i>After-School Curricula/HEAT Club: Dorchester, Roxbury, Mattapan</i>	Economos (PI)	3/01/07 - 3/15/08
Seed funding for Community Based Participatory Research Proposal \$6,000 <i>Tufts Community Research Center</i>	Economos (PI)	11/1/06 - 05/17/07
City of Somerville: <i>Physical Education Programs (PEP), US Department of Education</i> \$20,000	Economos (PI)	10/01/05 - 9/30/06
Tufts University \$50,000 <i>Tufts Longitudinal Health Study (TLHS)</i>	Economos (PI)	06/30/03 - 06/30/04
Vermont Department of Public Health \$2,500 <i>Run Girl Run Evaluation</i>	Economos (PI)	06/01/03 - 5/31/04
Massachusetts Department of Public Health \$6,000 <i>Keep Moving Evaluation</i>	Economos (PI)	06/01/03 - 5/31/04
General Mills Championship Grants \$10,000 <i>Shape Up Somerville- Eat Smart. Play Hard, Audio Adventures</i>	Economos (PI)	6/02 - 06/03

National Cattlemen's Beef Association \$7,500 <i>Understanding Red Meat Avoidance: Motivations and Consequences</i>	Economos (PI)	08/01/01 - 11/3/01
<b>Completed Other Extramural Support</b>		
The Atkins Foundation: \$25,000 <i>Children in Balance Initiative</i>	Economos (PI)	3/9/2007
The Stone Foundation: \$25,000 <i>Children in Balance Initiative</i>	Economos (PI)	1/30/2007
Major League Soccer \$20,000 <i>Healthy Half-time Snacks</i>	Economos (PI)	01/01/07 - 12/31/07
United Way Massachusetts Bay \$6,395 <i>HEAT Club After School Initiative: Metro Boston</i>	Economos (PI)	02/21/06 - 2/20/07
US Homeland Security \$35,000 City of Somerville: <i>Firefighters Wellness Project</i>	Economos (PI)	11/01/05 - 05/01/07
Project Bread \$15,000 <i>Better Breakfast Initiative</i>	Economos (PI)	11/01/05 - 05/01/07
The Pepsico Foundation \$500,000 <i>Strategies to Overcome Obesity</i>	Economos (PI)	9/1/05 - 8/31/07
The Almond Board of California \$136,000 <i>HEAT Club After School Initiative: New Jersey</i>	Economos (PI)	3/01/05 - 3/31/07
The Rosenberg Foundation: \$50,000 <i>The Tufts Longitudinal Health Study</i>	Economos (PI)	11/4/2006
Massachusetts Affiliate \$48,000 <i>America on the Move</i>	Economos (PI)	12/01/04 - 11/30/05
Blue Cross Blue Shield of Massachusetts \$60,000 <i>Shape Up Somerville- Eat Smart. Play Hard</i>	Economos (PI)	06/03 - 06/05
Dole Food Company \$50,000 <i>Shape Up Somerville -Eat Smart. Play Hard</i>	Economos (PI)	06/03 - 06/05
US Potato Board \$90,000 <i>Shape Up Somerville- Eat Smart. Play Hard</i>	Economos (PI)	06/03 - 06/05



United Way of Massachusetts Bay

Economos (PI)

06/03 - 06/05

\$50,000

*Shape Up Somerville- Eat Smart. Play Hard*

### **Editorial Activities**

#### **Ad Hoc Reviewer:**

Medicine and Science in Sports and Exercise  
Osteoporosis International  
International Journal of Sports Nutrition  
Obesity Research  
American Journal of Clinical Nutrition  
Obesity  
Journal of Bone and Mineral Research  
Calcified Tissue International  
Preventing Chronic Disease  
British Medical Journal  
Journal of the American Medical Association  
International Journal of Behavioral Nutrition and Physical Activity

#### **Associate Editor (past):**

Translational Journal of The American College of Sports Medicine (TJACSM)

#### **Editorial Board:**

Childhood Obesity

#### **Guest Editor:**

American Journal of Health Promotion

### **PUBLICATIONS**

#### **ORIGINAL RESEARCH (REFEREED JOURNALS) – h-index of 53**

\* Indicates the first author is a pre-doctoral or postdoctoral fellow for whom I served as primary mentor

- 1 Monge-Rojas R, Vargas-Quesada R, Moore T, **Economos CD** and Colón-Ramos U. Exploratory Analysis of Social Networks Linked to the Provision of Beverages in Costa Rican Schools; *Nutrients* 15(10):2271. doi:<https://doi.org/10.3390/nu15102271>. 11 May 2023.
- 2 \*Krobath DM, Naumova EN, Cuevas AG, Sacheck JM, Wilson NLW and **Economos CD**. Use of Bland-Altman Analysis to Examine the Racial and Ethnic Representativeness of Study Populations in Community-Based Pediatric Health Research. *JAMA Netw Open* 6(5):e2312920. doi:10.1001/jamanetworkopen.2023.12920. 2023 May 11. PMID: 37166796.
- 3 Stern AL, Levine S, Richardson S, Blackstone NT, **Economos CD**, Griffin TS. Improving school lunch menus with multi-objective optimization: nutrition, cost, consumption, and environmental impacts. *Public Health Nutr.* 2023:1-32. doi:10.1017/S1368980023000927. Online ahead of print. 2023 May 11. PMID: 37165566.
- 4 Calancie L, Fair ML, Wills S, Werner KE, Appel JM, Moore TR, Hennessy E, **Economos CD**. Implementing a Stakeholder-driven Community Diffusion-informed intervention to create healthier, more equitable systems: A community case study in Greenville County, South Carolina. *Frontiers in Public Health* (11)2023: 1578. <https://doi.org/10.3389/fpubh.2023.1034611>. 2023 May 5.
- 5 Meghan O'Hearn, Laura Lara-Castor, Frederick Cudhea, Victoria Miller, Julia Reedy, Peilin Shi, Jianyi Zhang, John B Wong, **Economos, CD**, Renata Micha, Dariush Mozaffarian Incident type 2 Diabetes Attributable to Suboptimal Diet in 184 countries; *Nature Medicine* 29(4):982-995. doi: 10.1038/s41591-023-02278-8. Epub 2023 Apr 17. <https://pubmed.ncbi.nlm.nih.gov/37069363/>
- 6 Dao MC, Yu Z, Maafs-Rodríguez A, Moser B, Cuevas AG, **Economos CD**, Roberts SB. Perceived intrinsic, social, and environmental barriers for weight management in older Hispanic/Latino adults with obesity. *Obes Sci Pract.* 2022 Aug 31;9(2):145-157. doi: 10.1002/osp4.631. eCollection 2023 Apr.

