**Course Description**

This course equips students with the principles used in economics for food policy analysis. We use the graphical methods taught in standard, one-semester courses on the principles of economics, but our motivation, examples and applications are focused on food and nutrition problems in the United States and around the world.

**Course Delivery**

NUTB 238 is taught online through video lectures, conversations, presentations and exercises, with one week of on-campus work. The private, password-protected content of the class is at trunk.tufts.edu/portal/site/n238-fall15. Content for public visibility will be posted online at sites.tufts.edu/foodecon. Regular weekly office hours for individual and group conversation will be held online via WebEx following links in the Trunk site, and online meetings or phone calls can also be scheduled at other times.

**Course Objectives**

NUTB 238 helps students explain, predict and evaluate the social outcomes of individual choices using economics principles. Students gain familiarity with the data sources and analytical methods needed to: (1) explain and predict consumption, production and trade in agriculture and food markets; (2) evaluate the social welfare consequences of market failure, collective action and government policies including regulation, taxation and enforcement of property rights in agriculture and food markets; (3) measure poverty and inequality in income, wealth, nutrition and health, as influenced by changes in markets and policies; and (4) describe macroeconomic relationships, fluctuations and trends in incomes, employment, economic growth and development.
Texts and Materials
The textbook for this course is Paul Krugman and Robin Wells, *Economics* (Worth Publishers, 2nd ed., 2009). Used copies are widely available online, with updated pricing listed here: [www.allbookstores.com/book/compare/0716771586](http://www.allbookstores.com/book/compare/0716771586). The updated 3rd edition may be used instead, but is not needed. Additional material specific to this course will be distributed via Trunk. Students looking for a text applying economic principles to food policy might use *Food Policy Analysis* by Timmer, Falcon and Pearson, which is now available freely online, at: [www.stanford.edu/group/FRI/indonesia/documents/foodpolicy/fronttoc.fm.html](http://www.stanford.edu/group/FRI/indonesia/documents/foodpolicy/fronttoc.fm.html).

Assignments and Grading
For most students, this will be your first course in economics. All lectures and discussion sessions are supported by textbook readings which provide additional detail, and can be done either before or after the topic is discussed in class. A series of 11 weekly assignments are designed to help you practice the skills needed for successful economic analysis of food and nutrition problems, while the midterm and final presentations ask you to apply those skills to an important problem in food policy analysis. The first four assignments ask you write, use graphical methods and compute the nutritional consequences of real-life food choices. The next four assignments ask you to practice applying economic principles to news articles you find on the internet, and the last three ask you to collect and interpret real-life data to illustrate the issues discussed in class. Each of these assignments is graded out of 5 points, of which the lowest will be dropped for a total of 50 points. In addition, the course project has 40 points, and your comments on other students’ assignments are worth 10 points for a total of 100.

<table>
<thead>
<tr>
<th>Summary of Assignments</th>
<th>Grading Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eleven weekly assignments (5 points each, one dropped)</td>
<td>50%</td>
</tr>
<tr>
<td>Course project (40 pts total)</td>
<td>40%</td>
</tr>
<tr>
<td>Comments on other students’ assignments</td>
<td>10%</td>
</tr>
</tbody>
</table>

Penalties for late or incomplete assignments
The deadline for each homework assignment and exam is shown on the syllabus. Students who are unable to complete an assignment or exam on time for any reason should notify the instructor by email, text message or phone at any time prior to the deadline, with a brief explanation for why the extension is needed. Late work for which an extension has not been granted will not be graded. Of the 11 weekly assignments the one with the lowest score will be dropped, so you can miss one without penalty.

Academic Conduct
Education invites you to take the ideas of others and make them your own. You are encouraged to read widely and to discuss class materials with other students, but any material you produce to show mastery of these ideas must be your own work. More specifically, each student is responsible for upholding the highest standards of academic integrity, as specified in the school’s *Policies and Procedures* manual ([http://nutrition.tufts.edu/student/documents](http://nutrition.tufts.edu/student/documents)) and university policies ([http://uss.tufts.edu/studentAffairs/documents/tuftsStudentHandbook.pdf#page=4](http://uss.tufts.edu/studentAffairs/documents/tuftsStudentHandbook.pdf#page=4)).
It is the responsibility of each student to understand and comply with these standards, as violations will be sanctioned by penalties ranging from failure on an assignment and the course to dismissal from the school.

