

Nutrition Equity

Friedman Core*

Nutrition science	Quantitative reasoning	Policy and programs	Experiential learning
NUTR or NUTC 202: Fundamentals of Nutrition Science OR NUTR 245 & 246: Scientific Basis for Nutrition, Micro & Macronutrients	NUTR 207: Statistical Methods in Nutrition Science and Policy	NUTR 203: Fundamentals of Nutrition Policy and Programs	Internship directed study, practicum, job, or other non-classroom experience
<i>1-2 courses</i> 3-6 CR, FALL/SPR	<i>1 course</i> 3CR, FALL	<i>1 course</i> 3CR, FALL	<i>Minimum of 120 hours</i>

Specialization Requirements

Required courses	Recommended courses	Related courses
NUTR 238: Economics of Food, Agriculture and Nutrition • 3CR, FALL NUTR 285: Food Justice: Critical Approaches in Policy and Planning • 3CR, FALL NUTR 303: Determinants of US Food Policy • 3CR, FALL OR NUTR 304: Nutrition, Food Security, and Development • 3CR, FALL NUTR 307: Regression Analysis for Nutrition Science and Policy • 3CR, SPR	NUTR 228: Community and Public Health Nutrition • 3CR, FALL OR NUTR 227: International Nutrition Programs • 3CR, FALL NUTR 210: Survey Research in Nutrition • 3CR, SPR NUTR 274: Ethics and Community-Engaged Research • 3CR, SPR	PH 210 - Law in Public Health • 3CR, FALL NUTR 330: Anthropology of Food and Nutrition • 3CR, SPR PH 246 - Public Health Advocacy PH 262: GIS for Public Health • 3CR, SPR PH 290: Qualitative Methods and Data Analysis • 3CR, SPR

Skills and Knowledge Gained

Understand historical and structural factors that result in inequitable systems; Understand how to design interventions to address inequities; Be able to apply an equity lens to all aspects of the research process; Assess social determinants of health and their relationship to food security; Demonstrate the ability to apply health equity frameworks and solutions to food and nutrition-associated programs and policies; Demonstrate ability to use cultural adaptations and culturally humble approaches; Develop engagement, empowerment, and advocacy skills and strategies for accelerating nutrition equity

*Please speak with your advisor or the Dean for Education if you would like to request an exemption or substitution.

Please note: The courses listed here and their availability may be subject to change. Please check [SIS](#) for current course offering.