- 7 Fretes, G., Corvalán, C., Reyes, M., **Economos CD** et al. Changes in children's and adolescents' dietary intake after the implementation of Chile's law of food labeling, advertising and sales in schools: a longitudinal study. *Int J Behav Nutr Phys Act* 20, 40 (2023). <https://doi.org/10.1186/s12966-023-01445-x>
- 8 **Economos, C.D.**, Calancie, L., Allender, S., Appel, J., Bakun, P., Hennessy, E., Kasman, M., Korn, A., Pachucki, M., Swinburn, B., Tovar, A., Hammond, R. Community Coalition Efforts to Prevent Childhood Obesity: Two-year Results of the Shape Up Under 5 study. *BMC Public Health*. <https://pubmed.ncbi.nlm.nih.gov/36941543/>
- 9 Olarte DA, Petimar J, James P, Cooksey-Stowers K, Cash SB, Rimm EB, **Economos CD**, Rohmann M, Blossom JC, Chen Y, Deo R, Cohen JFW. Trends in Quick-Service Restaurants near Public Schools in the United States: Differences by Community, School, and Student Characteristics. *J Acad Nutr Diet*. 2023 Feb 3:S2212-2672(23)00057-6. doi: 10.1016/j.jand.2023.01.016. <https://pubmed.ncbi.nlm.nih.gov/36740187/>
- 10 O'HearnM, Erndt-MarinoJ, GerberS, LaurenB, **EconomosCD**, WongJB, BlumbergJ, MozaffarianD. Validation of Food Compass with a healthy diet, cardiometabolic health, and mortality among U.S. adults, 1999–2018. 2022 Nov 22. *Nat Commun* 13, 7066 (2022). <https://doi.org/10.1038/s41467-022-34195-8>
- 11 \*Moore TR, Pachucki MC, Hennessy E, **Economos CD**. Tracing coalition changes in knowledge in and engagement with childhood obesity prevention to improve intervention implementation. *BMC Public Health*. 2022 Sep 30;22(1):1838. doi: 10.1186/s12889-022-14208-3
- 12 Stern A, Tichenor Blackstone N, **Economos CD**, Griffin T. Less animal protein and more whole grain in US school lunches could greatly reduce environmental impacts. 2022 Jun 23 *Commun Earth Environ* 3, 138 (2022). <https://doi.org/10.1038/s43247-022-00452-3>
- 13 Hennessy E, Shonkoff E, Harellick L, Bakun P, Chui K, Roberts S, Foltz S, Goldberg J, **Economos CD**. The impact of a community social marketing campaign on children's meal orders and consumption: main outcomes from a group randomized controlled trial. *Public Health Nutr*. 2022 Aug 8:1-12. doi: 10.1017/S136898002200163X. Epub ahead of print. PMID: 35938500.
- 14 Shonkoff ET, Hennessy E, Chui K, Gervis JE, Matthews E, Amin S, Bakun P, Roberts SB, Borges M, Martino J, **Economos CD**. Reliability and Validity of Digital Images to Assess Child Dietary Intake in a Quick-Service Restaurant Setting. *J Acad Nutr Diet*. 2022 Aug 10:S2212-2672(22)00867-X. doi: 10.1016/j.jand.2022.08.116. Epub ahead of print. PMID: 35963534.
- 15 Kasman M, Hammond RA, Mack-Crane A, Purcell R, Korn AR, Appel JM, Hennessy E, Swinburn B, Allender S, **Economos CD**. Using Agent-Based Modeling to Extrapolate Community-Wide Impact from a Stakeholder-Driven Childhood Obesity Prevention Intervention: Shape Up Under 5. *Child Obes*. 2022 May 24. doi: 10.1089/chi.2021.0264. Epub ahead of print. PMID: 35612430.
- 16 Pronk NP, Eneli I, **Economos CD**, Bradley D, Fassbender J, Calancie L, Patawaran W, Hovmand PS; Members of the Roundtable on Obesity Solutions (ROOS). Using Systems Science for Strategic Planning of Obesity Prevention and Treatment: The Roundtable on Obesity Solutions Experience. *Curr Probl Cardiol*. 2022 May 2:101240. doi: 10.1016/j.cpcardiol.2022.101240. Epub ahead of print. PMID: 35513185.
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### **BOOK CHAPTERS**

