Nutrition Science for Health Professionals

1 Year
3 Courses
Countless Opportunities

An Exceptional Experience

- 100% online - and highly interactive - coursework that allows flexibility and convenience without sacrificing quality
- All courses developed *and taught* by Tufts faculty
- Student to Faculty ratio = 17:1
- Graduate-level academic credit from Tufts University
- Courses held to the same academic standards as our campus-based, graduate degree courses
- Join a diverse student body from 15 countries and 23 states

Certificate Courses

- Principles of Nutrition Science
- Nutrition, Health, and Disease I: Pregnancy to Adolescence
- Nutrition, Health, and Disease II: Adulthood and Aging

Featured Faculty

Edward Saltzman, MD, is Dean of Education and an Associate Professor at the Friedman School of Nutrition Science & Policy. He is one of the instructors in the Nutrition, Health, and Disease courses taught in this program.

Why This Program?

Research has consistently linked nutritional status with the development of several chronic diseases and, in the U.S., dietary factors have been identified as the single most significant risk factor for disability and premature death.* Healthcare professionals are now expected to interpret nutrition research and implement clinical practice guidelines, yet most have received little or no formal nutrition education. We offer a graduate certificate program where health professionals can acquire knowledge about nutrition science and skills in translating this knowledge into plans for disease prevention and treatment. This program has been designed by physicians and nutritionists who specialize in clinical nutrition, and will provide the fundamentals of nutrition science in a manner that will be accessible and valuable to those engaged in the healthcare professions.


Visit & Learn
nutrition.tufts.edu/certificates

Contact Us
nutritioncertificates@tufts.edu

Apply
nutrition.tufts.edu/application

Nourishing Minds.
Nourishing Humanity.

STUDY the scientific principles of human nutrition including the dietary sources, recommendations, and biochemical roles of each nutrient. EXPLORE the mechanisms underlying nutrition-related problems that can occur at every stage throughout the life cycle. ANALYZE current controversies and address common diet-related questions that practitioners are often asked by patients.