Nutrition Equity

Friedman Core*

Nutrition science	Quantitative reasoning	Policy and programs	Experiential learning
NUTR or NUTC 202: Principles of Nutrition Science OR NUTR 245 & 246: Scientific Basis for Nutrition, Micro & Macronutrients	NUTR 207: Statistical Methods in Nutrition Science and Policy	NUTR 203: Fundamentals of Nutrition Policy and Programs	Internship directed study, practicum, job, or other non-classroom experience
1-2 courses **3-6 CR, FALL/SPR**	*1 course* **3CR, FALL**	*1 course* **3CR, FALL**	*Minimum of 120 hours*

Specialization Requirements

Required courses

NUTR 238: Economics of Food, Agriculture and Nutrition • **3CR, FALL**

NUTR 285: Food Justice: Critical Approaches in Policy and Planning • **3CR, FALL**

NUTR 303: Determinants of US Food Policy • **3CR, FALL** OR NUTR 304: Nutrition, Food Security, and Development • **3CR, FALL**

NUTR 307: Regression Analysis for Nutrition Science and Policy • **3CR, SPR**

Recommended courses

NUTR 228: Community and Public Health Nutrition • **3CR, FALL** OR NUTR 227: International Nutrition Programs • **3CR, FALL**

NUTR 274: Ethics and Community-Engaged Research • **3CR, SPR**

Related courses

PH 210 - Law in Public Health • **3CR, FALL**

NUTR 330: Anthropology of Food and Nutrition • **3CR, SPR**

PH 246 - Public Health Advocacy

PH 262: GIS for Public Health • **3CR, SPR**

PH 290: Qualitative Methods and Data Analysis • **3CR, SPR**

Skills and Knowledge Gained

Understand historical and structural factors that result in inequitable systems; Understand how to design interventions to address inequities; Be able to apply an equity lens to all aspects of the research process; Assess social determinants of health and their relationship to food security; Demonstrate the ability to apply health equity frameworks and solutions to food and nutrition-associated programs and policies; Demonstrate ability to use cultural adaptations and culturally humble approaches; Develop engagement, empowerment, and advocacy skills and strategies for accelerating nutrition equity

*Please speak with your advisor or the Dean for Education if you would like to request an exemption or substitution.
Please note: The courses listed here and their availability may be subject to change. Please check SIS for current course offering.