- 1 Hennessy, E., Economos, C.D. (2022). Conceptualizing and Developing a Theory of Stakeholder-Driven Community Diffusion. In: Lerner, D., Palm, M.E., Concannon, T.W. (eds) Broadly Engaged Team Science in Clinical and Translational Research. Springer, Cham. [https://doi.org/10.1007/978-3-030-22028-4\\_12](https://doi.org/10.1007/978-3-030-22028-4_12)
- 2 Hennessy E, Calancie L, and **Economos CD**. Chapter 13. Using models to understand community interventions for improving public health and food systems. In: *Food Systems Modeling: Tools for Assessing Sustainability in Food and Agriculture* . Christian Peters and Dawn D. Thilmany (Eds), 2022.
- 3 Hennessy E and **Economos CD**. Chapter 11: Conceptualizing and Developing a Theory of Stakeholder-driven Community Diffusion Using a Systems Approach. In *Broadly Engaged Team Science* . Tufts Clinical and Translational Science Institute (CTSI), 2021.
- 4 Hennessy, E., Korn, A., & **Economos, CD**. (2019). A community-level perspective for childhood obesity prevention.. In D. Bagchi (Ed.), Global Perspectives on Childhood Obesity Current Status, Consequences and Prevention. Academic Press.
- 5 Blondin S, and **Economos CD**. The Influence of Daily Eating Patterns on Weight Status: A Review of the Evidence on Breakfast Consumption, Snacking, and Eating Frequency in *Childhood Obesity: Causes, Consequences, and Intervention Approaches* . Ed: MI Goran, CRC Press, 2016.
- 6 **Economos, CD** and Hatfield, D. Overview of the key strategies currently used to prevent obesity in *Managing and Preventing Obesity* . Ed: T. Gill, Woodhead Publishing, Oxford, UK, 2014.
- 7 Boulos, R. & **Economos, CD**. Nutritional Considerations for the Active Adolescent in *Lifestyle Medicine* , 2nd Edition. Ed: J. Rippe, CRC Press, 2013.
- 8 **Economos CD** and Sliwa S. Chapter 41 Community Interventions in Part 5: Social Science Insights Into Treatment, Prevention, and Policy in *The Oxford Handbook of the Social Science of Obesity* , Ed: John Cawley, Oxford University, 2011.
- 9 **Economos CD** and Hennessy E. Chapter 29 A Community-Level Perspective for Childhood Obesity Prevention, pg. 305-319, in *Global Perspectives on Childhood Obesity: Current Status, Consequences, and Prevention* , Ed: Debasis Bagchi, Academic Press, London, UK, 2011.
- 10 Sanigorski A, **Economos CD**. Chapter 7 Evidence of Multisetting Approaches for Obesity Prevention: Translation to Best Practice, pg. 57-64, in *Preventing Childhood Obesity: Evidence Policy and Practice* , Elizabeth Waters, Boyd Swinburn, Ricardo Uauy, and Jacob Seidell Eds., Wiley Blackwell, Oxford, UK, 2010.

- 11 **Economos CD**. Chapter 22 Preventive Health Strategies – Evaluating Current Information on Exercise and Nutrition 455-466 in *Exercise, Nutrition, and the Older Woman*, Maria A. Fiatarone Singh, Ed., CRC Press, Boca Raton, Florida 2000.
- 12 **Economos CD**. Chapter 4 Nutrition p. 131-136 in *Exercise, Nutrition, and the Older Woman*, Maria Fiatarone Singh, Ed., CRC Press, Boca Raton, Florida 2000.
- 13 **Economos CD**, Bettencourt M. Chapter 2 Food, p. 44-74 in *The New Our Bodies Ourselves for the New Century*, The Women's Health Book Collective, Simon and Schuster, New York 1998.

## **REPORTS**

- 1 Hatfield DP, Schultz DJ, Bakun PJ, Gunderson CE, **Economos CD**. Evaluating Children's Physical Activity in School-Based Programs: A Working Paper from ChildObesity180. Prepared for the Boston Foundation, June 2021.
- 2 Hennessy, E., Korn, A., **Economos CD**. Using Systems Approaches to Catalyze Whole-of-Community Childhood Obesity Prevention Efforts. 2019. The Chicago Council on Global Affairs.
- 3 **Economos CD**, Green, D. J., Mueller, M., Schultz, N., Gervis, J., Miller, G., & Pate, R. R. (2018). Increasing Students' Physical Activity Levels: Research and a Call to Action: Increasing Students' Physical Activity Levels: Research and a Call to Action. National Academies of Science, Engineering, and Medicine.
- 4 Performance Standards for Restaurants: A New Approach to Addressing the Obesity Epidemic. 2013. RAND Corporation (**Economos CD**, committee member).
- 5 Accelerating Progress in Obesity Prevention: Solving the Weight of the Nation. 2012. Institute of Medicine Committee on Accelerating Progress in Obesity Prevention (**Economos CD**, committee member).
- 6 Sackeck J, **Economos CD**, Griffin T, Wilde P. Dishing Out Healthy School Meals: How Efforts to Balance Meals and Budgets Are Bearing Fruit. November 2010. For Harvard Pilgrim Health Care Foundation. (*Report presenting original data*).
- 7 Bridging the Evidence Gap in Obesity Prevention: A Framework to Inform Decision Making, 2010. Institute of Medicine Committee on an Evidence Framework for Obesity Prevention Decision-Making (**Economos CD**, committee member).
- 8 Goldberg J, Sackeck J, Folta S, **Economos CD**. Tipping the Scales in Favor of Our Children, June 2008. For Harvard Pilgrim Health Care Foundation. (*Report presenting original data*). Awarded the Silver Award by the Council on Foundations' Wilmer Shields Rich Award for Excellence in Communications.
- 9 **Economos CD**, Sackeck J. Science-based policy statement on optimal nutrition for children playing soccer. Major League Soccer, 2007.

## **PROCEEDINGS**

- 1 Driving Action and Progress on Obesity Prevention and Treatment: Proceedings of a Workshop—in Brief. 2017. The Roundtable on Obesity Solutions of the Health and Medicine Division of the National Academies of Sciences, Engineering, and Medicine. 2017 Jan 4. <http://nationalacademies.org/hmd/Reports/2017/driving-action-and-progress-on-obesity-prevention-and-treatment-proceedings-in-brief.aspx> (**Economos CD**, organizer and participant)
- 2 The Current State of Obesity Solutions in the United States – Workshop in Brief. 2014. Institute of Medicine Roundtable on Obesity Solutions. (**Economos CD**, presenter and reviewer).

