

Specializations and Course Listings

Friedman Online Core

Nutrition science*	Quantitative reasoning	Policy and programs	Experiential learning	Friedman Seminar
NUTC 202: Fundamentals of Nutrition Science OR NUTR 245 & 246: Scientific Basis for Nutrition, Micro & Macronutrients OR NUTB 205/305: Nutritional Biochemistry, Micro and Macronutrients	NUTB 250: Statistical Methods for Health Professionals I	Understanding mechanisms and functions of policy processes and initiatives (e.g., laws, regulations, programs). Courses that fulfill the requirement are indicated by double asterisk (**) below.	Hands-on practical experience to enhance the in-class learning experience	School-wide venue to promote intellectual exchange on food and nutrition, featuring top scholars and professionals
<i>1 course, 3 credits</i>	<i>1 course, 3 credits</i>	<i>1 course, 3 credits</i>	<i>Minimum of 120 hours</i>	<i>2 semesters, 1.5 SHU/semester</i>

Specialization-specific Courses

Nutrition Science and Policy

NUTB 204: Epidemiology for Nutrition Professionals
 NUTB 206: Global Food and Nutrition Policy**
 NUTB or NUTC 211: Theories of Behavior Change
 NUTB 219: Food Science Fundamentals
 NUTB 227: Global Nutrition Programs
 NUTB 238: Economics of Food, Agriculture and Nutrition**
 NUTB 243: Nutrition, Brain, and Behavior
 NUTB 300: Thesis: Research Methods and Proposal Writing Practicum
 NUTB 350: Statistical Methods for Health Professionals II

Climate, Sustainability, and Food (launches Fall 2025)

NUTC 261: Sustainability on the Farm
 NUTC 262: Sustainable Food Systems and Markets
 NUTC 263: Sustainability and the Food Consumer
*Climate, Agriculture, and Food Policy**#*
Climate Change: Risk and Adaptation for Food Systems and Beyond#
Systems Science Approaches to Sustainability in Agriculture and Food Systems #

* Please speak with your advisor prior to registration to determine the appropriate nutrition course(s) for your specialization.

**Fulfills policy course requirement

Course currently in development