



Gerald J. and Dorothy R.
Friedman School of
Nutrition Science and Policy

Degree Requirement Worksheet Nutrition Communication and Behavior Change

Student Name: _____ Catalog Year: _____

Advisor Name: _____

Course Number	Course Name	Credit	Offered	Sem/Year Taken (W for waiver)	Grade
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Part I. Nutrition Science and Policy Requirements (4 credits)

Nutrition Science					
NUTR 0202	Fundamentals of Nutrition Science	1	F		
NUTR 0301	Nutrition in the Life Cycle	0.5	S		
NUTR 0312	Nutrition and Chronic Disease	0.5	S		
Nutrition Policy (one of the following two courses is required)					
NUTR 0203	Fundamentals of Nutrition Policy and Programming	1	F		
NUTR 0238	Economics for Food Policy Analysis	1	S		
Nutrition Science and Policy core has 4 required credits. Students who have previously completed courses that exempt them from one or more of the above courses can select from the following courses to earn a total of 4 nutrition science and policy credits: NUTR 0203, 0226, 0228, 0272, 0303, 0305, 0315, 0320, 0321, 0330, 0370, 0371					

Part II. Study Design and Analysis Requirements (4 credits)

NUTR 0204	Principles of Epidemiology	1	F		
NUTR 0207	Statistical Methods in Nutrition Research (Policy)	1	F		
NUTR 0307	Regression Analysis for Nutrition Research	1	S		
NUTR 0314	Design of Epidemiologic Studies in Nutrition Research	1	S		

Part III. Communications and Behavior Change Requirements (4 credits)

NUTR 0220	Introduction to Writing about Nutrition and Health	0.5	F		
NUTR 0205	Comm. Of Health Information to Diverse Audiences I (prerequisite NUTR 220)	0.5	S		
NUTR 0306	Comm. of Health Information to Diverse Audiences II (prerequisite NUTR 205)	0.5	F		
NUTR 0211	Theories of Behavior Change and Their Application in Nutrition and Public Health Interventions	1	F		
NUTR 0218	Communication Strategies in Health Promotion	1	S		
HCOM 0544	Professional Communication	0.5	F		



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Part IV: Electives (credits to reach 16 required total)

Students may choose to take a variety of electives based on their interests, or they may prefer to put together a group of three or more courses that would constitute a "concentration." Three examples are provided. These are not the only ways to assemble a focus.

US Food and Nutrition Policy

NUTR 0238	Economics for Food Policy Analysis	1	S		
NUTR 0303	Determinants of US Food Policy (prerequisite NUTR 0238)	1	F		
NUTR 0221	The Global Food Business	1	S		
NUTR 0226	Health Claims and the Food Industry	1	S		

Community and Public Health Nutrition

NUTR 0228	Community and Public Health Nutrition	1	F/S		
HCOM 0522	Changing Health Behaviors: Healthy People and Communities	1	F/S/S		
HCOM 0536	Health, Culture and Communication	0.5	S		
HCOM 0543	Public Relations: Framing the Dialogue for Public Health	0.5	F		

Agriculture, Food and the Environment

NUTR 0215	Fundamentals of US Agriculture	1	F		
NUTR 0233	Agriculture Science and Policy I (prerequisite NUTR 0215)	1	S		
NUTR 0333	Agriculture Science and Policy II (prerequisite NUTR 0215 and NUTR 0233)	1	F		
NUTR 0342	Food Systems Modeling and Analysis	1	S		
UEP 0293	Food Justice: Critical Approaches in Policy and Planning	1	F		

NUTR 0298-C – Professional Internship or Research Practicum (see Policy and Procedures Manual for details)

Description: _____ Date: _____

Training in Protection of Human Subjects: Required of all FSNP students for all degrees.

<https://www.citiprogram.org/default.asp>

Training Description: _____ Date: _____

NOTE: To exempt from a requirement on this worksheet please fill out a Petition for Exemption from a Required Course or other Degree Requirement Form (<http://nutrition.tufts.edu>) and return it to the Office of Student Affairs

16 credit minimum for Master of Science

Complete for Graduation – Approval of Intent to Graduate:

Based on my review of this worksheet and transcript for **(Name of Student)**

_____,
it appears that this student will have met their requirements for graduation by

(circle month): **August** or **February** or **May**
(Year) _____.

Academic Advisor

Signature: _____ **Date:** _____

Program Director Signature: _____ **Date:** _____