## **BOOKS**

- 1 **Economos CD**, Marcotte L, Hennessy E, Irish-Hauser S, Klemmer S, Collins J, Kozower C, Hudson D. *HEAT (Healthy Eating, Active Time) Club: In-School Curriculum*. 2014. Human Kinetics.
- 2 **Economos CD**, Marcotte L, Hennessy E, Irish-Hauser S, Klemmer S, Collins J, Kozower C, Hudson D. *HEAT (Healthy Eating, Active Time) Club: After-School Curriculum*. 2014. Human Kinetics.



## **WEBSITE**

- 1        **Economos CD**, Sacheck JM, Goldberg J. The Weight of the Nation Website in conjunction with HBO Documentary Films, Institute of Medicine, Centers for Disease Control, National Institutes of Health, Kaiser Permanente, and the Michael & Susan Dell Foundation. Release May 2012.  
<http://theweightofthenation.hbo.com/#>

## **INVITED LECTURES (selected)**

\* Indicates Keynote Speaker

## **REGIONAL**

- 2022     Catalyzing Communities: Promoting Child Health Equity with a Data-driven Approach. University of Arizona, Tucson AZ
- 2022     Community Obesity Prevention: A Systems Approach. Grand Rounds at Tufts University School of Medicine. Boston, MA.
- 2022     \*Catalyzing Communities: East Aldine and Healthy Living Matters Partnership. Healthy Living Matters (HLM) Virtual Collaborative Meeting. Harris County, TX
- 2021     \*Equipping Communities to Address Childhood Obesity: A Systems Approach. The New Jersey Healthy Kids. Rutgers University, NJ
- 2021     \*Tackling Childhood Obesity: Systems Modeling, Diffusion and Scaling. Grand Rounds Seminar Series. University Hospitals, Ohio State University
- 2021     Equipping Communities to Address Childhood Obesity: A Systems Approach. Louisiana Fit Kids Webinar Series. Pennington Research Center, Louisiana State University
- 2019     Tackling Childhood Obesity: Systems Modeling, Diffusion, Scaling, Cornell University, College of Human Ecology & College of Agriculture and Life Sciences. Ithaca, NY
- 2019     Tackling Childhood Obesity: Systems Modeling, Diffusion, Scaling, New York University School of Medicine, New York University Langone Health. New York, NY
- 2019     \*Catalyzing Communities: A Systems Approach. Concord Hospital Center for Health Promotion. Concord, NH
- 2018     Hassenfeld Institute Seminar: Child Obesity Modeling, at Brown University. Providence, RI
- 2018     Science and Sense of the Mediterranean Diet for Children. What Do We Know About Children? The Mediterranean Diet Roundtable at Yale University. New Haven, CT
- 2018     \*Research and Scholarship Day, U Mass Boston. Catalyzing Communities to Prevent Obesity: A Systems Approach. Boston, MA
- 2017     Cambridge Health Association Pediatric Grand Rounds. Integrating Community Strategies for Obesity Prevention: Shape Up Somerville, Shape Up Under 5, and the work of the Cambridge Health Alliance, Cambridge, MA
- 2017     Global Food+ 2017, Harvard University Weatherhead Center for International Affairs, Blending the Rigor of Science with the Innovation of Business to Reverse the Trend of Childhood Obesity, Cambridge, MA
- 2016     Friedman School of Nutrition Science and Policy Seminar Series, Blending the Rigor of Science with the Innovation of Business to Reverse the Trend of Childhood Obesity, Boston, MA
- 2016     Live Well Springfield, Childhood Nutrition in the 21st Century: Obesity Prevention Strategies, Springfield, MA

- 2016 New Balance Foundation Obesity Prevention Center at Boston Children's Hospital, Childhood Obesity in the Community: Turning Science into Care, Boston, MA
- 2015 Boston University School of Medicine Conference: AdvancED Post Graduate Program in Pediatric Nutrition, Boston, MA
- 2015 GenYOUth Massachusetts Youth Empowerment Town Hall Panel, Boston, MA
- 2015 \*The Boston Foundation, Healthy People Healthy Economy Symposium. Childhood Obesity Prevention: Achieving Impact, Boston, MA
- 2015 Tufts University Obesity Symposium. Tufts Talks Obesity: From Cell to Society, Boston, MA.
- 2015 Boston University School of Public Health, Department of Environmental Health Seminar Series, Boston, MA
- 2014 Harvard School of Public Health, Program in Cardiovascular Epidemiology Monthly Forum, Boston, MA
- 2014 A Movement by Movements, TEDx Somerville, Somerville MA
- 2014 Massachusetts State House Family Impact Seminar, Boston, MA
- 2014 The Friedman School of Nutrition Science and Policy, Friedman Seminar Series, Boston, MA
- 2014 Brown University, Catalyzing Communities to Prevent Obesity: A Systems Approach, Providence, RI
- 2013 Mount Holyoke College, A Multi-Sector Systems Approach to Obesity Prevention, South Hadley, MA
- 2012 HBO Event, Panelist Discussion at the Boston premiere screening of "The Weight of the Nation" documentary, Boston, MA
- 2011 Tufts University – The 2nd Annual Women's Center Symposium on Gender and Culture: In the Kitchen, Socio-demographic Determinants of Food Access and Obesity, Medford, MA
- 2011 \*National Academy of Sciences Distinctive Voices, Catalyzing Communities to Prevent Obesity, Woods Hole, MA
- 2011 \*Stand for Children, Catalyzing Communities to Prevent Obesity, Concord, MA
- 2011 Chronic Disease Prevention Alliance of Canada, Engaging Local Communities in Efforts to Reduce Childhood Obesity: A Systems Perspective, Boston, MA (webinar to Ottawa, Canada)
- 2011 Tufts University's Active Citizen Alumni Event, Policy & Advocacy Panel, Medford, MA
- 2011 \*Boston Association for the Education of Young Children (BAEYC) Conference, Catalyzing Communities to Prevent Obesity, Burlington MA
- 2011 Boston Medical Center (Grand Rounds), A System's Approach to Childhood Obesity Prevention, Boston MA
- 2010 Empire Health Foundation, Shape Up Somerville: A System's Approach, Boston, MA (teleconference to
- 2010 Harvard Pilgrim Health Care Foundation, Dishing Out Healthy School Meals: How Efforts to Balance Meals and Budgets are Bearing Fruit, Boston, MA
- 2010 Ford Hall Forum, Who Is Winning the Childhood Obesity Battle (panel moderator), Boston, MA
- 2010 Catalyzing Communities to Prevent Obesity: A Systems Perspective, Worcester, MA