**Accommodations of Disabilities**

Tufts University is committed to providing equal access and support to all students through the provision of reasonable accommodations so that each student may access their curricula and achieve their personal and academic potential. If you have a disability that requires reasonable accommodations, please contact the Friedman School Assistant Dean of Student Affairs at 617-636-6719 to make arrangements for determination of appropriate accommodations. Please be aware that accommodations cannot be enacted retroactively, making timeliness a critical aspect for their provision.

**Course Topics & Assignment Schedule at a Glance**

Note: Schedule is subject to change. All readings are from Krugman and Wells, *Economics* (Worth Publishers, 2nd ed., 2009).

<table>
<thead>
<tr>
<th>Week / Classes</th>
<th>Topic</th>
<th>Reading</th>
<th>Assignments (due Sun. midnight)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Sept 8-13</td>
<td>What is economics? How is it useful?</td>
<td>Ch. 1-2</td>
<td>1. Personal essay (Sep 13)</td>
</tr>
<tr>
<td>2. Sept 14-20</td>
<td>Market equilibrium and social welfare</td>
<td>Ch. 3-4</td>
<td>2. Graphing exercise (Sep 20)</td>
</tr>
<tr>
<td>3. Sept 21-27</td>
<td>Government regulation and taxes</td>
<td>Ch. 5-8</td>
<td>3. Draft blog post (Sep 27)</td>
</tr>
<tr>
<td>5. Oct 5-11</td>
<td>Agricultural production &amp; food supply</td>
<td>Ch. 12</td>
<td>5. Farm news analysis (Oct 11)</td>
</tr>
<tr>
<td>9. Nov 2-8</td>
<td>Course project: draft problem statement, analytical methods &amp; data sources</td>
<td></td>
<td>(Nov 8)</td>
</tr>
<tr>
<td>11. Nov 16-22</td>
<td>Recessions, unemployment and inflation</td>
<td>Ch. 22-24</td>
<td>10. Macro data analysis (Nov 22)</td>
</tr>
<tr>
<td>12. Nov 23-29</td>
<td>Growth, investment and agriculture</td>
<td>Ch. 25-27</td>
<td>None (Thanksgiving)</td>
</tr>
<tr>
<td>13. Nov 30-Dec 6</td>
<td>Globalization, trade and the food system</td>
<td>Ch. 34</td>
<td>11. Food data analysis (Dec 6)</td>
</tr>
<tr>
<td>14. Dec 7-13</td>
<td>Course project: final reports and presentations</td>
<td></td>
<td>(Dec 13)</td>
</tr>
</tbody>
</table>
Course Topics, Assignment Schedule and Learning Objectives

Note: Schedule is subject to change. Learning objectives will be pursued in terms of their applicability to agriculture, food and nutrition, using examples from the U.S. and a wide variety of other countries. All assignments except presentations are due at midnight Eastern time on the Sunday at the end of the week shown, but students are encouraged to upload their work as soon as it is completed for comments and feedback it.

**Week 1 -- Sept 8-13**
Topic: What is economics? How is it useful for food policy analysis?
Reading: Krugman and Wells, Chapters 1 & 2
Homework: #1. Personal essay: Thinking like an economist
Objectives: Upon completion of this week, students will be able to:
- Describe the principles used in economics to explain and predict social outcomes
- Describe the strengths and limitations of economics as a social science
- Describe the strengths and limitations of economics for everyday life

**Week 2 -- Sept 14-20**
Topic: Market equilibrium and social welfare in the food system
Reading: Krugman and Wells, Chapters 3 & 4
Homework: #2. Graphing exercise: Drawing by hand
Objectives: Upon completion of this week, students will be able to:
- Use production possibility frontiers to derive supply curves from observed prices and observed quantities
- Use supply and demand curves to derive producer and consumer surplus measures of economic welfare from observed prices and quantities
- Describe the strengths and limitations of using supply curves, demand curves and economic surplus to evaluate social welfare changes

**Week 3 -- Sept 21-27**
Topic: Government regulation, taxes and subsidies in food markets
Reading: Krugman and Wells, Chapters 5, 6, 7 & 8
Homework: #3. Draft blog post (based on ex #1 personal essay, or other commentary)
Objectives: Upon completion of this week, students will be able to:
- Use supply, demand and economic surplus to evaluate the effects of government regulation and taxes on prices, quantities and social welfare
- Use elasticities to characterize consumer and producer response to changes in income, prices and production possibilities
- Use supply and demand diagrams with and without international trade to explain and predict prices, quantities and social welfare changes
Week 4 -- Sep 28-Oct 4 (in-person classes on Oct 3, 4 and 5)
Topic: Household behavior and food consumption
Reading: Krugman and Wells, Chapters 9, 10 & 11
Homework: #4. Least cost diets around the world (done during residency)
Objectives: Upon completion of this week, students will be able to:
  • Use marginal benefits, indifference curves and budget constraints to derive demand
curves from observed prices and quantities
  • Use the distinction between income and substitution effects to assess consumer welfare
changes in response to variation in prices and preferences
  • Describe the strengths and limitations of optimization as an explanation for food
consumption choices in the U.S. and elsewhere

