

NUTRITION INTERVENTIONS, COMMUNICATION, AND BEHAVIOR CHANGE

DEGREE REQUIREMENT WORKSHEET FOR AY 2017-2018

Program Directors: Jeanne Goldberg & Jennifer Sacheck

This is NOT an Official Transcript or Record

NICBC - MS Degree Credits Requirement: A minimum of 16 credits.

NICBC - PhD Degree Requirements: Students admitted directly to the PhD program must complete a minimum of four credits of coursework while enrolled at the Friedman School, and two or more semesters of NUTR 404: Food and Nutrition Policy Doctoral Research Seminar. NICBC PhD students must meet all the course requirements for the NICBC-MS degree, either through courses taken at the Friedman School, or by completing an Exemption Petition to recognize preparation elsewhere. **Exemptions:** For an exemption of a required course or degree requirement, you must complete an Exemption Petition form. Approval of an Exemption does NOT decrease the minimum number of course credits required for your degree program. Friedman student forms are available at: <http://nutrition.tufts.edu/students/registrar/forms>. **Important to Note:** Students in their last semester prior to graduation must meet with their Academic Advisor/Thesis Chair in-person to review this two-page Degree Requirement Worksheet, obtain the required approvals below, and submit a copy of the completed Worksheet to [Friedman's Registrar](#).

Student Name _____

Academic Advisor _____

Course #	Course Title	Credit	Offered	Communication (C), Interventions (I) Requirement	Semester/Year Mark "E" for Exemption	Grade
Part I. Nutrition Science and Policy Requirements:						
Nutrition Science (4 credits):						
NUTR 0228	Community and Public Health Nutrition (enrollment limited to 23 students; prerequisite: NUTR 0202, or equivalent)	1	Fall/Spring	C, I		
NUTR 0245	Scientific Basis of Nutrition: Micronutrients (first of two-semester sequenced course)	1	Fall	C, I		
NUTR 0246	Scientific Basis of Nutrition: Macronutrients (second of two-semester sequenced course)	1	Spring	C, I		
NUTR 0301	Nutrition in the Life Cycle (prerequisite: NUTR 0202, or equivalent)	0.5	Spring	C, I		
NUTR 0312	Nutrition and Chronic Disease	0.5	Spring	C, I		
Nutrition Policy (1 credit):						
NUTR 0203	Fundamentals of Nutrition Policy and Programming: How Science and Practice Interact (common substitution: NUTB 0206 including required in-person summer class sessions)	1	Fall	C, I		
NUTR 0238	Economics for Food Policy Analysis	1	Spring	C, I		
Nutrition Science and Policy Core has 5 required credits. Students who have previously completed courses that exempt them from one or more of the courses listed above can select from any of the following list of courses to earn a total of 5 Nutrition Science and Policy credits (may not apply course twice toward requirements):						
<ul style="list-style-type: none"> • NUTR 0203/NUTB 0206 (1/Fall/Summer; prerequisite: NUTR 0202, or equivalent) • NUTR 0226 (1/Spring) • NUTR 0228 (1/Fall & Spring; prerequisite: NUTR 0202, or equivalent) • NUTR 0272 (1/Spring; prerequisite: NUTR 0202, or equivalent & undergraduate-level physiology is recommended) • NUTR 0303 (1/Fall, prerequisites: NUTR 0203 or equivalent, and NUTR 0207/NUTR 0307 or equivalent, and NUTR 0238) • NUTR 0305 (prerequisites: NUTR 0202, or equivalent, and NUTR 0204/PH 0201 and NUTR 0206/PH 0205; prerequisites may not be taken concurrently with NUTR 0305); • NUTR 0315 (1/Fall) • NUTR 0370 (1.5/Fall; prerequisite: NUTR 0202, or equivalent, NUTR 0208, BCHM 0223, or their equivalents) • NUTR 0371 (1.5/Spring; prerequisite: NUTR 0202, or equivalent, NUTR 0208, BCHM 0223, or their equivalents) 						
Part II. Study Design and Analysis Requirements (4 Credits):						
NUTR 0305	Nutritional Epidemiology (prerequisites: NUTR 0204, NUTR 0207/NUTR 0307 or their equivalents; may not be taken concurrently)	1	Fall	C		
NUTR 0314	Study Design in Nutrition Research (prerequisites: NUTR 0207 or equivalent, NUTR 0204 or equivalent, NUTR 0202 or equivalent, and familiarity with basic methods of dietary assessment)	1	Spring	I		
NUTR 0204	Principles of Epidemiology	1	Fall/Spring	C, I		
NUTR 0207	Statistical Methods in Nutrition Research	1	Fall	C, I		
NUTR 0307	Regression Analysis for Nutrition Research (prerequisite: NUTR 0207)	1	Spring	C, I		
Part III. Communications, Interventions, and Behavior Change Requirements (4.5 Credits):						
NUTR 0205	Communicating Health Information to Diverse Audiences, Part A (enrollment limited to 15 students; prerequisite: NUTR 0220; may not be taken concurrently)	1	Spring	C		
NUTR 0220	Fundamentals of Writing About Nutrition and Health (enrollment limited to 20)	0.5	Fall	C		
NUTR 0306	Communicating Health Information to Diverse Audiences, Part B (enrollment limited to 15; prerequisite: NUTR 0220; may not be taken concurrently)	0.5	Fall	C		
NUTR 0216	Management, Planning, and Control of Nutrition and Health Programs and Organizations (common substitution: PH 0216 – cross-register via Public Health)	1	Spring	I		
NUTR 0272	Nutrition, Physical Activity and Health (prerequisites: NUTR 0202, or equivalent, and undergraduate-level physiology is recommended)	1	Spring	I		
NUTR 0211	Theories of Behavior Change and Their Application in Nutrition and Public Health Interventions	1	Fall	C, I		
NUTR 0218	Communications Strategies in Nutrition and Health Promotion Nutrition (enrollment limited to 20 students)	1	Spring	C, I		
NUTR 0300	The Arts of Communication	0.5	Fall	C, I		