2010 Catalyzing Communities to Prevent Obesity: A Systems Perspective, University of Rochester, Rochester, NY

2010 Social Innovation Forum, Fitness and Healthy Eating: Preventing Obesity from an Early Age: A Systems Perspective Boston, MA

2009 2009 PepsiCo Ethnic Advisory Board Meeting: Children in Balance, Purchase, NY

2009 The Friedman School of Nutrition Science and Policy, Friedman Symposium, Future Advances in Pediatric Research: Action-Oriented Intervention Research, Boston, MA

2009 Yale University, Rudd Center for Food Policy and Obesity, Catalyzing Communities to Prevent Obesity, New Haven, CT

2009 University of New Hampshire, Aspire to Inspire Workshops, Catalyzing Communities to Prevent Obesity, Durham, NH

2009 University of Connecticut, Center for Health, Intervention and Prevention, Preventing Childhood Obesity, Storrs, CT

2008 The Friedman School of Nutrition Science and Policy, Friedman Seminar Series, Boston, MA 2008 Cornell University Division of Nutritional Sciences, Pediatric Obesity Prevention, Ithaca, NY 2008 The New York Health Foundation, Catalyzing Communities to Prevent Obesity, New York, NY

2008 Massachusetts Mayor's Association Healthy Communities Summit, Panel Presentation, Medford, MA

2008 Harvard Pilgrim Healthcare Foundation Summit, Tipping the Scales in Favor of our Children, Boston, MA, 2008; Manchester, NH

2008 Yale School of Public health, Catalyzing Communities to Prevent Obesity, New Haven, MA 2008 Harvard School of Public Health, Catalyzing Communities to Prevent Obesity, Boston, MA

2008 Massachusetts Medical Society Public Health Leadership Forum, Acting Locally: Changing Behavior in Communities, Waltham

2007 State of Maine Childhood obesity prevention conference, Catalyzing Communities for Change: Turning the Tide on Childhood Obesity, Portland, OR

2007 The Friedman School of Nutrition Science and Policy, Friedman Symposium, Shape Up Somerville Model, Boston, MA

2006 The Friedman School of Nutrition Science and Policy, Friedman Seminar Series, Boston, MA

2006 University of Rhode Island, Preventing Childhood Obesity - Shape up Somerville, Eat Smart. Play Hard, Kingston, RI

2004 University of Massachusetts at Lowell. Obesity and Diabetes Symposium, Lowell, MA

2004 Boston University Medical Center, Pediatric Overweight Group Seminar, Community interventions to prevent childhood obesity, Boston, MA

2002 University of Massachusetts-Simmons School Health Institute, Massachusetts School Physician and Nurses Conference, Improving the Health of School-aged Children, Boston, MA, 2002

2002 Massachusetts Public Health Council Conference, Guiding Social Change: Lessons Learned, Waltham, MA

- 2000 The Teresa and John Heinz III Foundation 5th Annual Conference on Women's Health and the Environment - "Women's Health: As We Grow Older" Osteoporosis: A Prescription for Prevention through the Lifespan, Boston, MA
- 2000 Brandeis University Taking Steps and Making Choices: A Look at Research on Women's Health after 50, Women in Motion: Making Exercise a Habit, Waltham, MA
- 2000 The Teresa and John Heinz III Foundation 5th Annual Conference on Women's Health and the Environment - "Women's Health: As We Grow Older" Osteoporosis: A Prescription for Prevention through the Lifespan, Boston, MA
- 2000 Brandeis University Taking Steps and Making Choices: A Look at Research on Women's Health after 50, Women in Motion: Making Exercise a Habit, Waltham, MA
- 2000 Harvard School of Public health, Bone health in Children: Osteoporosis prevention strategies, Boston,
- 1999 Massachusetts Governor's Committee on Physical Fitness and Sports - Preventive Nutrition for Seniors, Boston, MA

## **NATIONAL**

- 2023 Catalyzing Communities to Prevent Obesity and Achieve Child Health Equity (Role as presenter). CDC's Nutrition and Obesity Policy Research and Evaluation Network (NOPREN) State-of-the-Science Monthly Webinar
- 2022 National Plan for Health Workforce Well-Being Launch Event (Role as speaker). National Academy of Medicine (NAM)
- 2022 Conversations on Food Justice: Food & The Powerful Impact of Media. (Role as moderator). Food & Society at the Aspen Institute and Share Our Strength.
- 2022 Case study: Shape Up Somerville Impact Evaluation. BOND-KIDS Workshop of Working Group (WG) 2: Nutrition and Environment.
- 2021 Restaurant/Food Service Environments, Diet, and Chronic Disease. Food Insecurity, Neighborhood Food Environment, and Nutrition Health Disparities: State of Science Virtual Workshop. National Institutes of Health (NIH).
- 2021 Systems Modeling in Community Based Obesity Prevention. Presented to the Standing Committee on Evidence Synthesis, and Communications in Diet and Chronic Disease Relationships. The National Academies of Sciences Engineering and Medicine (NASEM).
- 2020 Systems Approaches with the Roundtable Solutions on Obesity Society. The Obesity Society annual meeting.
- 2020 Tackling Childhood Obesity, University of Alabama.
- 2020 Tackling Childhood Obesity: Systems Modeling, Diffusion, Scaling, University of Georgia, Leann Birch Memorial Childhood Obesity Lecture. Athens, GA
- 2019 Digging Deeper into the Science: EAT *Lancet* and Menus of Change Annual Report, Panelist, Menus of Change. Poughkeepsie, NY
- 2019 Healthy Kids Meals: Progress, Challenges, and Opportunities, Panelist, Menus of Change. Poughkeepsie, NY.
- 2019 The Prevention Problem – and the Potential of Community Partnerships to Solve It, Panelist, Combatting Childhood Obesity. Houston, TX

