Nutrition and Culinary Communications Intern – Kara Lydon, RD, LDN, RYT

**Location:** Boston, MA (preferred) but can be virtual  
**Category:** Communications/Social Media/Culinary  
**Description:** Looking for a unique nutrition and culinary communications focused internship experience? Kara Lydon, RD, LDN, RYT is accepting applications for a part-time intern (approx. 5-10 hours/week). Flexible hours and schedule provided to accommodate a busy student/internship workload. Responsibilities can include but are not limited to: create and edit blog posts, manage social media platforms and engagement, ideate on recipe development, test recipes, conduct nutrition analysis, support food photography shoots, assist with management of blog editorial calendar, edit videos and conduct research for nutrition articles. Intern will also get a close-up look at what it takes to own your own business. Perfect position for any nutrition student or intern who wants to gain entrepreneurial, social media, culinary, and communications experience.  
**Compensation:** Unpaid  
**Preferred Start Date:** May 1st  
**Preferred Term:** 6 month commitment  
**Contact:** Please send resume, cover letter, links to social media accounts, and one blog post writing sample including a photo and recipe to Kara@karalydon.com.  
**Deadline:** March 23rd

**Testimonial From Past Intern:** “*My experience working with Kara was nothing short of amazing. Being able to learn how to establish and maintain a social media presence has been invaluable. Kara’s attention to detail, patience, and willingness to try something new are just a few of the many things that make her a great mentor.*” – Shawn Zajicek, MS, DI Candidate at Boston University