Nutrition Entrepreneurship and Innovation

Friedman Core*

Nutrition science	Quantitative reasoning	Policy and programs	Experiential learning
NUTR or NUTC 202: Principles of Nutrition Science	NUTR 207: Statistical Methods in Nutrition Science and Policy	NUTR 203 OR NUTR 215 OR NUTR 238 OR NUTR ON 206**	Internship directed study, practicum, job, or other non-classroom experience
1 course, (3CR, FALL/SPR/SUM)	*1 course* (3CR, FALL)	*1 course* (VARIES)	*Minimum of 120 hours*

Specialization Requirements

Required courses	Recommended courses	Related courses
NUTR 280: Nutrition and Entrepreneurship: Idea to Impact • 4.5CR, FALL NUTR 284: Food Law and Regulation • 3CR, SPR*** NUTR 393: Data Visualization and Effective Communication • 3CR, SPR***	NUTR 278: Corporate Social Responsibility in the Food Industry • 3CR, SPR	NUTR 213: Social Media for Health and Nutrition Communication • 1.5CR, FALL NUTR 273: Social Psychology of Eating Behavior • 3CR, SPR

Skills and Knowledge Gained

Create a complete business plan, including financials, pitch decks, and strategy development; Gain practical insights into entrepreneurship while learning from industry experts; Strengthen leadership and teamwork skills through collaborative projects and presentations; Ensure students are seen as industry-ready, not just policy-focused; Learning to identify problems (instead of just jumping to solutions); Teamwork, presenting skills, and breaking down startup impostor syndrome; Getting comfortable hearing different perspectives, taking criticism, and networking; Integrating private sector insights to build on the deep policy and macro learning; General understanding of the principles of entrepreneurship and innovation; Key legal and regulatory underpinnings of the food business across the supply chain

*Please speak with your advisor or the Dean for Education if you would like to request an exemption or substitution.
** NUTR203: Fundamentals of Nutrition Policy and Programs; NUTR 215: Fundamentals of US Agriculture; NUTR 238: Economics of Food, Agriculture and Nutrition ; NUTR ON 206: Global Nutrition Policy and Programs
*** Waivers for substitution encouraged for cross-registration
Please note: The courses listed here and their availability may be subject to change. Please check SIS for current course offering.

Tufts University | Gerald J. and Dorothy R. Friedman School of Nutrition Science and Policy