- 2019 Beyond the Doctor's Office, Panelist, PULSE: The Atlantic Summit on Health Care. Boston, MA
- 2019 Catalyzing Communities: A Systems Approach. Frontiers on Obesity, Diabetes and Metabolism. University of Iowa. Iowa City, IA
- 2019 \*Catalyzing Communities: A Systems Approach. Art & Science of Health Promotion Conference. Hilton Head, SC
- 2019 Physical Innovation & Collaboration Presentation. Roundtable on Obesity Solutions, Workshop. Washington, DC
- 2018 Catalyzing Communities to Prevent Childhood Obesity: A Systems Approach. The New Jersey Healthy Kids Initiative, Child Health in the 21st Century, New Brunswick, NJ
- 2018 Catalyzing Communities to Prevent Childhood Obesity: A Systems Approach. The Administration for Children and Families, 2018 National Research Conference on Early Childhood, Arlington, VA
- 2018 Systems Modeling in the Prevention and management of Obesity. Food and Nutrition Board, National Academy of Sciences, Washington, DC
- 2018 Catalyzing Communities to Prevent Obesity: A Systems Approach. 2018 Nutrition & Health Conference: State of the Science & Clinical Applications. University of Arizona, Center for Integrative Medicine. Boston MA
- 2018 Childhood Obesity Prevention: What Works at the Community Level, Roundtable on Obesity and Portions, Georgetown University McDonough School of Business, Washington, DC
- 2018 Fostering the Well-being in Early Childhood Through Nutrition and Physical Activity. Administration for Children and Families Conference, Washington, DC
- 2017 Collecting Diet, Activity, and Obesity Measures in Communities: Lessons Learned, National Institutes of Health, Pathways to Prevention Workshop: Methods for Evaluating Natural Experiments in Obesity, Washington, DC
- 2017 Better Health Partnership, ChildObesity 180: Blending Science and Business Approaches to Address Childhood Health and Obesity, Cleveland, Ohio.
- 2017 \*Greater New York Dietetic Association Mary Rose Swartz Memorial, Blending the Rigors of Science with the Innovation of Business to Reverse the Trend of Childhood Obesity, New York, NY
- 2017 Early Care and Education, Using Systems Science to Engage Communities in Obesity Prevention A Focus on Community Coalitions, Webinar
- 2017 Shape America National Convention and Expo, Best Practices in School District-Wide Efforts to Promote Students' Physical Activity, Boston, MA
- 2017 National Collaborative on Childhood Obesity Research (NCCOR) Member Meeting, Using Systems Science to Engage Communities in Obesity Prevention, Washington, DC
- 2016 \*Next Practices' Requires Collaboration to Solve Complex Issues: A Case for ChildObesity180 (keynote speaker), Society for Nutrition Education and Behavior Annual Conference, San Diego, CA
- 2016 The Billion Mile Race Story: Inspiring and Challenging Schools and Communities to Collectively Walk, Run, and Jog One Billion Miles, American College of Sports Medicine (ACSM) Annual Meeting, Boston, MA
- 2016 Partnership for a Healthier America Summit, Eating Out is Shaping Up: Healthier Kids Menus (moderator), Washington, DC

- 2016 \*Wake Up with Weight of the Fox Valley (keynote speaker), Neenah, WI
- 2016 Childhood Health & Nutrition Research Conference, Multi-level strategies to prevent overweight and obesity, a systems approach, USDA Children's Research Center, Little Rock AK
- 2015 The Obesity Society Annual Meeting, Obesity interventions promoting whole child health and well-being: Theory, opportunities, and benefits, Los Angeles, CA
- 2015 National Collaborative on Childhood Obesity Research (NCCOR) Workshop: Using Retail Food Sales Data for Food, Nutrition, and Health Outcome Research, Surveillance and Evaluation, Washington, DC
- 2014 The Obesity Society Annual Meeting, Social and Cultural Construction of Children's Food and Implications for Intervention Opening, Boston MA
- 2014 University of Wisconsin at Madison Nutrition Science Seminar, A Multi-level, Multi-sector Systems Approach to Prevent Childhood Obesity, Madison, WI
- 2014 \*University of Wisconsin at Green Bay Childhood Obesity Conference (keynote speaker), Green Bay, WI
- 2014 The Ohio State, Dietary Guidelines for Americans Summit, Shape Up Somerville and Beyond, Columbus, OH
- 2014 The Culinary Institute of America, Healthy Menus R&D Collaborative: Delicious Solutions for Changing Appetites, Hyde Park, NY
- 2013 Active Living Research Conference, The Pathway to Impact: Translating Evidence to Policy and Practice, San Diego, CA
- 2013 National Cancer Institute, Research to Reality Webinar, Across the Board: How multilevel interventions can improve the health of our communities; A Multi-Sector Systems Approach to Obesity Prevention
- 2013 Partnership for a Healthier America Summit, ASAP Active Schools Acceleration Project, Washington DC
- 2012 The Obesity Society, 30th Annual Scientific Meeting: Accelerating Progress in Obesity Prevention, San Antonio, TX
- 2012 African American Collaborative Obesity Research Network Workshop, Achieving Healthy Weight in African American Communities: What Works? What's New? and What's Needed?, Philadelphia, PA
- 2012 Weight of the Nation, Institute of Medicine: Weight of the Nation: Accelerating Progress in Obesity Prevention, Washington, DC
- 2012 \*The Sage Colleges, Presidents Lecture, Catalyzing Communities for Change: A Systems Approach to Obesity Prevention, Troy, NY
- 2012 Vanderbilt University (Grand Rounds), A System's Approach to Childhood Obesity Prevention, Nashville, TN
- 2011 \*Let's Move Pittsburgh, Catalyzing Communities to Prevent Obesity, Pittsburgh, PA
- 2011 National Association for City and County Health Officials (NACCHO), Finding and Using the Best Available Evidence to Inform Decisions: The Institute of Medicine's L.E.A.D. Framework, Hartford, CT
- 2011 Healthy Flavors Healthy Kids, Engaging Local Communities in Efforts to Reduce Childhood Obesity: A Systems Perspective, San Antonio, TX
- 2011 Healthy Kitchens Healthy Lives, Engaging Local Communities in Efforts to Reduce Childhood Obesity: A Systems Perspective, Napa Valley, CA