Week 5 -- Oct 5-11
Topic: Agricultural production and food supply
Reading: Krugman and Wells, Chapter 12
Homework: #5. News analysis about agricultural production
Objectives: Upon completion of this week, students will be able to:
  • Use marginal costs, fixed costs and input response in production to derive supply curves
  • Use the distinction between scale economies and supply response to assess producer
welfare changes in response to variation in prices and technologies
  • Describe current events in the agricultural sector using economics principles

Week 6 – Oct 12-18
Topic: Agricultural production & food supply (continued)
Reading: Krugman and Wells, Chapter 13
Homework: #6. News analysis about food supply and prices
Objectives: Upon completion of this week, students will be able to:
  • Use economic principles to identify the market conditions needed for perfect
competition in agriculture and other sectors
  • Describe the behavior of individuals and firms in perfectly competitive markets
  • Describe current events in food markets in terms of perfect competition

Week 7 -- Oct 19-25
Topic: Market structure and monopoly power
Reading: Krugman and Wells, Chapters 14, 15 & 16
Homework: #7. News analysis about food companies
Objectives: Upon completion of this week, students will be able to:
  • Use economics principles to identify the market conditions needed for firms to acquire
monopoly power in markets for food, farm inputs and other sectors
  • Describe the behavior of individuals and firms in monopolies and other market
structures
  • Describe current events in food markets in terms of market structure
Week 8 -- Oct 26-Nov 1

*Topic:* Market failure and collective action  
*Reading:* Krugman and Wells, Chapters 17 & 18  
*Homework:* #8. News analysis about food policy and politics  
*Objectives:* Upon completion of this week, students will be able to:  
- Use economic surplus to evaluate welfare consequences of externalities, environmental damage and other market failures  
- Describe the opportunities for collective action to provide public goods and regulation, taxation and property rights enforcement to remedy market failures  
- Describe current events in terms of market failure and collective action

Week 9 -- Nov 2-8

*Topic:* Putting it all together – completing stage 1 of the course project  
*Reading:* Nothing new  
*Homework:* Upload document as detailed in course project guidelines  
*Objectives:* Upon completion of this week, students will be able to:  
- Use economic principles to address an important food and nutrition policy question, identifying appropriate analytical diagrams and data sources.  
- Communicate that economic analysis in writing, using constructive criticism of others’ writing to help each other write more effectively.

Week 10 -- Nov 9-15

*Topic:* Poverty, safety nets and risk  
*Reading:* Krugman and Wells, Chapters 19, 20 & 21  
*Homework:* #9. Data analysis on poverty and nutrition  
*Objectives:* Upon completion of this week, students will be able to:  
- Use economic principles to apply poverty lines and other thresholds for measuring welfare and targeting social programs  
- Describe major influences on income distribution, inequality and social mobility  
- Obtain and present current data on global poverty and malnutrition rates

Week 11 -- Nov 16-22

*Topic:* Recessions, unemployment and inflation  
*Reading:* Krugman and Wells, Chapters 22, 23 & 24  
*Homework:* #10. Data analysis on income, growth and development  
*Objectives:* Upon completion of this week, students will be able to:  
- Use economic principles to explain and predict business cycle fluctuations, including the timing and extent of recessions, unemployment and inflation  
- Describe the role of fiscal and monetary policy in managing business cycles  
- Obtain and present current data on incomes, employment and inflation
Week 12 – Nov 23-29
Topic: Growth, investment and agriculture
Reading: Krugman and Wells, Chapters 25, 26 & 27
Homework: None (give thanks instead!)
Objectives: Upon completion of this week, students will be able to:
- Use economic principles to explain and predict economic growth and structural transformation between agriculture, industry and services over time
- Describe the experience of economic growth across countries and regions
- Obtain and present current data on economic growth and development

Week 13 – Nov 30-Dec 6
Topic: Globalization, trade and the food system
Reading: Krugman and Wells, Chapter 34 and review Chapter 8
Homework: #11. Data analysis on world food trade
Objectives: Upon completion of this week, students will be able to:
- Use economic principles to explain, predict and evaluate changes in international trade, foreign investment and capital flows among countries
- Describe the major changes associated with globalization of agriculture and food
- Obtain and present current data on food production, consumption and trade

