

There is no “typical” student journey at The Friedman School, so this is intended to give a general overview of the choices available to all online MS students. We encourage you to work with your advisor to design the pathway that works for you.

At a glance

- 30 credits, 10 courses
- 1 year full-time or 2 years part-time

Friedman Online Core

| Nutrition Science | Quantitative reasoning | Policy and programs | Experiential Learning |
|--|---|--|---|
| Foundational knowledge on the impact of nutrition on biologic functions and human health | Tools and skills for interpreting and understanding scientific analyses | Understanding mechanisms and functions of policy processes and initiatives (e.g., laws, regulations, programs) | Hands-on practical experience to enhance the in-class learning experience |
| 1-2 courses, 3-6 credits* | 1 course, 3 credits | 1 course, 3 credits* | Minimum of 120 hours |

Specialization and Elective Coursework

| Specialization (3 courses, 9 credits) | Elective courses |
|--|--|
| Students must choose one specialization from a list of four, and complete at least 9 credits in that area. Students may also choose to build their own specialization with guidance from their academic advisor. | After completing their specialization, students must complete a remaining 6-9 credits of other elective coursework, which may include courses within their area of specialization, or from a totally separate discipline |

Experiential Learning

| Overview | Examples |
|--|---|
| All MS students must complete a minimum of 120 hours of experiential learning. Students must propose and obtain approval for the project from both their project sponsor and academic advisor. | <ul style="list-style-type: none"> • Internship • Practicum • Research Assistantship • Master’s Thesis • Current Work Experience • Immersive Experience |

*Varies, depending on the specialization

Viewbook last updated 01/13/2026. Please note that what is listed on the following pages may be subject to change as course offerings may change over time.

EXAMPLE: Online MS: Nutrition Science and Policy

EXAMPLE: NSP Specialization Friedman Core (15 credits)

| Nutrition science* | Quantitative reasoning | Policy and programs | Experiential learning |
|--|--|--|--|
| NUTR 370/371: Nutritional Biochemistry and Physiology: Macro & Micronutrients OR NUTR 245 & 246: Scientific Basis for Nutrition, Micro & Macronutrients | NUTB 250: Statistical Methods for Health Professionals I | NUTB 206: Global Food and Nutrition Policy | Internship directed study, practicum, job, or other non-classroom experience |
| 2 courses, 6CR, FALL/SPR | 1 course, 3CR, FALL | 1 course, 3CR, SUM | Approx. 120 hours |

EXAMPLE: NSP Specialization Courses and Electives

| Required courses (9 credits) | Elective coursework (choose 6 credits from list below)*# |
|---|---|
| NUTB 204: Epidemiology for Nutrition Professionals • 3CR, SPR NUTB 350: Statistical Methods for Health Professionals II • 3CR, SPR NUTB 300: Thesis: Research Methods and Proposal Writing Practicum • 3CR, SUM | NUTB 211: Theories of Behavior Change • 3CR, SUM NUTB 219: Food Science Fundamentals • 1.5CR, FALL NUTB 243: Nutrition, Brain, and Behavior • 1.5CR, FALL NUTB 227: Global Nutrition Programs • 3CR, SPR NUTB or NUTR 238: Economics of Food, Agriculture and Nutrition • 3CR, SPR; 3CR, FALL NUTR 397: Directed Study • 3CR, VARIES |

*Students should consult with their academic advisor to identify which course(s) best align with their academic goals.

#Students may also consider courses from three other specializations or graduate certificate program with advisor consultation.