- 2010 American Evaluation Association Conference, Health Evaluation TIG Business Meeting and Presentation: Bridging the Evidence Gap in Obesity Prevention - A Framework to Informed Decision Making, San Antonio, TX
- 2010 The Obesity Society, Multi-Level Community-Based Interventions: A Systems Approach, San Diego, CA
- 2010 Healthy Communities, Catalyzing Communities to Prevent Childhood Obesity: Using the HEAT Club Curriculum (trainer), Columbus, IN
- 2010 NHLBI Cardiovascular Disease Prevention in High-Risk Rural Communities, The CHANGE Study (Creating Healthy, Active and Nurturing Growing-up Environments): Shape Up Somerville, MA,
- 2010 \*Washington State University Community Forum, Catalyzing Communities to Prevent Obesity: A Systems Perspective, Spokane, WA
- 2010 \*Community Health Summit, Catalyzing Communities to Prevent Obesity, Columbus, IN 2010 Experimental Biology, Bridging the Evidence Gap in Obesity Prevention, Anaheim, CA
- 2010 Food for Thought: Tufts Food, Wine, & Culture Series, Catalyzing Communities for Positive Change: Preventing Childhood Obesity, Los Angeles, CA
- 2009 Heart of Largo Community Leaders, Catalyzing Communities to Prevent Obesity, Largo, FL
- 2009 Pinellas County City Managers, Childhood Obesity: Are We Getting Anywhere? Where Do We Go from Here?, Largo, FL
- 2009 ARRA Recovery Act/Trust for America's Health, Community Intervention Strategies and Evaluation, Washington, DC
- 2009 Kellogg's "Children's Health: The Future of Food and Nutrition Policy" event, Catalyzing Communities to Prevent Obesity, Washington, DC
- 2009 Obesity and Congenital Heart Disease Working Group, Barriers and Resources: Patients and Families, Washington, DC
- 2009 \*Nationwide Children's Hospital, Catalyzing Communities to Prevent Obesity, Columbus, OH 2008 Cornell University, Catalyzing Communities to Prevent Obesity, Ithaca, NY
- 2008 Chartwells Food Service Board, It Takes a Village: Key Insights from the Shape Up Somerville Project, Denver, CO
- 2008 \*Winter Park Health Foundation, Catalyzing Communities to Prevent Obesity, Maitland, FL
- 2008 Consortium to Lower Obesity in Chicago Children 'Healthy Foods, Healthy Moves' conference, Catalyzing Communities to Prevent Obesity, Chicago, IL
- 2008 Save The Children Advocacy Day: Childhood obesity prevention and the IMPACT Act, Panel Presentation, House of Representatives, Washington, DC
- 2008 Healthy Kitchen, Healthy Eating: A leadership conference bridging nutrition science, healthcare, and culinary arts. Harvard University and the Culinary Institute of America, St. Helena, CA
- 2008 University of Wisconsin at Madison, Catalyzing Communities to Prevent Childhood Obesity, Madison, WI
- 2008 American Academy for the Advancement of Sciences Annual meeting, Catalyzing Communities for Childhood Obesity prevention, Boston, MA
- 2007 \*Nutrition and Activity For a Lifetime, (Keynote to an audience of 5000) Chautauqua Institution, Chautauqua, NY

- 2007 \*National Food Service Management Institute at the University of Mississippi, Partnering With Food Service: Shape Up Somerville, University, MS
- 2007 The National Institute of Child Health and Human Development, National Institutes of Health, Beyond Individual Behavior: Multidimensional Research in Obesity Linking Biology to Society. Community-based obesity prevention research, Washington DC
- 2007 Shape Up Somerville Study Second Year Results, The Obesity Society, New Orleans, LA (peer reviewed)
- 2006 Shape Up Somerville Study First Year Results, The Obesity Society, Boston, MA (peer reviewed)
- 2004 Convocation of Practices: American Academy of Family Physicians, Americans in Motion, Kansas City, MO
- 2002 American Academy of Pediatrics Annual meeting, Preparing for a Future with a Healthy Body and Mind, Boston, MA
- 2002 Society for Nutrition Education Annual meeting, Behavioral Strategies During Childhood Symposium, Calcium and Optimal Bone Health for Children, Minneapolis, MN
- 2001 American Dietetic Association Annual meeting, Diet in College Students Symposium, Health Consequences of eliminating red meat in the diet of college students, St. Louis, MO
- 2001 Bristol-Myers Squibb/Mead Johnson Nutrition Research Colloquium, Emerging Trends in Pediatric Nutrition & the BONES Project, Evansville, IN
- 2001 \*Vassar Brothers Institute, Science in Your Life Series, Be Active, Be Ageless, Poughkeepsie, NY
- 2010 Healthy People 2010, Preventing osteoporosis during childhood, Washington DC
- 2000 Purdue University, Indiana Calcium Initiative, Childhood initiatives to prevent osteoporosis, The BONES Project, Indianapolis, IN
- 2000 \* Marymount College, NY, Health Issues for Women: Nutrition is Essential, Beat Osteoporosis: Nourish and Exercise Skeletons, Tarrytown, NY
- 2000 \*Facing the Challenges: The Keys to Peak Performance for the 21st Century, Montana Dietetic Association, Montana State University, Research in Nutrition, Body Composition and Aging, Bozeman, MT
- 1999 \*Nebraska Dietetic Association Annual Meeting: Discovering Fresh Approaches Conference, Exercise and Aging, Lincoln, NE
- 1999 \*California State University at Northridge, Be Active, Be Ageless, Northridge, CA
- 1999 Experimental Biology Annual Meeting, Body Composition Symposium, In Vitro methods to validate body composition methods by DXA, Washington DC
- 1997 Physical Activity and Breast Cancer Conference, US Department of Health and Human Services, Albuquerque, NM

