Specializations and Course Listings

Tufts University | Gerald J. and Dorothy R. Friedman School of Nutrition Science and Policy

Friedman Online Core*

Nutrition science*	Quantitative reasoning	Policy and programs	Experiential learning
NUTR 245 & 246: Scientific Basis for Nutrition, Micro & Macronutrients **OR** NUTR 370/371: Nutritional Biochemistry and Physiology: Macro & Micronutrients	NUTR ON 250: Statistical Methods for Health Professionals I	Understanding mechanisms and functions of policy processes and initiatives (e.g., laws, regulations, programs). Courses that fulfill the requirement are indicated by double asterisk (**) below.	Hands-on practical experience to enhance the in-class learning experience
2 courses, 6 credits	*1 course, 3 credits*	*1-2 courses, 3 credits*	*Minimum of 120 hours*

Course Options by Specialization

Nutrition Communication

NUTR 322: Writing Well About Food and Nutrition • **3CR, FALL**

NUTR ON or NUTC 211: Theories of Behavior Change and Their Application in Nutrition and Public Health Interventions • **3CR, SPR/SUM**

NUTR 218: Communications Strategies in Nutrition and Health Promotion • **3CR, SPR**

NUTR 393: Data Visualization and Effective Communication • **3CR, SPR**

* Please speak with your advisor prior to registration to determine the appropriate nutrition course(s) for your specialization. Some courses may require prerequisites beyond the school-wide requirements (e.g., graduate or undergraduate general biochemistry; see full list here);
NUTR 203: Fundamentals of Nutrition Policy & Programming; NUTR ON 206: Global Food and Nutrition Policy; NUTR ON 222: Gender and Intersectional Analysis in Humanitarian Assistance ***AND* NUTR ON 223: Protection in Humanitarian Assistance; NUTR ON 227: Global Nutrition Programs; NUTR ON234: Climate, Agriculture, and Food Policy; or NUTR ON 238: Economics of Food, Agriculture and Nutrition
Please note: The courses listed here and their availability may be subject to change. Please check SIS for current course offering.