

Nutrition Equity

Friedman Core*

Nutrition science	Quantitative reasoning	Policy and programs	Experiential learning	Friedman Seminar
NUTR 245 & 246: Scientific Basis for Nutrition, Micro & Macronutrients	NUTR 207: Statistical Methods in Nutrition Science and Policy	NUTR 203: Fundamentals of Nutrition Policy and Programs	Internship directed study, practicum, job, or other non-classroom experience	2 semesters of Friedman Seminar Course
2 courses, 6 credits	1 course, 3 credits	1 course, 3 credits	Minimum of 120 hours	2 semesters, 1.5 credits each

Specialization Requirements

Required courses	Recommended courses	Related courses
<p>NUTR 307: Regression Analysis for Nutrition Science and Policy</p> <p>NUTR 285: Food Justice: Critical Approaches in Policy and Planning</p> <p>NUTR 303: Determinates of US Food Policy</p> <p><i>Equity in Food, Agriculture, and Nutrition**</i></p>	<p>NUTR 228: Community and Public Health Nutrition</p> <p><i>Ethics of Community Engagement**</i></p>	<p>NUTR 330: Anthropology of Food and Nutrition</p> <p>PH 210 - Law in Public Health</p> <p>PH 246 - Public Health Advocacy</p> <p>PH 262: GIS for Public Health</p> <p>PH 290: Qualitative Methods and Data Analysis</p>

Skills and Knowledge Gained

Understand historical and structural factors that result in inequitable systems; Understand how to design interventions to address inequities; Be able to apply an equity lens to all aspects of the research process; Assess social determinants of health and their relationship to food security; Demonstrate the ability to apply health equity frameworks and solutions to food and nutrition-associated programs and policies; Demonstrate ability to use cultural adaptations and culturally humble approaches; Develop engagement, empowerment, and advocacy skills and strategies for accelerating nutrition equity

*Please speak with your advisor or the Dean for Education if you would like to request an exemption or substitution.

** Course currently in development



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