## **INTERNATIONAL**

- 2019 Shape Up Under 5: A Pilot Whole-of-Community Early Childhood Obesity Intervention. International Society of Behavioral Nutrition and Physical Activity Conference. Prague, Czech Republic
- 2019 Promotion of Physical Activity for Prevention of Obesity and Non-Communicable Diseases. Kuwait Institute for Scientific Research Workshop. Kuwait City, Kuwait
- 2017 Canadian Nutrition Society, 'Next Practices' Requires Collaboration to Solve Complex Issues: A Case for ChildObesity180, Montreal, Canada



- 2016 HJR Consulting: Physical Activity and Nutrition health curriculum webinar (webinar based out of Alberta, Canada and broadcasted to various offices throughout Canada, July, 6, 2016)
- 2016 The Systems Science in Obesity Satellite, How Systems Science Methods Can Be Applied in Communities, Vancouver, BC, Canada
- 2013 International Society for Behavioral Nutrition and Physical Activity, Accelerating Progress in Obesity Prevention – Perceptions about meals eaten at restaurants in a nationally representative sample of US children, Ghent, Belgium
- 2013 The University of Aberdeen, Promoting Healthy Lifestyle among young people (18-25 year olds): Do we listen to their voices? Aberdeen, Scotland
- 2013 \*The University of Aberdeen, Tackling a Crisis: A Systems Approach to Obesity Prevention, Aberdeen, Scotland
- 2010 \*Third Conference on Recent Advances in the Prevention and Treatment of Childhood & Adolescent Obesity: Families in Focus, How can Shape Up Somerville Shape up Canada? Hamilton Ontario, Canada
- 2012 International Society for Behavioral Nutrition and Physical Activity, Symposium: Trends and Determinants of Weight Gain in Recent Immigrants, Austin, TX
- 2012 International Society for Behavioral Nutrition and Physical Activity, Accelerating Progress in Obesity Prevention - Evidence-based Recommendations from the U.S., Austin, TX
- 2009 International Society for Behavioral Nutrition and Physical Activity, Accepted Symposium, Chair: Community Based Research Approaches to Prevent Childhood Obesity. Lisbon, Portugal
- 2006 International Society for Behavioral Nutrition and Physical Activity, The College Years: A Missed Opportunity? Symposium, Boston, MA
- 2006 From the Individual to Policy: Affecting Healthful Behavior Change, Porter Novelli's annual science meeting: Food 3000, Montreal, Canada
- 2004 International Society for Behavioral Nutrition and Physical Activity, Bone Health in Children Symposium, The BONES Project, Washington DC

#### **MEDIA REPORTING ON ORIGINAL RESEARCH**

- "La Comida Saludable Puede ser Rentable, Solo se Necesita Visión de Futuro." *Eldiario.es*, December 2019
- "Children's menus revised for health concerns, evolving palates: 'Kids are not born with an innate desire for chicken Nuggets." *Chicago Tribune*, February 1, 2019.
- "Kicking Up the Kids' Meal Quotient." *QSR Magazine*, September 2016.
- "Quick Serves Cut Calories in Kids' Meals." *QSR Magazine*, April 22, 2016.
- "Eye on Education: Mass Schools Participating in Billion Mile Race." *CBS Boston Nightly News*, April 11, 2016.
- "Assessing the Availability of Healthier Children's Meals at Leading Quick-Service and Full-Service Restaurants." *ABC News Radio*, April 8, 2016.
- "92% of Restaurant Meals Have Too Many Calories: Study." *TIME*, January 20, 2016.
- "The Failure of Calorie Counts on Menus." *The Upshot Blog (New York Times)*, November 30, 2015.
- "One Way Restaurants Can Fight Child Obesity." *Bloomberg View*, November 20, 2015.
- "Chains Healthy Menu Changes How Kids Order." *Restaurant.org homepage and SmartBrief*, November 3, 2015.
- "Studies Raise Questions About Impact of Menu Calorie Counts." *The Associated Press*, November 2, 2015.

"When You Make Kids' Meals Healthier By Default, They Still Eat 'Em Up." *National Public Radio (The Salt blog)*, April 29, 2015.

"Studies Examine U.S. Meals in Schools." *Reuters*, November 24, 2014.

"Fighting Childhood Obesity in Schools." *New England Cable News (NECN)*, May 1, 2013.

"Reshaping Somerville: the Fight Against Childhood Obesity." *PBS Need to Know*, September 24, 2010.

"Healthy Cafeteria Menus." *CBS Evening News*, January 3, 2010.

"Immigrants' Home Diet Healthier." *The Boston Globe*, March 15, 2009.

"One Town Gets Children to Lead a Healthy Lifestyle." *Good Housekeeping*, October 2008.

"Fit City: How Somerville Became a National Model of Healthy Living." *The Boston Globe*, December 2, 2008.

"Slim City USA: What Happens When a Whole Community Decides it Needs to Lose Weight?" *Nightline (ABC News)*, June 22, 2007

"Boston Suburb Goes on a Diet, and it Worked." *The Associated Press*, May 16-17, 2007.

"Healthy Eating Program Helps Slim School Kids." *Reuters*, May 10, 2007.

"Town Shows Fighting Obesity Can Take a Village." *NBC Nightly News*, May 10, 2007.

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