Week 14 – Dec 7-13
Topic: Putting it all together – completing stage 2 of the course project
Reading: Nothing new
Homework: Upload document and video as detailed in course project guidelines
Objectives: Upon completion of this week, students will be able to:
- Use economic principles to address an important food and nutrition policy question, drawing appropriate analytical diagrams and using available data to construct meaningful charts and tables.
- Present food and nutrition policy analyses verbally and in writing, through practice in presenting own results and providing feedback on others’ presentations.
Exercises
The exercises for this course are adapted for online work, with the exception of the week 4 exercise which is done in-person during the residency on campus. Each assignment is to be uploaded to Trunk (our private, password-protected course site) for review and grading; a selection of the best assignments will then be posted to our course blog, which will be open to the public. Thus, all assignments should be undertaken with the goal of being sufficiently well-crafted to be of interest to other readers interested in food and nutrition policy. Your own assignments will count for 90% of your grade in this class, and 10% will be determined by your comments on other students’ assignments in Trunk and any posts you might make on the course blog at http://sites.tufts.edu/foodecon.

Week 1. Personal essay: What does it mean to ‘think like an economist’?
Our first exercise is to describe one or more example(s) from your own life in which you did (or did not) use economic principles in your own decisions, to understand others peoples’ choices and the societal outcomes of interactions between people. (Max. 1000 words)

Week 2 -- Graphing exercise: Drawing by hand
This assignment asks you to hand-draw the main diagrams used in economics to show two-dimensional slices of our infinite-dimensional world, following a set of instructions provided online. Upload photos of your charts and describe what you drew. (Max. 500 words)

Week 3 – Draft blog post: An example of ‘thinking like an economist’
From what you’ve seen from the first two weeks of class, this assignment asks you to draft an initial blog post describing an example of economics in action. These should be shorter than your ex. #1, and typically addresses one or more items elsewhere on the web which you can discuss and link to in your blog post. These draft blog posts can be revised versions of your personal essay, or a commentary on something else. You are particularly encouraged to use this as an introduction to the question you’ll address in your course project. (Max. 500 words)

Week 4 -- Group exercise: Least-cost diets around the world
During the in-person residency, you will work together in small groups to assemble real data from authoritative sources around the world on the nutritional aspects of food consumption choices at various levels of income, including particularly the least-cost diet needed to meet your nutritional needs.

Week 5 -- News analysis: Agricultural production
This is the first of five assignments asking you to provide economic analyses of two recent news articles, following instructions provided online. In this case, the articles should focus on actual or possible change in the physical or technological circumstances affecting farmers' food production choices somewhere in the world.

Week 6 – News analysis: Food prices
Your second news-analysis exercise asks you to describe and provide an economic analysis of two recent events affecting food prices in a competitive market somewhere around the world.
**Week 7 -- News analysis: Food companies and market structure**
The third news analysis concerns the behavior of one or more individual companies that may (or may not) come to hold a monopoly position in a particular market.

**Week 8 -- News analysis: Food policy and politics**
Your final news analysis concerns how political systems have responded to events in food and nutrition, describing and analyzing a particular intervention in the US or elsewhere.

**Week 9 – Project stage 1: Draft problem statement, analytical methods and data sources**
The first stage of the course project builds on the first set of exercises, asking you to identify a specific food and nutrition policy problem of interest, draw one or more analytical diagrams needed to explain and predict observed outcomes, and describe one or more available data sources with which you can make original charts and tables to summarize those observations. Detailed instructions are provided in the project guidelines.

**Week 10 -- Data analysis: Diets and nutritional outcomes**
This is the first of three assignments to practice obtaining, transforming and presenting current data from authoritative sources. The first data collection tasks concerns evidence on income levels and poverty, food consumption and nutritional status around the world.

**Week 11 – Data analysis: Income, growth and development**
The second data-analysis exercise involves data on income levels, growth rates and associated changes in living conditions in recent decades across various countries.

**Week 12 -- No new assignment**
This week is for Thanksgiving!

**Week 13 -- Data analysis: World food markets and trade**
The last data-analysis exercises focuses on production, consumption and trade patterns for the major food groups.

**Week 14 – Project stage 2: Final presentation in writing and in person (by video)**
We end the class by presenting and learning from each other’s course projects, putting all your skills together and communicating the results effectively in person (through a recorded video) and in writing (through a well-documented report). Detailed instructions are provided in the project guidelines.