

# NUTRITION INTERVENTIONS, COMMUNICATION, AND BEHAVIOR CHANGE

## DEGREE REQUIREMENT WORKSHEET FOR AY 2018-2019

Program Directors: **Jeanne Goldberg & Jennifer Sacheck**

*\*This is NOT an Official Transcript or Record\**

**NICBC - MS Degree Credits Requirement: A minimum of 16 credits.**

**NICBC - PhD Degree Requirements:** Students admitted directly to the PhD program must complete a minimum of four credits of coursework while enrolled at the Friedman School, and two or more semesters of NUTR 404: Food and Nutrition Policy Doctoral Research Seminar. NICBC PhD students must meet all the course requirements for the NICBC-MS degree, either through courses taken at the Friedman School, or by completing an Exemption Petition to recognize preparation elsewhere. **Exemptions:** For an exemption of a required course or degree requirement, you must complete an Exemption Petition form. Approval of an Exemption does NOT decrease the minimum number of course credits required for your degree program. Friedman student forms are available at: <http://nutrition.tufts.edu/students/registrar/forms>. **Important to Note:** Students in their last semester prior to graduation must meet with their Academic Advisor/Thesis Chair in-person to review this two-page Degree Requirement Worksheet, obtain the required approvals below, and submit a copy of the completed Worksheet to [Friedman's Registrar](#).

Student Name \_\_\_\_\_

Academic Advisor \_\_\_\_\_

Course #	Course Title	Credit	Offered	Communication (C), Interventions (I) Requirement	Semester/Year Mark "E" for Exemption	Grade
<b>Part I. Nutrition Science and Policy:</b>						
<b>Nutrition Science (4 credits):</b>						
NUTR 0228	Community and Public Health Nutrition (prerequisite: NUTR 245 and/or 246 or equivalent)	1	F/S	C, I		
NUTR 0245	Scientific Basis of Nutrition: Micronutrients	1	Fall	C, I		
NUTR 0246	Scientific Basis of Nutrition: Macronutrients	1	Spring	C, I		
NUTR 0301	Nutrition in the Life Cycle (prerequisite: NUTR 0202, or equivalent)	0.5	Spring	C, I		
NUTR 0312	Nutrition and Chronic Disease	0.5	Spring	C, I		
<b>Nutrition Policy (1 credit):</b>						
NUTR 0203	Fundamentals of Nutrition Policy and Programming	1	Fall	C, I		
NUTR 0238	Economics for Food Policy Analysis	1	Spring	C, I		
<b>Nutrition Science and Policy Core has 5 required credits. Students who enter with an earned degree in nutrition and are exempt from four or more of these required courses can select from any of the following list of Friedman courses to earn a total of 4 Nutrition Science and Policy credits or choose nutrition courses outside of Friedman with approval of advisor (may not apply course twice toward requirements):</b> NUTR 0226, NUTR 0233, NUTR 0208, NUTR 0215, NUTR 0234, NUTR 0370, NUTR 0371, NUTR 0272, NUTR 0285, NUTR 0303, NUTR 0327, NUTR 0330						
<b>Part II. Study Design and Analysis (4 Credits):</b>						
NUTR 0305	Nutritional Epidemiology (prerequisites: NUTR 0204, NUTR 0207/NUTR 0307 or their equivalents)	1	Fall	C		
NUTR 0314	Study Design in Nutrition Research (prerequisites: NUTR 0207 or equivalent, NUTR 0204 or equivalent, NUTR 245/246 or equivalent)	1	Spring	I		
NUTR 0204	Principles of Epidemiology	1	F/S	C, I		
NUTR 0207	Statistical Methods in Nutrition Research	1	Fall	C, I		
NUTR 0307	Regression Analysis for Nutrition Research (prerequisite: NUTR 0207)	1	Spring	C, I		
<b>Part III. Communications, Interventions, and Behavior Change (4 Credit Minimum):</b>						
NUTR 0205	Communicating Health Information to Diverse Audiences, Part A (prerequisite: NUTR 0220)	1	Spring	C		
NUTR 0220	Fundamentals of Writing About Nutrition and Health	0.5	Fall	C		
NUTR 0306	Communicating Health Information to Diverse Audiences, Part B (prerequisite: NUTR 0220)	0.5	Fall	C		
NUTR 0216	Management, Planning, and Control of Nutrition and Health Programs and Organizations (common substitution: PH 0216 – cross-register via Public Health)	1	Spring	I		
NUTR 0272	Nutrition, Physical Activity and Health	1	Spring	I		
NUTR 0211	Theories of Behavior Change and Their Application in Nutrition and Public Health Interventions	1	Fall	C, I		
NUTR 0218	Communications Strategies in Nutrition and Health Promotion Nutrition (enrollment limited to 20 students)	1	Spring	C, I		
NUTR 0300	The Art and Science of Verbal Communication (or HCOM 0544)	0.5	Fall	C, I		
<b>Part IV. Electives (Credits to Reach 16 Required Total):</b>						
Students may choose to take a variety of electives based on their career goals. These may include courses taught throughout Tufts and at cooperating institutions and will require advisor consent.						
<b>Training in Protection of Human Subjects (CITI) Degree Requirement – Completed? YES or NO</b>						
<b>Professional Internship or Research Practicum Degree Requirement; Location/Title Below and Semester of Enrollment to Enter in SIS</b>						

**Complete for Graduation - Approval of Intent to Graduate:** Based on my review of this worksheet and transcript it appears that this student will have met his/her requirements for graduation by (circle month): **August** or **February** or **May (Year)** \_\_\_\_\_.

Academic Advisor/Thesis Chair: \_\_\_\_\_  
Date: \_\_\_\_\_

Division Chair: \_\_\_\_\_  
Date: \_\_\_\_\_