

**NUTRITION INTERVENTIONS, COMMUNICATION, AND BEHAVIOR CHANGE  
DEGREE REQUIREMENT WORKSHEET FOR AY 2016-2017**

**Program Directors: Jeanne Goldberg & Jennifer Sackch**

***\*This is NOT an Official Transcript or Record\****

Updated: April 7, 2017

**NICBC - MS Degree Credits Requirement:** A minimum of 16 credits.

**NICBC - PhD Degree Requirements:** Students admitted directly to the PhD program must complete a minimum of four credits of coursework while enrolled at the Friedman School, and two or more semesters of NUTR 404: Food and Nutrition Policy Doctoral Research Seminar. NICBC PhD students must meet all the course requirements for the NICBC-MS degree, either through courses taken at the Friedman School, or by completing an Exemption Petition (see details below) to recognize preparation elsewhere.

**Exemption(s):** For an exemption of a required course or degree requirement, you must complete an [Exemption Petition form](#). Approval of an Exemption does NOT decrease the minimum number of course credits required for your degree program.

**Important to Note:** Students in their last semester prior to graduation must meet with their Academic Advisor **in-person** to review this two-page Degree Requirement Worksheet, obtain the required Advisor approval below, along with approval from the Program Director, and submit a copy of the completed Worksheet to Friedman's Office of Student Affairs (Jaharis, 123 or [michelle.frankfort@tufts.edu](mailto:michelle.frankfort@tufts.edu)).

Student Name		Academic Advisor				
Course #	Course Title	Credit	Offered	Communication (C), Interventions (I) Requirement	Semester/Year Enrolled <i>If pursuing an Exemption mark an "E"</i>	Grade
<b>Part I. Nutrition Science and Policy Requirements:</b>						
<b>Nutrition Science (4 credits):</b>						
NUTR 0228	Community and Public Health Nutrition	1	Fall/ Spring	C, I		
NUTR 0245	Scientific Basis of Nutrition: Micronutrients	1	Fall	C, I		
NUTR 0246	Scientific Basis of Nutrition: Macronutrients	1	Spring	C, I		
NUTR 0301	Nutrition in the Life Cycle	0.5	Spring	C, I		
NUTR 0312	Nutrition and Chronic Disease	0.5	Spring	C, I		
<b>Nutrition Policy (1 credit):</b>						
NUTR 0203	Fundamentals of Nutrition Policy and Programming: How Science and Practice Interact	1	Fall	C, I		
NUTR 0238	Economics for Food Policy Analysis	1	Spring	C, I		
<p><b>Nutrition Science and Policy</b> core has 5 required credits. Students who have previously completed courses that exempt them from one or more of the above courses can select from any of the following courses to earn a total of 5 nutrition science and nutrition policy credits: NUTR 0203, NUTR 0226, NUTR 0228, NUTR 238, NUTR 0272, NUTR 0303, NUTR 0305, NUTR 0315, NUTR 0320, NUTR 0321, NUTR 0330, NUTR 0370, NUTR 0371.</p>						
<b>Part II. Study Design and Analysis Requirements (4 Credits):</b>						
NUTR 0204	Principles of Epidemiology	1	Fall/ Spring	C, I		
NUTR 0207	Statistical Methods in Nutrition Research (Policy)	1	Fall	C, I		
NUTR 0305	Nutritional Epidemiology (prerequisites: NUTR 0204, NUTR 0206/NUTR 0309 or their equivalents)	1	Fall	C		
NUTR 0307	Regression Analysis for Nutrition Research	1	Spring	C, I		
NUTR 0314	Design of Epidemiologic Studies in Nutrition Research	1	Spring	I		
<b>Part III. Communications, Interventions, and Behavior Change Requirements (4.5 Credits):</b>						
HCOM 0544	Professional Communication (contact Friedman's Registrar for enrollment)	0.5	Fall/ Spring/ Summer	C, I		
NUTR 0205	Communicating Health Information to Diverse Audiences, Part A (prerequisite: NUTR 0220)	1	Spring/ Summer	C		
NUTR 0211	Theories of Behavior Change and Their Application in Nutrition and Public Health Interventions	1	Fall	C, I		
NUTR 0216	Management, Planning, and Control of Nutrition and Health Programs and Organizations	1	Spring	I		
NUTR 0218	Communications Strategies in Nutrition and Health Promotion Nutrition	1	Spring	C, I		
NUTR 0220	Fundamentals of Writing About Nutrition and Health	0.5	Fall	C		
NUTR 0272	Nutrition, Physical Activity and Health	1	Spring	I		
NUTR 0306	Communicating Health Information to Diverse Audiences, Part B (prerequisite: NUTR 0220)	0.5	Fall	C		

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Course #	Course Title	Credit	Offered	Semester/Year Enrolled <i>If pursuing an Exemption from the course/degree requirement, mark an "E"</i>	Grade
<b>Part IV. Electives (Credits to Reach 16 Required Total):</b>					
Students may choose to take a variety of electives based on their interests, or they may prefer to put together a group of three or more course credits that would constitute a "concentration." Three examples are provided. These are not the only ways to assemble a focus.					
<b>US Food and Nutrition Policy:</b>					
NUTR 0226	Health Claims and the Food Industry	1	Spring		
NUTR 0238	Economics for Food Policy Analysis	1	Spring		
NUTR 0303	Determinants of US Food Policy (prerequisite: NUTR 0238)	1	Fall		
<b>Community Nutrition and Health:</b>					
HCOM 0522	Changing Health Behaviors: Healthy People and Communities <small>(contact Friedman's Registrar for enrollment)</small>	1	Fall/Spring/ Summer		
HCOM 0536	Health, Culture and Communication <small>(contact Friedman's Registrar for enrollment)</small>	0.5	Spring		
HCOM 0543	Public Relations: Framing the Dialogue for Public Health (contact Friedman's Registrar for enrollment)	0.5	Fall		
NUTR 0272	Nutrition, Physical Activity and Health	1	Spring		
<b>Agriculture, Food and the Environment:</b>					
NUTR 0215	Fundamentals of US Agriculture	1	Fall		
NUTR 0233	Agriculture Science and Policy I (prerequisite: NUTR 0215)	1	Spring		
NUTR 0285	Food Justice: Critical Approaches in Policy and Planning	1	Fall		
NUTR 0333	Agriculture Science and Policy II (prerequisites: NUTR 0215 and NUTR 0233)	1	Fall		
NUTR 0342	Food Systems Modeling and Analysis	1	Spring		
<b>Training in Protection of Human Subjects (CITI) Degree Requirement for both MS &amp; PhD degrees; Did You Email the Office of Student Affairs Your Completion of CITI Certification? Circle: YES or NO</b>					
<b>Professional Internship or Research Practicum Degree Requirement; Location/Title Below and Semester of Enrollment to Enter in SIS</b> <a href="#">(See Policies and Procedures Handbook for details):</a>					

**Complete for Graduation - Approval of Intent to Graduate:**

Based on my review of this worksheet and transcript it appears that this student will have met his/her requirements for graduation by (circle month):

**August** or **February** or **May** (Year) \_\_\_\_\_.

Academic Advisor Signature: \_\_\_\_\_

Program Director Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_