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Course #	Course Title	Credit	Offered	Semester/Year Enrolled <i>Mark "E" for Exemption</i>	Grade
Part IV. Electives (Credits to Reach 16 Required Total):					
Students may choose to take a variety of electives based on their interests. Three examples are provided below.					
US Food and Nutrition Policy:					
NUTR 0226	Health Claims and the Food Industry	1	Spring		
NUTR 0238	Economics for Food Policy Analysis	1	Spring		
NUTR 0303	Determinants of US Food Policy (prerequisites: NUTR 0203 or equivalent, and NUTR 0207/NUTR 0307 or equivalent, and NUTR 0238)	1	Fall		
Community Nutrition and Health:					
HCOM 0522	Changing Health Behaviors: Healthy People and Communities (contact Friedman's Registrar to enroll)	1	Fall/Spring/ Summer		
HCOM 0536	Health, Culture and Communication(contact Friedman's Registrar to enroll)	0.5	Spring		
NUTB 0243	Nutrition, Brain and Behavior (including required in-person fall class sessions; prerequisite: nutritional biochemistry or MNSP program director consent)	0.5	Fall		
NUTR 0213	Social Media for Health and Nutrition Communication	0.5	Fall/Spring		
NUTR 0272	Nutrition, Physical Activity and Health (prerequisites: NUTR 0202 or equivalent, and undergraduate-level physiology is recommended)	1	Spring		
NUTR 0397	Directed Study Workshop in Creative Writing	0.5	Fall		
Agriculture, Food and the Environment:					
NUTR 0215	Fundamentals of US Agriculture	1	Fall		
NUTR 0233	Agriculture Science and Policy I (prerequisite: NUTR 0215)	1	Spring		
NUTR 0285	Food Justice: Critical Approaches in Policy and Planning	1	Not offered 17-18		
NUTR 0333	Agriculture Science and Policy II (prerequisites: NUTR 0215 and NUTR 0233)	1	Fall		
NUTR 0342	Food Systems Modeling and Analysis	1	Spring		
Training in Protection of Human Subjects (CITI) Degree Requirement for both MS & PhD degrees; if you did not take NUTR 0207, did you Email Friedman's Registrar your Completion of CITI Certification? Circle: YES or NO					
Professional Internship or Research Practicum Degree Requirement; Location/Title Below and Semester of Enrollment to Enter in SIS (See Policies and Procedures Handbook for details):					

Complete for Graduation - Approval of Intent to Graduate:

Based on my review of this worksheet and transcript it appears that this student will have met his/her requirements for graduation by (circle month):

August or **February** or **May** (Year) _____.

Academic Advisor/Thesis Chair: _____

Program Director: _____

Date: _____

Date: _____