Course Description:
Public health efforts in communities are implemented in many different types of settings, including nonprofit agencies, work sites, health centers, clinics, hospitals, schools, churches, supermarkets, recreational and sports centers, councils on aging/senior centers, and emergency feeding sites. This intensive course provides presentations, readings and activities related to the broad range of community-based nutrition research, programs and policies. This course is required to complete the Nutritional Sciences Major.

Students will become familiar with community-based research and programs focused solely on nutrition as well as those in which nutrition is a major component. Students will engage in skill-building and participatory activities, as well as be introduced to case examples of creative and innovative approaches to community nutrition. Through periodic field visits and guest speakers, students will have an opportunity to dialogue with public health experts and practitioners who can influence community nutrition practice. Upon completion of this course, the students will have a toolbox of skills to utilize and apply in a wide range of practice settings.

LEARNING OBJECTIVES: Using a project/problem-based approach to learning, a collaborative application of knowledge in classroom activities, and civic engagement opportunities, students should be able to:

• Responsibilities of the community nutritionist
• Nutrition program planning and evaluation strategies
• Methods of nutritional assessment and intervention
• Identification of nutrition programs and policies for various stages of the life cycle
• Tools needed to solve nutritional and health problems in a community setting
• Evaluation of Health Care System and the role Nutrition plays

The course meeting days and times have not been determined, but are likely to be either a Mon/Wed/Fri, Tues/Thur, or Mon/Wed schedule. If three days - the adjunct would be looking at 3x50 minute classes. If two - 2x75 minute classes. Doctorate preferred but not necessary.

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